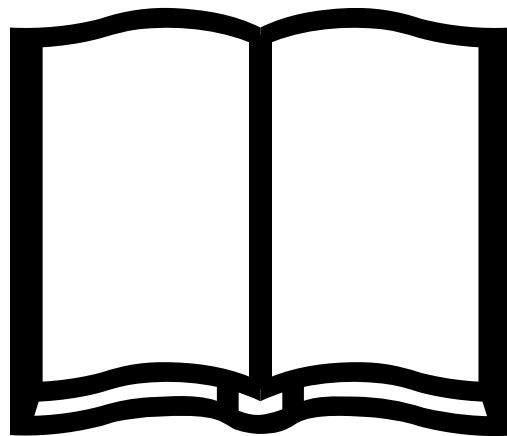


Resource Directory  
For  
Adult Services



JANUARY, 2009

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# ALZHEIMER'S AND OTHER RELATED DEMENTIA INFORMATION

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## **ALZHEIMER'S ASSOCIATION**

South Central Wisconsin Chapter  
517 N. Segoe Road  
Suite 301  
Madison, WI 53705  
(800) 272-3900

[www.alz.org/scwisc](http://www.alz.org/scwisc)  
[scwisc.support@alz.org](mailto:scwisc.support@alz.org)

The Alzheimer's Association of South Central Wisconsin serves families and professionals in nine counties in south central Wisconsin, including Iowa County. A help line (800) 272-3900 is available to provide support, resources and information to families 24-hours a day, 7 days a week.

**Family Support:** Short-term consultation either in person or by telephone to assist families with accessing resources, working with challenging behaviors, problem solving issues, and planning for future care needs. Support groups are also available.

**Education:** Programs, workshops and seminars are held regularly for people with early memory loss, families and caregivers. Some topics include: understanding the basics of Alzheimer's and related disorders, legal and financial planning and practical tips on coping with the disease in daily life. A library of books and videos are also available for loan on a wide variety of issues related to Alzheimer's Disease, other forms of dementia and caregiving.

**Training:** In-service training programs, workshops and conferences are available for direct care staff and other professional health care and social service providers.

For more information, please call the Alzheimer's Association at:  
(800) 272-3900.

# ALZHEIMER'S AND OTHER RELATED DEMENTIA INFORMATION

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## **IOWA COUNTY ALZHEIMER'S AND CAREGIVER'S SUPPORT GROUP**

Bloomfield Manor  
3151 County Road CH  
Dodgeville, WI 53533  
(608) 935-3321

The Iowa County Alzheimer's and Caregiver's Support Group is open to all and sponsored by the Bloomfield Manor Nursing Home for the purpose of providing support to caregivers and families of persons afflicted with Alzheimer's and related disorders. This is done by frank, confidential discussion and by exchanging ideas and information, sympathy and understanding.

The support group meets every third Wednesday at 2:30 p.m., at Bloomfield Manor in the occupational therapy room. No dues required. Contact social worker for further details.

# BENEFITS AND FINANCIAL RESOURCES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

[icdss@iowacounty.org](mailto:icdss@iowacounty.org)

109 W. Fountain Street  
Dodgeville, WI 53533  
(608) 935-9311

The Iowa County Department of Social Services accepts applications for the following programs:

- W-2
- Food Stamps (FS)
- Iowa County Relief Program (ICR)
- Medical Assistance (MA)/Badger Care
- Supportive Home Care (SHC)
- Wisconsin Home Energy Assistance Program (WHEAP)
- Child Day Care

For an appointment, call (608) 935-9311.

# BENEFITS AND FINANCIAL RESOURCES

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## **MEDICAL ASSISTANCE**

[icdss@iowacounty.org](mailto:icdss@iowacounty.org)

## **WI MEDICAID**

Iowa County Department of Social Services  
109 W. Fountain Street  
Dodgeville, WI 53533  
(608) 935-9311

The Medical Assistance (MA) program is a cooperative Federal and State program that provides medical care to individuals with low income and little or no assets. Iowa County residents can apply for Medical Assistance (Medicaid) and payment of Medicare premiums at the Iowa County Department of Social Services. Eligibility is based on income and asset limits.

## **MEDICARE**

[www.ssa.gov](http://www.ssa.gov)

Social Security Administration  
(800) 772-1213

Medicare is a Federal health insurance program for persons age 65 or older and some disabled persons. Eligibility is based on entitlement to a Social Security benefit. In other words, like Social Security, eligibility for Medicare is not based on financial need.

Medicare is divided into three parts. Part A is hospital insurance, Part B is medical insurance and Part C is the Medicare+Choice program. Medicare Part A can help pay for qualifying in-patient hospitalization, skilled nursing facility stays, home health care and hospice care. Part B can cover physician services, out-patient hospital and surgery, ambulance transportation, durable medical equipment, out-patient physical therapy and speech therapy, rural health clinic and home health care. Services received must be considered “reasonable and necessary” and meet Medicare’s definition of covered services.

# BENEFITS AND FINANCIAL RESOURCES

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## **MEDICARE (continued)**

[www.ssa.gov](http://www.ssa.gov)

Social Security Administration  
(800) 772-1213

Individuals who receive Social Security income at age 65 are automatically enrolled in Medicare Part A. There is no monthly premium. Individuals must choose to participate in Medicare Part B. For those who choose to participate, the Part B premium will be automatically deducted from their Social Security check each month. People who participate in Both Part A and Part B are eligible to opt into Part C, otherwise known as Medicare+Choice, if a Part C option is available in their area.

The Center for Medicaid and Medicare Service (CMS) oversees the Medicare program on the Federal level. It contracts with private insurance companies in each state to process Medicare claims. The insurance company that handles most of the Part A claims in Wisconsin is United Government Services of Blue Cross/Blue Shield (UGS). Wisconsin Physicians Service (WPS) processes Part B claims. AdminiStar Federal, located in Indianapolis, Indiana, processes most claims relating to durable medical equipment, including oxygen.

*\*Information taken from*

*2000 Elder Rights and Benefits for Wisconsin Seniors; Coalition of Wisconsin  
Aging Groups/Elder Law Center*

# BENEFITS AND FINANCIAL RESOURCES

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## **SOCIAL SECURITY ADMINISTRATION**

[www.ssa.gov](http://www.ssa.gov)

6011 Odana Road  
Madison, WI 53719  
(608) 270-1141

175 W. Alona Lane  
Lancaster, WI 53813  
(608) 833-1607

The Lancaster office serves those living in  
Grant, Crawford and Lafayette Counties.

**Retirement and Disability:** The Social Security Administration (SSA) oversees several large income maintenance programs that are particularly relevant for older Americans—Social Security retirement, Social Security Disability and Supplemental Security Income (SSI). These programs are intended to provide a fixed amount of income to retired and disabled workers and, in some cases, to their family members, and all have specific eligibility criteria that must be met before benefits are paid.

Readers are strongly encouraged to contact their local Social Security Administration office to speak with a representative about individual eligibility counseling and benefit estimates. Your local SSA office also provides free, user-friendly booklets on every benefit category.

**Social Security Disability Insurance:** Social Security disability insurance benefits are payable to individuals who have sufficient quarters of coverage on their earnings record and who are found to be “disabled” by the Social Security Administration (SSA). A person is considered disabled by the SSA if he or she is “unable to engage in any kind of substantial gainful activity due to a severe physical or mental impairment which is expected to result in death, or which has lasted or is expected to last for at least 12 months.” During the course of an individual’s disability, the SSA undertakes periodic reviews to ensure that the claimant still meets all the criteria necessary for the payment of benefits.

# BENEFITS AND FINANCIAL RESOURCES

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## **SOCIAL SECURITY ADMINISTRATION (continued)**

[www.ssa.gov](http://www.ssa.gov)

6011 Odana Road  
Madison, WI 53719  
(608) 270-1141

175 W. Alona Lane  
Lancaster, WI 53813  
(608) 833-1607

The Lancaster office serves those living in  
Grant, Crawford and Lafayette Counties.

Individuals who believe they may be eligible for Social Security disability insurance benefits should contact the local Social Security Administration at [www.ssa.gov](http://www.ssa.gov) and fill out an application. Then call (800) 772-1213 for telephone appointment.

**Supplemental Security Income (SSI):** Unlike the Social Security retirement and disability insurance programs, the Supplemental Security Income (SSI) program is a needs-based income maintenance program available to people whose income and assets fall below certain guidelines. The SSI program is intended to bring an individual's (or couple's) income up to a limit determined by the Federal government, either by providing the sole source of income or by supplementing income from other sources (such as Social Security disability or retirement insurance). Because the Federal SSI program is also administered by the Social Security Administration, and SSI benefits are payable in coordination with other benefits, it is possible that an individual who qualifies for SSI could receive two checks from the Social Security Administration: a Social Security check and a check from SSI. For this individual, the SSI income would be in an amount necessary to bring his or her income up to the SSI limit. For an individual who does not have enough quarters of coverage on his or her earnings record to qualify for Social Security retirement or disability insurance benefits, his or her only source of income may be from SSI.

# BENEFITS AND FINANCIAL RESOURCES

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## **UNIVERSAL TELECOMMUNICATION SERVICE FUND**

[www.universalservice.org](http://www.universalservice.org)

The Wisconsin Public Service Commission currently administers three programs designed to offset the ever-increasing costs of telecommunications. The programs, which are all funded as part of the Universal Service Fund, are called “Lifeline,” “Link-Up America” and “TEPP” (the Telecommunications Equipment Purchase Program).

**Benefits:** The Lifeline program reduces monthly charges for eligible telephone subscribers by providing a reduction in the cost of basic telephone service. Basic telephone services include emergency service (including 9-1-1, where available), alternate toll carriers, operator service, directory assistance and telecommunications relay services.

The Link-Up America program pays for some of the basic charges associated with installation of telephone service, or reconnection charges following a customer’s move from one location to another.

The Telecommunications Equipment Purchase Program provides vouchers to persons with disabilities so they may purchase equipment needed in their homes to access and use the telecommunications network. Examples of such equipment are TTY machines for people with hearing impairments and hands-free telephones for persons with mobility impairments.

**Eligibility:** The Lifeline and Link-Up programs are available to low-income households. A household will be considered “low income” if it is eligible for any of the following programs: Medical Assistance, Food Stamps, Supplemental Security Income (SSI), Wisconsin Home Energy Assistance Program (WHEAP), or Wisconsin Homestead Tax Credit.

Benefits for the Telecommunications Equipment Purchase Program are available to all households, regardless of income, if there is a member who fits under one of the disability categories listed above.

# BENEFITS AND FINANCIAL RESOURCES

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## **UNIVERSAL TELECOMMUNICATION SERVICE FUND (continued)**

[www.universalservice.org](http://www.universalservice.org)

**Application:** Application for the Lifeline and Link-Up programs are taken by local telephone companies. Interested consumers should contact the customer service number printed on their monthly telephone bill or call the customer service number that appears in the front of their telephone directory.

Questions about these programs may be directed to the Public Service Commission at the following address:

Public Service Commission  
P.O. Box 7854  
Madison, WI 53707-7854  
(800) 225-7729

Consumers age 60 and older who are denied benefits under the Lifeline, Link-Up or TEPP programs or who need assistance applying for these benefits should contact the Benefit Specialist in their county.

## **WISCONSIN HOME ENERGY ASSISTANCE PROGRAM**

[icdss@iowacounty.org](mailto:icdss@iowacounty.org)

Iowa County Department of Social Services  
109 W. Fountain Street  
Dodgeville, WI 53533  
(608) 935-9311

Wisconsin's Home Energy Assistance Program (WHEAP) helps pay for the cost of heating your home. The program is operated by county departments of social/human services, Indian tribal agencies and community agencies under the direction of the State Department of Administration, Division of Energy.

# BENEFITS AND FINANCIAL RESOURCES

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## **WISCONSIN HOME ENERGY ASSISTANCE PROGRAM (continued)**

[icdss@iowacounty.org](mailto:icdss@iowacounty.org)

Iowa County Department of Social Services  
109 W. Fountain Street  
Dodgeville, WI 53533  
(608) 935-9311

WHEAP heating assistance is a one-time benefit payment for each heating season (October 1 through May 15). It is intended to help you pay a portion of your heating costs. It is not intended to cover the entire annual cost of heating your home.

The amount of the heating assistance benefit depends on your household size, income level and household heating costs. Please call (608) 935-9311 for further information or to make an appointment.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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**COMMUNITY CONNECTIONS** [www.communityconnectionsfreeclinic.org](http://www.communityconnectionsfreeclinic.org)

**FREE CLINIC**

[ccfc@mhtc.net](mailto:ccfc@mhtc.net)

201 S. Iowa Street

Dodgeville, WI 53533

(608) 930-2232

Hours: 5:30 p.m. – 8:00 p.m. (T and TH)

Community Connections Free Clinic (CCFC) offers free basic health care to low income, uninsured or underinsured persons aged 0-64 who reside in Iowa County or surrounding areas. CCFC is a walk-in clinic. No appointments are necessary or scheduled. Patients are seen on a first come/first served basis.

**Services Provided:**

- Health assessment/primary care
- Some diagnostic labs and x-rays
- Prescription medications
- Health education
- Referral services to community resources
- Follow-up as needed

**Services Not Provided:**

- Emergency care such as heart attacks or broken bones
- Obstetric services (birth and reproductive health, etc.)
- Surgery

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **HODAN CENTER, INC.**

[www.hodancenter.org](http://www.hodancenter.org)

941 W. Fountain Street  
Mineral Point, WI 53565  
(608) 987-3336

Hodan Center, Inc., is a Community Rehabilitation Program that offers a variety of services and support to persons with disabilities from Iowa, Lafayette and Grant counties. We extend an open invitation to tour our facility and see the services that we have available. Our services include:

- **Adult Basic Education (ABE)** classes.
- **Occupational Therapy, Physical Therapy, Speech/Language Therapy** services provided through Greenfield Rehabilitation Agency, Inc.
- **Employment Services** including assessments, job placements in community/supported employment, job training, employer advocacy, counseling, family support and follow along services.
- **Integrated Employment Opportunities** at our Bargain Nook stores located in Mineral Point, Darlington, Platteville, Spring Green and New Glarus.
- **Work Opportunities and Training** is offered to the client-employees to maximize their job skills during their employment with Hodan Center in the areas of food service, woodworking and production. We do subcontract work for industries from around the state which creates a wide variety of work opportunities for our consumers.
- **Enrichment Activities** is an active and creative department that offers a wide variety of leisure and recreational opportunities including, but not limited to: shopping, exercise, cycling, therapy carryover, swim/spa, arts and crafts, small group activities, birthday celebrations and involvement in other special events.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **INDEPENDENT LIVING RESOURCES, INC.**

[www.ilresources.org](http://www.ilresources.org)

[advocacy@ilresources.org](mailto:advocacy@ilresources.org)

4439 Mormon Coulee Road

LaCrosse, WI 54601

(608) 787-1111

(608) 787-1114 (fax)

(608) 782-1148 (TTY)

(888) 474-5745 (toll-free)

(888) 378-2198 (toll-free TTY)

Hours: 8:30 a.m. – 5:00 p.m. (M – F)

### Satellite Office:

149 E. Mill Street

Richland Center, WI 53581

(608) 647-8053

(608) 647-7783 (fax)

(877) 471-2095 (toll-free)

Hours: 8:30 a.m. – 5:00 p.m. (M – F)

Independent Living Resources, Inc., is a consumer controlled private non-profit agency that provides service to a 13 county area: Buffalo, Crawford, Grant, Iowa, Jackson, Juneau, LaCrosse, Lafayette, Monroe, Richland, Sauk, Trempealeau, and Vernon. Independent Living Resources provides services to persons with any disability of any age within our service area. Most of the following services have no eligibility requirements and are available at no cost to the consumers: advocacy, information and assistance, peer support, skills training and accessibility, housing, Americans with Disabilities Act expertise, public education, benefits counseling, case management/coordination, and assistive technology expertise and try out of equipment.

Independent Living Resources is also a licensed provider of personal care with a self-directed (co-employer) option and supportive home care out of our LaCrosse County.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY COMMISSION ON AGING**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0389

Hours: 8:30 a.m. – 4:30 p.m. (M-F)

**Driver Escort:** A door-to-door medical transportation service provided by volunteers. Persons 60+ and/or disabled are eligible for services. A fee is charged the user based on round trip mileage. At least 48-hour reservation notice is needed. For reservations, call (608) 935-0389.

**Care-A-Van:** A 15-passenger, wheelchair lift-equipped, mini bus used for transportation needs, such as shopping, nutrition, social outings, medical appointments and business transactions. Persons 60+ and/or disabled are eligible for this service and are given an opportunity to donate.

The general public may also use this service on a cost of service basis. The bus runs on a fixed schedule. This schedule is published monthly in the Commission on Aging newsletter, "News and Views." Twenty-four hour advance reservation requested. Telephone (608) 935-0389 for scheduling, questions or to place reservations.

**Information and Referral:** The Commission on Aging office is the official information and referral line for Iowa County's elderly. Information and referral operates five days a week, 8:30 a.m. – 4:30 p.m., Monday through Friday, and provides answers to questions ranging from the location or telephone numbers of other county agencies to referrals to other state, federal or local programs for necessary services. Telephone: (608) 935-0389.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY COMMISSION**

### **ON AGING (continued)**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0389

Hours: 8:30 a.m. – 4:30 p.m. (M-F)

**Benefit Specialist:** A trained advocate with legal backup, the benefit specialist can provide confidential counseling on matters pertaining to benefit programs, health insurance and other benefit related information. They may also act as a representative for seniors at hearings. The service is available at contact sites throughout the county. These contact sites are published monthly in the Commission on Aging newsletter, “News & Views.” The benefit specialist will make home visits when necessary and also maintains regular office hours at the Commission on Aging office. Please call (608) 935-0370 for an appointment. There is no charge, but donations are accepted.

**News & Views:** The “News & Views” is a monthly newsletter published by the Commission on Aging office. It contains articles of interest to the elderly as well as the Care-A-Van schedule, the Benefit Specialist schedule, Meal Site menus and announcements of other special events. There is no subscription fee, however, donations are appreciated. To be placed on the mailing list, call (608) 935-0389. Also available on-line at [www.iowacounty.org](http://www.iowacounty.org) under the Commission on Aging.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

icdss@iowacounty.org

109 W. Fountain Street

Dodgeville, WI 53533

(608) 935-9311

Hours: 8:30 a.m. – 4:30 p.m. (M-F)

### **ADULT SERVICES:**

**Supportive Home Care:** Supportive Home Care is a program administered by the Iowa County Department of Social Services. It involves providing services to an individual after s/he is found to be financially and medically eligible to enable the individual to remain in their own home. These services include interior home maintenance such as light housekeeping, laundry and shopping and exterior home maintenance such as lawn mowing and snow shoveling. No personal care provided.

**Guardianship/Protective Placement/Protective Services:** The Iowa County Department of Social Services, Adult Services Unit, assists in proceedings of guardianships, protective placements and protective services for individuals who are deemed eligible due to income and present an inability and/or incapacity to care for themselves and/or their estate.

**Elder Abuse and Neglect:** The Iowa County Department of Social Services, Adult Services Unit, has been designated as the lead agency to investigate reports of elder abuse and/or neglect. Elder abuse includes four types of maltreatment of people who are 60 years of age or older. These include physical abuse, material abuse, neglect and self-neglect.

**Service Coordination:** The Iowa County Department of Social Services strives to assist any individual and their family and friends in accessing services available in Iowa County. The Adult Services Unit provides information and referral services, resource planning and overall coordination of needs.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES (continued)**

icdss@iowacounty.org

109 W. Fountain Street  
Dodgeville, WI 53533  
(608) 935-9311  
Hours: 8:30 a.m. – 4:30 p.m. (M-F)

Financial assistance programs are also offered through the Iowa County Department of Social Services. Please see Benefits and Financial Resources section for more information.

## **IOWA COUNTY HEALTH DEPARTMENT**

207 W. Parry Street  
Dodgeville, WI 53533  
(608) 935-2810  
Hours: 8:30 a.m. – 4:30 p.m.

**Health Education Program:** Programs given to community groups on health related topics.

**Communicable Disease:** Immunizations for adults for pneumonia, flu, tetanus, Hepatitis A and Hepatitis B. Communicable disease follow up.

**Environmental Health:** Human health hazard investigations. Water testing for bacteria, nitrates and fluoride. Radon testing and lead inspections in homes.

**Blood Pressure Clinics:** Blood pressure screening available at immunization clinics and by appointment at the Health Department.

**Elder Neglect/Abuse:** Investigation in cooperation with Iowa County Department of Social Services.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY HEALTH DEPARTMENT (continued)**

207 W. Parry Street

Dodgeville, WI 53533

(608) 935-2810

Hours: 8:30 a.m. – 4:30 p.m.

**Referrals:** Provide nursing assessments in cooperation with Unified Community Services for the Personal Care Program.

**Resources:** Call for health information on where to get help for yourself, family or friends, if you are unclear as to what is available for your specific needs.

**Wisconsin Well Woman Program:** Free preventative health screenings for women 45-64 years of age. The program pays for mammograms and pap tests. Covered services are available at participating health care providers. The services are for women who meet the income eligibility guidelines and have little or no insurance. Contact the Wisconsin Well Woman Coordinator at the Iowa County Health Department at (608) 935-2810 for easy enrollment.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY VETERAN'S SERVICE OFFICE**

[vet@iowacounty.org](mailto:vet@iowacounty.org)

222 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-0392  
(608) 935-3024 (fax)  
Hours: 8:30 a.m. – 4:30 p.m. (M-F)

**Information:** We provide information regarding all State and Federal Veteran's Administration Programs to veterans and their families and assist them in filing applications for these benefits. Programs include, but are not limited to:

### **State:**

- Primary Mortgage Loan Program
- Home Improvement Loans (up to 90% of home equity)
- Personal Loans: \$25,000 when secured by property; \$5,000 with co-signer
- Military Funeral Honors Program
- Retraining Grants
- Veteran's Education Reimbursement Grant
- Subsistence Grants
- Health Care Aid Grants
- Burial in State Military Cemeteries
- Veteran's Nursing Homes
- Wisconsin GI Bill

### **Federal:**

- Disability Compensation Claims
- Non-Service Connected Pension

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY VETERAN'S SERVICE OFFICE (continued)**

[vet@iowacounty.org](mailto:vet@iowacounty.org)

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0392

(608) 935-3024 (fax)

Hours: 8:30 a.m. – 4:30 p.m. (M-F)

- DIC for Widows and Dependent Children (a type of pension)
- Burial Benefits and Military Grave Markers
- VA Hospital Applications
- Drug and Alcohol Rehabilitation Programs
- Free Screenings for Agent Orange, Radiation and Gulf War Syndrome
- Eligibility for Federal VA Home Loans

### **Local Services:**

- Veteran's Relief – usually a one-time emergency grant for groceries or utilities (severe hardship)
- Home Health Aids – provide canes, walkers, wheelchairs to ANY Iowa County resident for temporary use (6 months)
- Transportation to VA Hospital – provide transportation for veteran's medical appointments at VA Hospitals and Medical Centers for those veterans who are unable to drive. Have a wheelchair accessible van available.
- Free quarterly newsletter to all Iowa County Veterans.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **JOB CENTER**

201 S. Iowa Street

Dodgeville, WI 53533

(608) 935-3996

(608) 935-3116

Hours: 9:00 a.m. – 4:30 p.m. (M-F)

An employment and training service that acts in partnership with other local agencies in meeting the workforce needs of area employers and to help individuals achieve their career goals and enhance their employment opportunities.

Local businesses utilize the Job Center to list their full or part-time job vacancies. Private citizens can also utilize this service in recruiting individuals to work as care attendants, chore providers, etc., for in/at their homes.

The following resources could be utilized to assist any individual no matter what age in returning to or advancing in the workforce:

**Resource Computer Lab:** At the Job Center, you can access a personal computer that will allow you to tap into self-help, self-pacing tutorials. Subjects range from learning how to type, how to access the Internet or use e-mail, learning how to use the Microsoft Office software (Word, Excel, etc.) and a resume program called “Win-Way Resume” to assist in compiling your resume.

**Wisconsin’s JobNet:** As the single largest listing of job openings in the state, you can browse and decide which openings you want to apply for. Just by following the application directions, you can be on your way to finding the job that is right for you. You can visit your local Job Center or access the Internet website: [www.wisconsinjobcenter.org/jobseekers](http://www.wisconsinjobcenter.org/jobseekers)

**WISE Program:** A Wisconsin Senior Employment program provides short-term employment for eligible individuals over the age of 55 by placing the individuals in non-profit work sites to provide work experience and job development opportunities.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **JOB CENTER (continued)**

201 S. Iowa Street

Dodgeville, WI 53533

(608) 935-3996

(608) 935-3116

Hours: 9:00 a.m. – 4:30 p.m. (M-F)

**Workforce Investment Act Program:** Provides opportunity to eligible individuals to enhance employment skills through classroom training, on-the-job training and/or job placement assistance. May also include supportive services to facilitate employment objective. Serving targeted groups including laid-off workers and economically and disadvantaged adults and youth.

**Veterans:** A program designed to give priority to individuals who have served in the military by providing a full range of services by appointment or telephone with a Veteran Representative.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **LEGAL ACTION OF WISCONSIN, INC.**

31 S. Mills Street

Madison, WI 53715

(608) 256-3304

(800) 362-3904

Hours: 8:00 a.m. – 5:00 p.m. (M-F)

Our office provides free legal advice and representation in civil matters including:

**Family Law:** Divorces, custody and placement disputes, injunctions;

**Consumer Law:** Debt collection, repossession, rent-to-own, payday loans, car title loans, bankruptcy advice;

**Housing Law:** Eviction, denial or termination of public housing benefits, security deposits, foreclosures;

**Public Benefits:** Unemployment Insurance, Disability benefits and Supplemental Security Income (SSI), W-2, Food Stamps, Kinship Care, Medicaid, Badger Care, and Energy Assistance.

Serving: Columbia, Dane, Dodge, Green, Iowa, Jefferson, Lafayette, Rock and Sauk counties.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **SOUTHWEST WISCONSIN COMMUNITY ACTION PROGRAM, INC.**

149 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-2326

**Emergency Food Pantries:** Provide an adequate supply of food stuffs to persons and/or households facing an emergency situation.

**Foster Grandparent:** Part-time volunteer work for senior citizens in day care and public school settings (stipend paid). For more details, refer to Volunteer, Employment & Recreation Opportunities section in this directory.

**Housing/Energy Program:** Weatherization of homes to reduce energy consumption and home heating costs. Loans for home improvements for homes receiving weatherization services also available.

**Outreach/Community Services:** Outreach, comprehensive household needs assessment and referral to appropriate local services; emergency food and clothing assistance; advocacy.

**HUD Rental Assistance:** HUD Section 8 Rental Voucher for very low income families in Iowa County in cooperation with the Dodgeville Housing Authority.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

(800) 362-5717 (24-hour crisis line)

Hours: 8:00 a.m. – 8:00 p.m. (M)

8:00 a.m. – 5:00 p.m. (T/W/Th)

8:00 a.m. – 4:30 p.m. (F)

**Community Option Program (COP):** Is a coordinated system of services aimed at assisting individuals to remain in their own home, if they so choose, rather than residing in a nursing home. For the most part, people served by COP must be eligible for nursing home care. Individuals served include physically disabled, developmentally disabled, chronically mentally ill, alcohol and other drug abusers, and elderly and Alzheimer's victims. An assessment and case plan are available at no cost to persons who appear to meet the eligibility criteria. The Coordinator, along with a registered nurse, will meet with the individual, family, service providers and other interested persons to gather information to determine if the individual qualifies and what would be necessary in order for the individual to remain in the community. This also includes respite services for the caregiver. The results are discussed with the individual who then decides if he or she would like the coordinator to assist in arranging and/or paying for services. A COP assessment is a pre-admission requirement for persons seeking admission to CBRF's of 8 beds or fewer in Iowa County. Persons refusing the offer of such will be ineligible for COP or MA Waiver funding while residing in the CBRF. There are waiting lists for some services.

**Case Management Program:** Assists individuals in gaining access to and managing a full array of services including medical, social, educational, vocational and rehabilitational. Ongoing monitoring and service coordination becomes the avenue through which the needs of the recipient are met, following initial assessment and case plan development. This is a voluntary program, generally covered under Wisconsin Medical Assistance.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES (continued)**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

(800) 362-5717 (24-hour crisis line)

Hours: 8:00 a.m. – 8:00 p.m. (M)

8:00 a.m. – 5:00 p.m. (T/W/Th)

8:00 a.m. – 4:30 p.m. (F)

**Community Support Program:** Provides intensive treatment, support and rehabilitation to persons with a serious mental illness. Key program components include case management, advocacy, linkage and referral, assistance in applying for entitlements, vocational, housing, medication management, social/recreational, individual psychotherapy, crisis stabilization, assistance with substance abuse, general medical and support and education to family, friends and community members. Programmatic goals include improving psychiatric stability, reducing the need for hospitalizations, reducing the stigmatizing effects of mental illness and promoting independence and community integration. Contact clinical coordinator.

**Psychiatric Services:** Provides psychiatric evaluation and treatment of psychiatric disorders, including dementia and depression. Psychiatric consultation is available to other community agencies, health care workers and physicians.

**Long-Term Support:** Provides a wide range of services to persons with developmental disabilities. From our various assessment and evaluation services, we develop comprehensive treatment plans for case management. If desired, we provide placement in work related services, residential facilities, counseling, and other services needed to assist our clients in living independently in the community. Generally, there are waiting lists for services except in emergencies that involve health and safety. For the Court, we provide comprehensive evaluations for commitment to institutional facilities and ongoing review of such commitments. Contact long-term support supervisor.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES (continued)**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

(800) 362-5717 (24-hour crisis line)

Hours: 8:00 a.m. – 8:00 p.m. (M)

8:00 a.m. – 5:00 p.m. (T/W/Th)

8:00 a.m. – 4:30 p.m. (F)

**AODA Program (Alcohol and Other Drug Addiction):** AODA services provided include assessments of drug and alcohol abuse for all Iowa County residents, including elderly. Our program provides individual and group therapy for substance abusers and their family members. We provide assessment services for Probation and Parole, Social Services, DOT, DVR, employers and self-referrals. Aftercare for persons coming out of treatment centers is also provided. Also, UCS is a liaison for AA, NA and Ala-non. Contact AODA counselor.

**Out-Patient Mental Health Services:** Out-patient services include a wide range of individual, family, marital and group therapies. These include brief intervention for specific life crises such as grief as well as for depression and anxiety disorders. Services are available for both adults and children on an ability to pay basis. Our two clinics also provide services in areas of Attention Deficit Disorder, mood disorders and services to survivors of trauma. Contact mental health therapist.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIVERSITY OF WISCONSIN-EXTENSION**

Iowa County Extension Office

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0391

Hours: 8:30 a.m. – 4:30 p.m.

The University of Wisconsin-Extension provides up-to-date research based information through meetings, programs for community groups, newsletters, bulletins, news articles, personal conferences, and Extension affiliated groups like the Association for Home and Community Education, 4-H and agricultural organizations.

**Family Living Agent:** Provides information and conducts educational programs that help families deal with issues and concerns: child care, parenting, aging, food safety, financial management, developing leadership skills and other family living concerns.

**4-H and Youth Agent:** Gives leadership to the design, development, implementation and evaluation of the 4-H program, and other youth education programs in Iowa County. Educational programs are designed to enhance youth development and volunteer development.

**Agriculture Agent:** Provides information and conducts educational programs in farm business and financial management, computerized farm records, forage production, dairy cattle nutrition and management, estate planning, and other agricultural topics.

**Nutrition Education Program Coordinator:** Provides practical foods, nutrition and budgeting information to individuals who receive Food Stamps or are eligible to receive them. The Coordinator helps limited income elderly families and youth learn about nutrition through research-based education programs.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIVERSITY OF WISCONSIN-EXTENSION (continued)**

Iowa County Extension Office  
222 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-0391  
Hours: 8:30 a.m. – 4:30 p.m.

**Community Resource Agent:** Programs addressing ground water and well water testing, diversity education, local government education and leadership development are just a few. Educational programs are designed to assist Iowa County residents in developing new skills and to also increase their awareness of these issues.

UW-Extension provides equal opportunities in employment and programming, including Title IX requirements.

## **UPLAND HILLS HEALTH**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

Upland Hills Health is a 25-bed critical access hospital, a 44-bed skilled care nursing home, an assisted living elderly facility, a licensed home health agency, a licensed hospice and a licensed child care center committed to serving as the leading healthcare partner for residents of the greater Iowa County area.

**Emergency Services:** Trained staff and the latest equipment provide 24-hour immediate care to victims of trauma, burns, poisoning, cardiac, and other medical emergencies. A physician is always in-house, 24-hours daily, 365 days per year to direct care. Upland Hills Health also offers an urgent care clinic for non-emergencies at lower rates during convenient hours: Weeknights from 7:00 p.m. – 10:00 p.m., and weekends from 9:00 a.m. – 10:00 p.m.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (continued)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Medical In-Patient Services:** Skilled nursing care is provided to in-patients to help meet a variety of medical and surgical needs, including cardiac monitoring and intensive care. Rooms are comfortable and modern. A self-contained intensive care unit was constructed in 1997 to facilitate more individualized care for these very acute patients.

**Out-Patient Specialist Clinics:** Physicians from Madison bring specialty care home for Iowa County residents. Specialists range from allergy; dermatology; ear, nose and throat (ENT); gastroenterology; hearing; neurology; and oncology to ophthalmology; orthopedics; podiatry; urology, and vascular surgery. Please call extension 2300 for a complete list of the specialty clinics, their definitions and schedules.

**Surgical Services:** Upland Hills Health sets and achieves high standards for surgical care, including in-depth preoperative teaching. Services in our modern suites include anesthesia services; day surgery; ear, nose and throat; general surgery; gynecology; ophthalmology, including cataracts and lens implants; orthopedics, including joint replacement and arthroscopy; and urology.

**Therapeutic, Rehabilitative and Other Support Services:** Upland Hills Health has committed the staff and equipment to help your physician uncover a heart or lung problem or to help you adjust and recover from an illness or injury. As a recent feature, Upland Hills Health offers the Cybex 6000, the latest computerized equipment for monitoring and strengthening muscles after an injury, illness or surgery. For in-patients and out-patients, Upland Hills Health offers physical, occupational, respiratory, and speech therapies, as well as social services and nutrition services.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (continued)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Diagnostic Imaging:** Your doctor prescribes treatment for your medical condition based on an accurate diagnosis. Upland Hills Health provides a range of diagnostic equipment, including a CT scan, fluoroscopy, mammography, nuclear medicine, radiology, bone density testing, and ultrasound. These services are provided in-house, and magnetic resonance imaging (MRI) is also available weekly on a mobile unit.

**Laboratory Services:** Your physician relies on the complete testing services available at Upland Hills Health in order to prescribe the most appropriate treatment for your complete recovery.

**Cardiac Rehabilitation:** Cardiac rehabilitation is a program for heart patients that includes exercise, education, and guidance from specially trained staff.

Upland Hills Health will offer a specialized cardiac fitness program. It features exercise, education, and guidance for a “heart-healthy” lifestyle. Specially trained staff are available to meet your individual needs.

Cardiac rehabilitation is “physical fitness” for the heart; a comprehensive, individualized program with your very own staff of expert, personal trainers.

Most often, your family doctor, cardiologist, or cardiac surgeon will prescribe your admission to our cardiac rehabilitation program.

EECP (Enhanced External Counter Pulsation) is a non-invasive therapy for heart patients that can significantly improve the quality of life. After 7 weeks, patients experience increased vitality and energy. The therapy stimulates the body to enhance its own arteries.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (continued)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Therapy and Wellness Center:** State of the art work-out and fitness center available to the public as well as patients. Managed by Upland Hills Health therapy staff, the Wellness Center offers a variety of wellness therapies – from yoga to massage therapy.

**Birthing Unit:** Growing birthing unit and services utilizes the skills of over a dozen doctors specializing in obstetrics. Growing families are supported by new parent, sibling and breast feeding classes. Spacious birthing suites offer a comfortable environment for the entire family.

## **WI COUNCIL OF THE BLIND (WCB)**

[www.wcblind.org](http://www.wcblind.org)

754 Williamson Street  
Madison, WI 53703  
(800) 783-5213 or (608) 255-1166

The Wisconsin Council of the Blind is a private, not-for-profit agency providing services to the blind and visually impaired people of Wisconsin.

Services provided include: assistive devices at cost, free white canes, rehabilitation teaching, low vision services, low interest loans, scholarships, speaker's bureau, legislative advocacy, referrals and assistive technology training.

# COUNSELING AND SUPPORT GROUPS

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## **THE EPILEPSY ASSOCIATION SOUTHERN WISCONSIN**

efsw@choiceonemail.com

205 N. Main, Suite 106  
Janesville, WI 53545  
(800) 693-2287

The Epilepsy Foundation Southern Wisconsin has a variety of programs to address client needs. If you have any questions about the programs and services listed below, please e-mail us at: [efsw@choiceonemail.com](mailto:efsw@choiceonemail.com) or call us toll-free at (800) 693-2287.

**Advocacy and Counseling:** Involves assisting clients with legal problems, discrimination cases, housing, employment, driver's licensing, insurance, personal problems, everyday living, and one-to-one support.

**Brain Trauma:** The Epilepsy Foundation Southern Wisconsin office gives information and makes referrals for clients who have experienced a traumatic brain injury. There is a separate telephone number they can call and the Epilepsy Foundation Southern Wisconsin will give them information so they can maximize the services available.

**Educational Seminars:** This program helps people with epilepsy build their self-confidence and improve their job search techniques. The individual's seizure activity is an important element along with learning to understand the medical/social aspects of epilepsy and being able to present them positively to an employer.

**Information and Referral:** Information about epilepsy is sent out, when requested, and client names are added to the mailing list to receive the Epilepsy Foundation Southern Wisconsin newsletter. In many cases, clients need to be referred to other agencies for additional services. Epilepsy Foundation Southern Wisconsin is able to coordinate with other agencies and can help the client get the assistance they need as quickly and efficiently as possible.

# COUNSELING AND SUPPORT GROUPS

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## **THE EPILEPSY ASSOCIATION**

efsw@choiceonemail.com

## **SOUTHERN WISCONSIN (continued)**

205 N. Main, Suite 106  
Janesville, WI 53545  
(800) 693-2287

**Legislative Updates:** The Epilepsy Foundation Southern Wisconsin receives updates on local, state and national legislation, especially when it relates to people who have disabilities. We relay this information to our clients and professionals through our newsletter and community education presentations.

**Professional In-Services:** Educational programs about epilepsy are presented to interested employers, service agencies, rescue squads, teachers, group home workers, etc.

**School Alert:** Presentations are given in area schools to all grade levels explaining what epilepsy is, medical and psychological aspects of epilepsy, first-aid procedures and prevention. There are videotapes, which go with the presentations, which are geared for the appropriate age levels. Programs always allow time for the students to ask questions.

**Speaker's Bureau Programs:** Informational programs are available to clubs, churches, businesses, and other community organizations requesting a presentation. Their purpose is to help the general public understand the different aspects of epilepsy and to explain the services available through our agency.

# COUNSELING AND SUPPORT GROUPS

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive

Dodgeville, WI 53533-0132

(608) 935-2776

(800) 362-5717 (24-hour crisis line)

Hours: 8:00 a.m. – 8:00 p.m. (Mon.)

8:00 a.m. – 5:00 p.m. (Tues., Wed., and Thurs.)

8:00 a.m. – 4:30 p.m. (Fri.)

**Psychiatric Services:** Provides psychiatric evaluation and treatment of psychiatric disorders, including dementia and depression. Psychiatric consultation is available to other community agencies, health care workers and physicians.

**AODA Program (Alcohol and Other Drug Addiction):** AODA services provided include assessments of drug and alcohol abuse for all Iowa County residents, including elderly. Our program provides individual and group therapy for substance abusers and their family members. We provide assessment services for Probation and Parole, Social Services, DOT, DVR, employers and self-referrals. Aftercare for persons coming out of treatment centers is also provided. Also, Unified Community Services is a liaison for AA, NA, and Ala-Non. Contact AODA counselor.

**Out-Patient Mental Health Services:** Include a wide range of individual, family, marital and group therapies. These include brief intervention for specific life crises such as grief, as well as for depression and anxiety disorders. Services are also available for both adults and children on an ability to pay basis. Our two clinics also provide services in areas of Attention Deficit Disorder, mood disorders, and services to survivors of trauma. Contact mental health therapist.

# COUNSELING AND SUPPORT GROUPS

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## **UPLANDS COUNSELING ASSOCIATES**

1118 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2838

Uplands Counseling Associates offers individual, couples, family, adolescent and child counseling. The clinic is state certified and accepts most major health insurances. We have both male and female counselors who offer a variety of specialties. A licensed psychologist provides evaluation and psychological testing. We have day and evening appointments as well as a psychiatrist who evaluates and monitors medications for our ongoing therapy clients. Please call for an appointment.

## **UPLAND HILLS HOSPICE**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7220

Upland Hills Hospice Program is a multi-disciplinary team of dedicated persons providing physical, social, spiritual, and emotional care to the patient facing death. This support is also given to the family of the terminal patient – during and after – this stressful period.

Upland Hills Hospice will try to help make the remaining days as comfortable and meaningful as possible, support a decision to remain at home, assist patient and family to deal with impending death with positive self-regard and a realistic attitude, teach personal care procedures, and help the family during the bereavement period. Upland Hills Hospice also reduces the expense to the family by paying for all medications related to the terminal illness and providing any needed medical equipment.

# CRISIS INTERVENTION

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## **FAMILY ADVOCATES, INC.**

201 S. Iowa Street  
Dodgeville, WI 53533  
(608) 930-1636 or (608) 482-0582

P.O. Box 705  
Platteville, WI 53818  
(608) 348-5995

24-Hour Crisis Line: (800) 924-2624 or (608) 348-3838

Family Advocates provides services for victims of domestic abuse, child abuse, elder abuse, and sexual assault. Services include a 24-hour crisis line, (800) 924-2624, counseling, advocacy, crisis intervention, support groups, emergency shelter and more.

Family Advocates serves residents of Grant, Iowa and Lafayette counties. All services are free and confidential. Speakers are available for community organizations.

## **PASSAGES, INC.**

P.O. Box 546  
Richland Center, WI 53581  
(608) 647-6317  
(800) 236-HEAL (4325): 24-Hour Crisis Line

Passages provides services to ALL survivors of domestic violence and sexual assault regardless of race, age, sex, religion, color, handicap, physical condition, developmental disability, sexual preference or national origin.

# CRISIS INTERVENTION

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## **PASSAGES, INC. (continued)**

P.O. Box 546

Richland Center, WI 53581

(608) 647-6317

(800) 236-HEAL (4325): 24-Hour Crisis Line

Passages services include:

**Emergency Shelter:** Safe, comfortable living environment where shelter, food, clothing and options counseling are provided for up to 30 days.

**24-Hour Crisis Line:** Including a toll-free number.

**Counseling:** Weekly support groups, short-term walk-in counseling for support and problem solving.

**Advocacy:** Assistance with the courts and social services, emergency medical support response.

**Information, Referral and Follow Up:** Guidance with community agencies/resources to assist with long-term change/support.

**Community Education:** Presentations to educate and sensitize the public, in-service training for area professionals.

**Volunteer Opportunities:** Training for crisis line/shelter staffing, child care, fund raising, and maintenance.

**Ada James Place:** Section 8 Housing for low income families and transitional housing program to serve the needs of families beyond 30 days of emergency shelter.

# CRISIS INTERVENTION

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

(800) 362-5717 (24-Hour Crisis Line)

When to call for help: If you or someone you know is experiencing any of the following:

- Suicidal thoughts or threats
- Withdrawal (from family life, friends and usual activities)
- Changes in daily routine (such as increased sleeping or eating or unexplained physical problems)
- Denial (refusal to admit there may be a problem or to seek help)
- Abuse of alcohol or drugs
- Strong feelings of anger and/or violence
- Inability to cope with daily activities, your partner or children
- Mood swings
- Excessive fears or worries
- Lasting depression
- Confused thinking or speech
- Having ideas that don't make sense
- Self-abusive behavior such as cutting or burning

# EMERGENCY RESPONSE SYSTEMS

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## **ENERGYCARE MAIN STREET MESSENGER**

Richland Electric Cooperative  
1027 N. Jefferson Street  
Richland Center, WI 53581  
(608) 647-3173

## **LIFELINE PERSONAL EMERGENCY RESPONSE**

Sauk Prairie Memorial Hospital  
80 First Street  
Prairie du Sac, WI 53578  
(608) 643-7244

Serving patients from the River Valley, Black Earth and Plain clinics.

## **LIFELINE-PERSONAL EMERGENCY RESPONSE**

Upland Hills Home Care  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

Personal Emergency Response is an electronic message system that utilizes the telephone to dial for help should the person push their Help button. The Help button is a pendant that works on either a neck chain or bracelet.

There is an initial installation fee and monthly payments thereafter. The small monthly fee provides peace of mind and a sense of security for Lifeline users, who know that they can receive help at the touch of a button. There are also several options available in addition to the personal Emergency Response System to assist our elderly in remaining for longer periods in their homes and in the community. Please call for further information on the options available.

# GERIATRIC ASSESSMENT CLINICS

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## **DEAN CLINIC/DEAN HEALTH SYSTEMS**

1313 Fish Hatchery Road  
Madison, WI  
(608) 252-8020

For more information, please call.

## **RICHLAND MEDICAL CENTER**

Richland Area Geriatric Assessment Clinic  
301 E. Second Street  
Richland Center, WI 53581  
(608) 647-6161

The mission of the Richland Area Geriatric Assessment Clinic is provision of comprehensive multi-disciplinary assessment, diagnosis and treatment recommendations for elderly individuals to maintain and enhance maximum cognitive, physical and psychosocial function.

Contact the Richland Medical Center at (608) 647-6161, Memory Clinic appointment desk.

## **SENIOR BEHAVIORAL SCIENCES**

Southwest Health Center  
1185 N. Elm Street  
Platteville, WI 53818  
(608) 348-3656

Southwest Health Center Senior Behavioral Sciences is a program designed to treat the mental health needs of southwest Wisconsin. There are three basic programs offered.

# GERIATRIC ASSESSMENT CLINICS

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## **SENIOR BEHAVIORAL SCIENCES (continued)**

Southwest Health Center  
1185 N. Elm Street  
Platteville, WI 53818  
(608) 348-3656

**In-Patient:** The in-patient program treats people over the age of 55 who are experiencing acute psychiatric conditions. The symptoms may include acute agitation, anxiety, depression, aggressiveness, bi-polar disorder, trouble sleeping, hallucinations, mood swings, psychosis, suicidal or homicidal thoughts, and medication difficulties.

The average length stay in the in-patient program is approximately 10 days. During a patient's stay, he/she will have daily visits with a psychiatrist. Other treatment team staff members include a medical doctor, social worker, nurses, and activity therapist. Professionals from other departments, such as dieticians, physical, occupational and speech therapists are also available.

**Intensive Out-Patient Program:** The IOP is for patients age 55 years and older who are experiencing emotional difficulties but do not require the intense level of therapy needed for in-patient psychiatric services. The program consists of approximately six hours of educational and supportive therapy sessions per week. Focus is on relationships, communication and expression of feelings. Participants will receive guidance with changing unhealthy thoughts and behaviors, as well as developing coping strategies to improve one's sense of well-being.

**Memory Diagnostic Clinic:** The Memory Diagnostic Clinic provides a center for the early diagnosis and treatment of dementia. Patients will see the Medical Director, Social Worker, and Psychologist for a total of about two hours during the first visit. Follow up visits are in one month and three – six months. All findings from visits are shared with the patient's primary care physician.

For more information or to make an appointment for any of the Senior Behavioral Sciences services, please call (608) 348-3656.

# GERIATRIC ASSESSMENT CLINICS

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## **UW HOSPITAL AND CLINICS**

[www.uwhealth.org](http://www.uwhealth.org)

Memory Assessment Clinic  
University Station Clinic  
2880 University Avenue  
Madison, WI  
(608) 263-7740

Age has its privileges, and one of them should be having a health care team that understands the needs of older adults and their families. At the UW Hospital Older Adult and Geriatrics Clinic, our staff are experts at helping people age 60 and older to preserve good health, prevent disease and successfully manage chronic health problems so they can enjoy life to the fullest.

Our team includes physicians, nurses and social workers as well as a dietitian, pharmacist and physical therapist. In addition to offering ongoing care, we are especially adept at addressing complex concerns that affect aging adults, including falls, forgetfulness and osteoporosis.

Along with routine care, our clinic offers five programs to meet special needs:

- Geriatrics Clinic at the UW-Health East Clinic
- Osteoporosis – (Endocrine Clinic at UW-Health West Clinic)
- Memory Assessment (Geriatrics Clinic at University Station)
- Mobility Assessment (Geriatrics Clinic at University Station)
- Geriatric Assessment

# GERIATRIC ASSESSMENT CLINICS

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## **WILLIAM S. MIDDLETON VETERAN'S HOSPITAL**

Geriatric Research, Education Clinic Center

2500 Overlook Terrace

Madison, WI

(608) 256-1901 (ext. 17000)

For more information, please call.

# IN-HOME SERVICES

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## **COMFORT KEEPERS**

5396 King James Way, Suite 210

Madison, WI 53711

(608) 442-1898

(608) 437-3620

At Comfort Keepers, nothing is more important than helping people live full, independent and dignified lives within the comfort of their own homes. Comfort Keepers is dedicated to providing in-home care that enriches our clients' lives and helps them maintain the highest possible level of independent living.

Comfort Keepers provide you or a loved one in-home assistance that may include:

- Companionship
- Meal preparation
- Transportation to doctor appointments or other commitments
- Light housekeeping
- Personal care services

Please call for more information.

# IN-HOME SERVICES

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## **COMMUNITY OPTIONS PROGRAM**

Unified Community Services

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

The Community Options Program (COP) is a coordinated system of services aimed at assisting individuals to remain in their own home, if they so choose, rather than residing in a nursing home. For the most part, people served by COP must be eligible for nursing home care. There are also financial eligibility requirements. Individuals served include physically disabled, developmentally disabled, chronically mentally ill, alcohol and other drug abusers, and elderly and Alzheimer's victims. An assessment and case plan are available at no cost to persons who appear to meet the eligibility criteria. The Coordinator will meet with the individual, family, service providers, and other interested persons to gather information to determine if the individual qualifies and what would be necessary in order for the individual to remain in the community. This also includes respite services for the caregiver. The results are discussed with the individual who then decides if he or she would like the Coordinator to assist in arranging and/or paying for services. A COP assessment is a pre-admission requirement for Iowa County residents seeking admission to a CBRF. Persons refusing the offer of such will be ineligible for COP or MA Waiver funding while residing in the CBRF.

## **HOME HEALTH UNITED**

[www.homehealthunited.org](http://www.homehealthunited.org)

470 Oak Street

Prairie du Sac, WI 53578

(608) 643-3398 or (800) 924-9872

Home Health United provides comprehensive health care services in your home-for you or a member of your family-regardless of age or medical problems. From hospital to home, Home Health United's experts are there to improve your sense of well-being while helping prevent repeat hospitalizations.

## IN-HOME SERVICES

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### **HOME HEALTH UNITED (continued)**

[www.homehealthunited.org](http://www.homehealthunited.org)

470 Oak Street

Prairie du Sac, WI 53578

(608) 643-3398 or (800) 924-9872

Our services include nursing, physical, occupational, speech, respiratory and infusion therapies, medical social services, home health aides, companion caregivers and hospice services. We have a full line of medical equipment and supplies.

Your Home Health United team is under the direction of your physician and supervision of registered nurses. Payment for home health care can come from a variety of sources including: private insurance, Medicare, Medicaid or private pay. Remember, home health care is less expensive than institutional care.

### **HOMEWARD BOUND, INC.**

130 W. Elm Street

P.O. Box 503

Lancaster, WI 53813

(608) 723-6601

(Also serves Juneau County)

Hours: 8:00 a.m. – 4:30 p.m. (Mon. –Fri.)

Registered Nurse and Staff Supervisor

On Call 24-Hours a Day

Do you want to remain in your home...but need help? Homeward Bound can offer you an extensive range of home health care services to fulfill your needs. We provide skilled nursing, physical therapy, home health aides, and personal care workers. Personal cares may include, but are not limited to, assistance with bathing, dressing, hair care, oral care, transfer assistance, toileting assistance, etc. In addition, Homeward Bound provides home maintenance, meal preparation, cleaning, errands, shopping, supervision, companionship, overnight/weekend/24-hour care, and respite care.

## IN-HOME SERVICES

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### **HOMEWARD BOUND, INC. (continued)**

130 W. Elm Street

P.O. Box 503

Lancaster, WI 53813

(608) 723-6601

(Also serves Juneau County)

Hours: 8:00 a.m. – 4:30 p.m. (Mon. –Fri.)

Registered Nurse and Staff Supervisor

On Call 24-Hours a Day

Providing supportive home care and home health services to the elderly and disabled residents in Grant, Crawford, Sauk, Iowa, Richland and Columbia Counties and the surrounding areas. Homeward Bound is certified to bill Medicare, Medical Assistance, private insurance, and other county programs. We also provide care on a private pay basis.

Homeward Bound promotes individual choice, dignity and independence. Respecting individual values and preferences is our primary mission. Homeward Bound assists individuals in living in the place of their choosing.

*Providing Supportive Home Care and Home Health Services*

### **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

109 W. Fountain Street

Dodgeville, WI 53533

(608) 935-9311

Supportive Home Care is a program administered by the Iowa County Department of Social Services. It involves providing funding to an individual after s/he is found to be financially and medically eligible, to enable the individual to remain in their own home. These services include interior home maintenance such as light housekeeping, laundry and shopping and exterior home maintenance such as lawn mowing and snow shoveling. No personal care is provided.

# IN-HOME SERVICES

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## **SOUTHWEST HOME CARE**

35A South Court Street

P.O. Box 31

Platteville, WI 53818

(608) 348-4558

(608) 930-3000

[www.southwesthomecareangels.com](http://www.southwesthomecareangels.com)

[www.southwesthomecare@hotmail.com](mailto:www.southwesthomecare@hotmail.com)

Southwest Home Care provides non-medical home care to older adults and disabled persons such as meal preparation, light housekeeping, bathing, grooming and companionship services. We bring assisted living services into the home so our clients can remain living independently.

Provides assisted living services such as: laundry, companionship, meal preparation, personal cares, housekeeping, bathing and grooming, medication reminders, escort to appointments and errands and weekend, overnight and 24-hour care.

# IN-HOME SERVICES

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**STATE OF WISCONSIN**

HeidelJM@dhfs.state.wi.us

**DEPARTMENT OF HEALTH AND FAMILY SERVICES**

**OFFICE FOR THE BLIND AND VISUALLY IMPAIRED**

124-2<sup>nd</sup> Street

Room 19

Baraboo, WI 53913-2474

(608) 355-1368

(608) 355-1369 (fax)

Contact: Judi Heiden, Ph.D. – Senior Rehabilitation Specialist

The Office for the Blind and Visually Impaired provides in-home rehabilitation services at no cost for blind and visually impaired individuals to achieve their own levels of independent living. Professional Rehabilitation Specialists and Associates visit an individual's home and teach techniques and technologies in a variety of areas such as daily living skills, household management, personal care and communications. These specialized skills will allow the individual to adapt and adjust to vision loss, encouraging them to live as independently as possible. The Office also provides rehabilitation teaching in group settings. They also provide in-service training to facilities and providers of services to individuals who may have visual impairments.

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE**

Upland Hills Health  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

Upland Hills Home Care is accredited by the Joint Commission and provides professional health care in the home setting.

If you or a loved one is homebound, requires skilled care or therapy, or has other medical needs which can be met at home, you can take advantage of Upland Hills Home Care. Our patients include people recovering from surgery, seniors just released from the hospital, infants with jaundice or problems from premature birth, people recovering from severe accidents or injuries, and people with chronic progressive illnesses. Our home care services include:

### **Nursing:**

- Instructions and support for patient, family and other caregivers
- Skilled evaluation and observation
- Blood drawing
- Wound care
- Ostomy and catheter instruction and care
- Care of and instruction in IV medication therapy (see Infusion Therapy)
- Injections
- Diabetes and insulin instructions
- Tube feedings (Registered Dietitian Consultation)

A Registered Nurse is on-call 24-hours a day, seven days a week.

### **Home Health Aides/Personal Care Workers:**

- Assistance with bathing, dressing, walking, household tasks, and more

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE (continued)**

Upland Hills Health

800 Compassion Way

Dodgeville, WI 53533

(608) 930-7210 or (800) 774-2711

### **Occupational and Physical Therapy:**

- Rehabilitative exercise programs
- Assessment of activities of daily living (bathing, preparing meals, and recommendations for home modifications)
- Equipment and education to help patients adapt to short-term or permanent disabilities
- Posture and balance training
- Home therapy programs

### **Speech Therapy:**

- Evaluation and treatment for speech and swallowing problems

### **Medical Social Worker Consultation:**

- Home assessment of psychological and social needs
- Assistance with using community resources
- Financial and health care planning

### **Housekeeping:**

- Will perform light housekeeping, shopping, meal preparation and other household tasks

### **Infusion Therapy:**

- (Medication or nutrition given intravenously, common examples are intravenous antibiotics, hydration and pain medication)

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE (continued)**

Upland Hills Health  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

Now, in the comfort of your home, you can have the same safety and expertise of hospital infusion therapy. You will return home to your family, to work, and to your regular routine while safely continuing your medication. Although our nurses frequently perform this service, we now offer you an even better alternative. With the proper instruction by a trained nurse, you can often perform such therapy yourself. This gives you maximum independence at minimum cost. Our nurses are trained to teach the proper procedures and work closely with you until you are comfortable with each step in the process.

### **Upland Hills Hometown Medical Equipment:**

- Rental or sale of equipment such as wheelchairs, walkers, commodes, hospital beds (too many to list)
- Nebulizers, oxygen, CPAP, BIPAP
- Store front with wound care supplies, colostomy, daily living aids and bathroom equipment – (800) 536-4158 or (608) 348-6250

### **How to Utilize our Services:**

We accept referrals from you, a family member, your doctor, or a hospital nurse or social worker. Most home health services are covered by insurance; Medicare and Medicaid subscribers are also eligible. If you or someone you know can benefit from the convenience and comfort of home health services, call us for more information. Your questions are welcome!

# IN-HOME SERVICES

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## **UPLAND HILLS HOSPICE**

800 Compassion Way

P.O. Box 800

Dodgeville, WI 53533-0132

(608) 930-7220

Upland Hills Hospice Program is a multi-disciplinary team of dedicated persons providing physical, social, spiritual, and emotional care to the patient facing death. This support is also given to the family of the terminal patient – during and after – this stressful period.

Upland Hills Hospice will try to help make the remaining days as comfortable and meaningful as possible, support a decision to remain at home, assist patient and family to deal with impending death with positive self-regard and a realistic attitude, teach personal care procedures, and help the family during the bereavement period. Upland Hills Hospice also reduces the expense to the family by paying for all medications related to the terminal illness and providing any needed medical equipment.

# HOUSING OPTIONS

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## **ASSISTED LIVING APARTMENTS**

### **SIENNA CREST-DODGEVILLE**

404 E. Madison

Dodgeville, WI 53533

(608) 935-9430

Sienna Crest-Dodgeville is a 15-suite, state licensed CBRF in Dodgeville, which provides comfort, security, and dignity in a warm, home-like atmosphere. Services and amenities include:

- Around the clock awake professional staff
- Three nutritious home cooked meals and snacks daily

Wellness Program, including:

- Medications assistance
- Health status monitoring by licensed nurse
- Frequent monitoring, assistance, and assessment during short-term illnesses
- Liaison between resident, physician and family or designated representative
- Planned therapeutic leisure activities
- Daily light housekeeping services
- Personal laundry and linen service
- Assistance or reminders with the activities of daily living (dressing, grooming, toileting, eating, bathing)
- Coordination of community health resources

The independent apartments are designed with seniors in mind. They include fully equipped modern kitchens, bathrooms with grab bars, spacious storage, clothes and linen closets, paid utilities, free on-site laundry facilities, a community room for tenant use, and safety and security features. Assisted services are available for an additional monthly fee including a meal plan and housekeeping services.

# HOUSING OPTIONS

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## **ADULT FAMILY HOME**

### **CORNERSTONE FOUNDATION**

105 W. Division Street  
Dodgeville, WI 53533  
(608) 935-1649

# HOUSING OPTIONS

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## CBRF's

### **CRESTRIDGE ASSISTED LIVING OF DODGEVILLE, LLC**

Located at:

219 E. Grace Street

Dodgeville, WI 53533

(608) 935-0211

Elder Span Management, LLC

1402 Pankratz Street, Suite 110

Madison, WI 53704

(608) 243-8800

The unique design of CrestRidge combines 24 studio-style apartments with an abundance of large, sunny social gathering areas to provide our residents with the most comfortable, home-like and independent environment possible.

Services include:

- Three nutritious, well-balanced meals daily
- Housekeeping and laundry services
- Medication administration and management
- Life Enrichment Program
- Local transportation
- Emergency call system
- Twenty-four hour care staff
- Twenty-four hour access to our RN's
- Handicapped accessible
- Special dietary planning
- Short-term (respite) care

# HOUSING OPTIONS

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## CBRF's

### **PINE LAWN GROUP HOME**

535 Spring Street  
Highland, WI 53543  
(608) 929-7512

Pine Lawn is an 8-bed facility licensed by the State of Wisconsin as a class "C" Community Based Residential Facility. The license provides care of the developmentally disabled and the aging population.

Pine Lawn provides:

- Individual programming to maintain and encourage independence
- Three home cooked meals with daily snacks
- RN on staff
- Health monitoring
- Medication management and administration
- Assistance with areas of daily living
- Leisure activities
- Personal laundry
- Housekeeping

Pine Lawn has an interconnected smoke detector and sprinkler system. Contact Ron or Mary Benish for further information. Visits are welcome and encouraged.

# HOUSING OPTIONS

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## CBRF's

### **SIENNA CREST-DODGEVILLE**

404 E. Madison Street  
Dodgeville, WI 53533  
(608) 935-9430

Sienna Crest-Dodgeville is a 15-suite, state licensed CBRF in Dodgeville, which provides comfort, security, and dignity in a warm, home-like atmosphere. Services and amenities include:

- Around the clock awake professional staff
- Three nutritious home cooked meals and snacks daily

Wellness Program, including:

- Medications assistance
- Health status monitoring by licensed nurse
- Frequent monitoring, assistance, and assessment during short-term illnesses
- Liaison between resident, physician and family or designated representative
- Planned therapeutic leisure activities
- Daily light housekeeping services
- Personal laundry and linen service
- Assistance or reminders with the activities of daily living (dressing, grooming, toileting, eating, bathing)
- Coordination of community health resources

The independent apartments are designed with seniors in mind. They include fully equipped modern kitchens, bathrooms with grab bars, spacious storage, clothes and linen closets, paid utilities, free on-site laundry facilities, a community room for tenant use, and safety and security features. Assisted services are available for an additional monthly fee including a meal plan and housekeeping services.

# HOUSING OPTIONS

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## CBRF's

### **SIENNA CREST-MINERAL POINT**

210 Copper Street  
Mineral Point, WI 53565  
(608) 987-4565

Sienna Crest is an assisted living home that highlights independence and home comforts in a secure setting. Because of our home's design and the specialized training staff receive, Sienna Crest can provide care to seniors with Alzheimer's Disease and other dementias. Residents at Sienna Crest receive:

- Round the clock staffing by caregiving professionals
- Individualized care programs
- Specialized care for those with Alzheimer's Disease and other memory impairments
- Individual rooms with private bathrooms
- Medication administration
- Assistance with personal cares
- Health monitoring by a registered nurse
- Social and other activities
- Nutritionally balanced meals

Sienna Crest also provides respite care. For additional information, please contact the Residence Manager.

# HOUSING OPTIONS

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## NURSING HOMES

### **BLOOMFIELD MANOR**

b.manor@mhtc.net

3151 County Road CH  
Dodgeville, WI 53533  
(608) 935-3321

Bloomfield Manor is an 85-bed, non-profit, skilled nursing facility located six miles west of Dodgeville. Individual resident needs are addressed through a variety of programs including rapid rehabilitation with physical therapy, occupational therapy, and speech therapy, general skilled nursing including intravenous therapy, Alzheimer and dementia care, adult day care and hospice services. Registered nurses provide skilled care services 24-hours per day.

The facility is certified for: Medicare reimbursement, Medicaid reimbursement, and Veteran's services reimbursement for qualified residents. Assistance with insurance billing is offered to all residents.

Bloomfield offers multi-level Alzheimer's and related dementia care. Both a 10-bed unit, "Dove's Wing North," designed to meet the needs of the early stage Alzheimer's client as well as a 16-bed unit, "Dove's Wing East," designed to meet the physical and emotional needs of the later stage Alzheimer's clients are available at no additional charge from the standard facility rate. The units offer a home-like atmosphere and specially trained personnel.

Area physicians visit Bloomfield Manor for resident appointments. Activity professionals provide a wide range of programs and opportunities for growth and entertainment. The dietary department provides home-cooked meals daily. Laundry and housekeeping services are also part of the daily room rate. The facility is newly remodeled and is air conditioned. A chapel and meditation center has been recently adjoined to the facility.

Located in the scenic Uplands area, Bloomfield Manor is fringed by trees and rural farmlands. Residents are encouraged to spend as much time as they like outdoors and enjoy beautiful scenery in every season.

# HOUSING OPTIONS

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## NURSING HOMES

### **MINERAL POINT CARE CENTER**

109 N. Iowa Street  
Mineral Point, WI 53565  
(608) 987-2381

**Respite Care:** 24-hour care or care for a weekend or number of days or weeks when a family needs to be away from home.

**Skilled Care:** Care for those needing skilled nursing attention. Monitoring 24-hours per day of the patient's needs and attention to those needs.

**Intermediate Care:** Quality nursing care for those who need a little less intensive nursing help. Interesting activities to keep them up with daily living.

Also daily physical therapy, speech therapy, occupational therapy, and an Activity Department. Medicare and Medical Assistance for those eligible.

### **UPLAND HILLS NURSING & REHABILITATION CENTER**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7600

Upland Hills Nursing & Rehabilitation Center is a 44-bed skilled, rehab, subacute, and long-term nursing facility committed to providing professional and quality service in a caring and compassionate manner for people who require long-term, sub-acute nursing care or who require rehabilitation services to return to independent living.

# HOUSING OPTIONS

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## NURSING HOMES

### **UPLAND HILLS NURSING & REHABILITATION CENTER (continued)**

800 Compassion Way

P.O. Box 800

Dodgeville, WI 53533

(608) 930-7600

Upland Hills Nursing & Rehabilitation Center's comprehensive services include 24-hour Registered Nurse coverage, close supervision, group and individual activities, healthy meals, socialization with peers and dedicated volunteers, recreation and exercise, personal care assistance, counseling, intergenerational involvement, religious worship services, reality orientation and more.

Upland Hills Nursing & Rehabilitation Center is owned and operated by the Upland Hills Health. Upland Hills Nursing & Rehabilitation Center is:

- Medical Assistance approved
- Medicare certified for skilled rehabilitation or skilled nursing care
- Accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO), Long-Term Care Division and
- Member of the Wisconsin Association of Homes and Services for the Aging

As partners with the Upland Hills Health, the Upland Hills Nursing & Rehabilitation Center utilizes the hospital's services, including occupational, physical and speech therapies. Therapists work with residents to prepare a thorough initial assessment and then to implement a plan for care. With the hospital, Upland Hills Nursing & Rehabilitation Center has an active Interdisciplinary Care Planning Committee that includes a team of professional caregivers, residents and their families who plan individualized, ongoing care.

# HOUSING OPTIONS

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## NURSING HOMES

### **UPLAND HILLS NURSING & REHABILITATION CENTER (continued)**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7600

Upland Hills Nursing & Rehabilitation Center offers flexible lengths of stay, respite (short-term), rehab or long-term care. Services are particularly useful for adults who may be physically impaired, socially impaired or isolated, mentally confused, in need of assistance with personal care, have needs to rehabilitate following orthopedic or other major surgery, may have suffered a cardiovascular accident, or limited in his or her ability to function independently in the community. We have outdoor courtyards with bird and squirrel feeders, gardens, flowers and fountains that are easily accessed and enjoyed by our residents.

#### **Emphasis on on-site hospital services:**

- Lab
- Radiology
- Cancer Care

#### **Emphasis on neighborhood concept:**

- 4 households with 11 residents per household
- Each household has a separate living room, dining area, parlor and porch with shared patio and gardens between two households.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

(608) 935-5746

(800) 523-5800

A community service organization to better the lives of older Americans through service, advocacy, education and volunteer efforts. AARP's mission in the areas of community service include: legislative and voter education efforts, health care and quality of life issues, older workers' rights and retirement planning, and exploring the future roles of older Americans in society.

Area programs sponsored by AARP include: Live at 55, Tax-Aide and SHARE.

AARP has monthly meetings generally held on the third Tuesday of each month. For more information, contact Rosalie Zweifel at (608) 935-5746.

## **BENEFIT SPECIALIST SERVICES**

Iowa County Commission on Aging

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0370

The Benefit Specialist is a trained advocate with legal backup. They can provide counseling on matters pertaining to benefit programs, health insurance, and other benefit related information. They may also act as a representative for seniors at hearings. The service is available at contact sites throughout the county. These contact sites are published monthly in the Commission on Aging newsletter, News & Views. The Benefit Specialist will make home visits when necessary and they also maintain regular office hours at the Commission on Aging office. Please call (608) 935-0370 for an appointment. There is no charge, but donations are accepted.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **BOARD ON AGING AND LONG TERM CARE OMBUDSMAN PROGRAM**

1402 Pankratz Street, Suite 111  
Madison, WI 53704-4001  
(608) 246-7003  
(800) 815-0015

The Long-Term Ombudsman Program operates through the Wisconsin Board on Aging and Long-Term Care. The Ombudsman protects the resident over 60 years old and civil rights of residents over 60 years old. The services of the program are available statewide.

The Ombudsman responds to complaints and problems of residents, age 60 or older, or recipients of long-term care, such as nursing homes, community based residential facilities and services of the Community Options Program.

## **COALITION OF WISCONSIN AGING GROUPS (CWAG)**

[www.cwag.org](http://www.cwag.org)

2850 Dairy Drive, Suite 100  
Madison, WI 53718-6751  
(608) 224-0606

The Coalition of Wisconsin Aging Groups, a grassroots membership organization directed by seniors, pursues justice and quality of life for people of all ages through legal and legislative advocacy, education and leadership development.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **LEGAL ACTION OF WISCONSIN**

31 S. Mills Street

P.O. Box 259686

Madison, WI

(608) 256-3304

(800) 362-3904

Hours: 9:00 a.m. – 5:00 p.m. (Mon. – Fri.)

Initial screening and interview by telephone.

Free non-criminal legal assistance for individuals with incomes of up to 187.5% of poverty. Emphasis on housing law, consumer law, utility law, public benefits, including SSI, Social Security, Medicare, Medicaid, W-2, Food Stamps, family law and education. Serving: Iowa, Lafayette and Sauk counties.

## **OFFICE OF THE COMMISSIONER OF INSURANCE**

[www.oci.wi.gov](http://www.oci.wi.gov)

125 S. Webster Street

P.O. Box 7873

Madison, WI 53707-7873

(608) 266-0103

(800) 236-8517

The Office of the Commissioner of Insurance (OCI) publishes over 30 consumer guides (some available in Spanish) to insurance and investigates complaints received concerning any type of insurance. Contact OCI via telephone, e-mail, or postal mail to receive any of our information. The Office was created by the Legislature in 1871, and was given broad powers to ensure that the insurance industry responsibly and adequately met the insurance needs of Wisconsin citizens. Today, OCI's mission is to lead the way in informing and protecting the public and responding to its insurance needs.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **OFFICE OF CONSUMER PROTECTION**

2811 Agriculture Drive  
P.O. Box 8911  
Madison, WI 53708-8911

Investigates consumer complaints. Other investigative agencies include:

### **DATCP (Department of Agriculture, Trade & Consumer Protection)**

(800) 422-7128 or (608) 224-4953

- General consumer complaints (auto repairs, pyramid schemes, investment opportunities, telemarketing, fraud, Internet fraud, landlord/tenant, sweepstakes, travel scams, charitable solicitors, etc.).
- Consumers can also call DATCP to find out if there are any complaints against a company.

### **DFI (Department of Financial Institutions)**

(800) 452-3328 or (608) 264-7969

- All questions and/or complaints regarding banks, credit unions, credit cards, debt collection agencies, mortgage companies, investments.

### **DOT (Division of Motor Vehicles) (Department of Transportation)**

(608) 266-1425

- All questions and/or complaints regarding car dealerships (new and used), Lemon Law.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **OFFICE OF CONSUMER PROTECTION (continued)**

2811 Agriculture Drive  
P.O. Box 8911  
Madison, WI 53708-8911

## **OCI (Office of the Commission of Insurance)**

(800) 236-8517 or (608) 266-0103

- All questions and/or complaints regarding insurance companies and policies.

## **PSC (Public Service Commission)**

(800) 225-7729 or (608) 266-2001

- All questions and/or complaints regarding Public Utility companies, telephone companies.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **PREVENTION OF JUNK MAIL/ TELEMARKETING CALLS**

[www.dmaconsumers.org](http://www.dmaconsumers.org)

To receive less commercial advertising mail and fewer unsolicited telemarketing calls, register for the Direct Marketing Association's (DMA's) Mail Preference Service (MPS) and/or DMA's Telephone Preference Service (TPS).

There are 3 ways to register for Mail Preference Service (MPS):

1. Postcard or letter, mail-in option (free):

Send a postcard or letter that includes your name, home address and signature to:

Mail Preference Service  
Direct Marketing Association  
P.O. Box 643  
Carmel, NY 15012-0643

2. Online, mail-in option (free):

Complete the online form and select "register by mail" option which will generate a unique tracking number to speed the processing of your request. Print and mail to:

Mail Preference Service  
Attn: Dept. 11813482  
Direct Marketing Assoc.  
P.O. Box 282  
Carmel, NY 10512

3. Online, option (\$5 charge)

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **PREVENTION OF JUNK MAIL/ TELEMARKETING CALLS (continued)**

[www.dmaconsumers.org](http://www.dmaconsumers.org)

There are 3 ways to register for Telephone Preference TPS:

1. Send a postcard or letter that includes your name, home address, home telephone with area code and signature to:

Telephone Preference Service  
Direct Marketing Association  
P.O. Box 1559  
Carmel, NY 15012-1559

2. Online mail-in option (free):  
Complete the online form and select “register by mail” option which will generate a unique tracking number to speed the processing of your request.

Print and mail to:  
Telephone Preference Service  
Attn: Dept. 11813482  
Direct Marketing Association  
P.O. Box 282  
Carmel, NY 10512

3. Complete online option (\$5 charge)

### **DO NOT CALL LIST:**

State: 1-866-966-2255

National: 1-888-382-1222

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **WISCONSIN GUARDIANSHIP SUPPORT CENTER**

[www.cwag.org](http://www.cwag.org)

Coalition of WI Aging Groups/Elder Law Center  
2850 Dairy Drive, Suite 100  
Madison, WI 53718  
(800) 488-2596  
(608) 224-0606

Provides information, referral and assistance to anyone having questions relating to advance directives and/or guardianship matters.

# NUTRITION

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## **S.H.A.R.E.**

(608) 935-5746

IF YOU EAT, YOU QUALIFY! Low cost food with a monthly distribution. No eligibility or income requirements. Cost is \$20.00. Volunteer services to your community in exchange for the food is appreciated but not required. Call Rosalie Zwiefel at (608) 935-5746 for more information.

## **SENIORS UNITED FOR NUTRITION (S.U.N.) PROGRAM**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0388

Hours: 8:00 a.m. – 4:30 p.m.

The S.U.N. Program (Seniors United for Nutrition Program, Inc.) is designed to help the older person become involved with other people, enjoy better health through improved nutrition, and remain self-sufficient and independent as long as possible.

The S.U.N. Program meals provide one-third of the recommended daily dietary allowances for senior citizens. Meal reservations need to be made at least one day in advance by calling the meal site by 1:00 p.m.

Noon meals can be delivered to your home in seven communities in Iowa County, if you meet the established criteria. A week's supply of frozen meals can be provided if you live in a rural area or in a community that does not have a meal site. Call the S.U.N. meal site in your community or the main office in Dodgeville for more information.

# NUTRITION

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## **SENIORS UNITED FOR NUTRITION (S.U.N.) PROGRAM (continued)**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0388

Hours: 8:00 a.m. – 4:30 p.m.

### **Meal Locations**

Arena	Arena Manor	753-2395
Avoca	Avoca Village Building	532-6044
Barneveld	Buzz Inn	924-1141
Dodgeville	Hidden Valley Church	930-4822
Highland	Meadowview Apartments	929-4066
Linden	Municipal Building	623-2800
Mineral Point	Senior Center	987-2696
Rewey	Rewey Fire Station	943-6161

**Fee: Donations are encouraged.**

# TRANSPORTATION

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## **DISABLED PARKING**

[www.dot.state.wi.us](http://www.dot.state.wi.us)

## **IDENTIFICATION PERMITS**

Wisconsin Department of Transportation

Special Plates Unit

P.O. Box 7306

Madison, WI 53707-7306

(608) 266-3041

Any person certified by an authorized health care specialist as having a permanent or temporary disability that impairs mobility is eligible for the disabled parking ID card. By legal definition, this includes any person who:

- Cannot walk 200 feet or more without stopping to rest
- Cannot walk without the use of, or assistance from, another person or brace, cane, crutch, prosthetic device, wheelchair or other assistance device
- Is restricted by lung disease to the extent that forced expiratory volume for 1 second when measured by spirometry is less than one liter or the arterial oxygen tension is less than 60 mm/hg on room air at rest
- Uses portable oxygen
- Has a cardiac condition to the extent that functional limitations are classified in severity as Class III or IV, according to standards accepted by the American Heart Association.
- Is severely limited in the ability to walk due to an arthritic, neurological or orthopedic condition

For further information on how to obtain a permit, contact the Department of Transportation or visit their website.

# TRANSPORTATION

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## **IOWA COUNTY COMMISSION ON AGING**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0389

Hours: 8:30 a.m. – 4:30 p.m. (Mon.-Fri.)

**Driver Escort:** A door-to-door medical transportation service provided by volunteers. Persons 60+ and/or disabled are eligible for services. A fee is charged the user based on round trip mileage. At least 48-hour reservation notice is appreciated. For reservations, call (608) 935-0389.

**Care-A-Van:** A 15-passenger, wheelchair lift-equipped, mini bus used for transportation needs such as shopping, nutrition, social outings, medical appointments and business transactions. Persons 60+ and/or disabled are eligible for this service and are given an opportunity to donate. The general public may also use this service on a cost of service basis. The bus runs on a fixed schedule. This schedule is published monthly in the Commission on Aging newsletter, "News and Views." Twenty-four hour advance reservation requested. Telephone (608) 935-0389 for scheduling, questions, or to place reservations.

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **FOSTER GRANDPARENT PROGRAM**

Southwest Community Action Program (CAP)

149 N. Iowa Street

Dodgeville, WI 53533

(608) 935-2326

Foster Grandparent Program (FGP) provides volunteer opportunities for low income persons age 60 and over to provide tutoring, mentoring and support to special needs children. The children range in age and ability. The FGP receives Federal dollars from the Corporation of National and Community Service and State funds, which are channeled through the Bureau on Aging and Disability Resources.

### **Eligibility:**

- 60 years of age or older
- Income eligible which is revised annually
- Capable of serving special needs children
- Willing to accept supervision and flexibility in assignments
- Willing to volunteer 15-40 hours per week

**Program Provisions:** A stipend of \$2.65 per hour for each worked, which is tax-free and will not affect eligibility for other benefit programs, such as SSI. Foster Grandparents are at their host sites 15-40 hours per week. A meal is maybe provided by the duty site. Assistance with payment for an annual physical is provided for by the FGP. Earned leave times are paid in accordance to hours volunteered. Paid holidays are provided.

**Training:** Foster Grandparents are provided with orientation, including experience in the stations where they will be serving. Once volunteering begins, ongoing supervision is provided by host site and monthly in-service training is provided by the FGP.

**Transportation:** Assistance with the cost of transportation is made available when possible to the grandparents for travel to and from volunteer assignments and official project activities.

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **FOSTER GRANDPARENT PROGRAM (continued)**

Southwest Community Action Program (CAP)

149 N. Iowa Street

Dodgeville, WI 53533

(608) 935-2326

Applications for the Foster Grandparent Program can be made at the Community Action Program office, 149 N. Iowa Street, Dodgeville, or by calling (608) 935-2326.

For more information: [www.nationalservice.org](http://www.nationalservice.org) or [www.swcap.org](http://www.swcap.org).

## **IOWA COUNTY COMMISSION ON AGING**

222 N. Iowa Street

Dodgeville, WI 53533

(608) 935-0389

We need more driver escort volunteers in ALL areas of Iowa County. If you have a little time to spare, please help us out by calling the Commission on Aging office at (608) 935-0389, for an application to become a driver escort. There are no fixed hours or days that you have to be available. Any time you can spare would be greatly appreciated. Helping folks who otherwise do not have transportation for their medical needs can be a very rewarding experience.

Please contact the Commission on Aging office for current rate of reimbursement.

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **IOWA COUNTY PUBLIC LIBRARIES**

### **Barneveld Public Library**

W. Orbison  
Barneveld, WI 53507  
(608) 924-3711

### **Cobb Library**

198 Mifflin  
Cobb, WI 53526  
(608) 623-2554

[www.swls.org](http://www.swls.org)

### **Dodgeville Public Library**

139 S. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3728

### **Mineral Point Public Library**

137 High Street  
Mineral Point, WI 53565  
(608) 987-2447

[www.swls.org](http://www.swls.org)

### **Montfort Public Library**

102 E. Park Street  
Montfort, WI 53569  
(608) 943-6265

### **Village of Livingston**

Barber  
Livingston, WI 53554  
(608) 943-6800

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **IOWA COUNTY PUBLIC LIBRARIES (continued)**

**CHECK IT OUT AT THE LIBRARY:** This information is from the Wisconsin Valley Library Service at Wausau and is applicable throughout the state. However, not all libraries offer every service listed, so check with your own area library about specific services.

Public libraries offer materials and services for everyone; many of the services are especially helpful for older adults. Check with your area library for:

- Large print books – fiction and non-fiction books are being printed in large print.
- Books on tape – full length and abridged versions of many books are available for listening.
- Videos – movies of all kinds. For people with low vision, audio-described videos are enhanced with narration to describe visual elements without interrupting the dialogue.
- Magazines and newspapers – current issues as well as back files are in most libraries.
- Books, musical cassettes, compact discs, and more – if your library doesn't have what you want, interlibrary loan is available for borrowing from another library.
- Equipment – photocopiers, magnifiers, computers, Internet access are in some libraries.
- A reference service through which you can obtain an address, a recipe, a game score, etc.
- Home delivery – some libraries can offer home delivery of materials to the homebound.
- Talking books – are available free from the Library of Congress. Books and magazines on cassette are delivered by mail with easy-to-use equipment for listening. Contact your local library or WI Regional Library for the Blind and Physically Handicapped, 813 W. Wells Street, Milwaukee, WI 53233, telephone (800) 242-8822.

Program resources – some libraries offer “program kits” with material and ideas for group meetings.

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **SENIOR CENTERS**

Dodgeville Senior Center  
126 S. Iowa Street  
Dodgeville, WI 53533  
(608) 935-5150

Mineral Point Senior Center  
137 Jail Alley  
Mineral Point, WI 53565  
(608) 987-2696

For information on the activities held at the Senior Centers, please call the telephone numbers above or the Iowa County Commission on Aging at (608) 935-0389.

## **UPLAND HILLS HEALTH**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000 (ext. 7113)

A range of Share Life health and wellness programs are offered by Upland Hills Health. These include, "Motherwell Maternity Health & Fitness", "CPR Certification", and "First Aid". For more information regarding upcoming classes, dates and times, call (608) 930-7200, ext. 4600.

Volunteer opportunities are available as well. Please call (608) 930-7200, ext. 4800, for further updates.