



AGING & DISABILITY RESOURCE CENTER  
OF SW WI IOWA COUNTY

ADRC BOARD  
MEETING MINUTES

August 28, 2012  
1:00 P.M.

Health & Human Service Center – Community Room  
303 W. Chapel St.  
Dodgeville, WI

Chairman Ron Benish called meeting to order at 1:00 p.m.

**ROLL CALL:** Present: Ron Benish, Lorraine Drews, Lorraine Fristch, Dan Nankee, Marjorie Bomkamp, Rosalie Zweifel, Rose Ross, Marlene Stenner, Nona Chappell, MaryClaire Murphy, Margaret Peat, Carol Calhoun, Therese Hess. Excused: Mildred Swedland

Also in Attendance: Rebecca Wetter, Laura Crowley, Valerie Hiltbrand, Nancy Howard.

**INTRODUCTIONS:** There were no new introductions to be made at this meeting.

**CERTIFICATION:** Laura Crowley indicated that this meeting was certified in posting and publishing and also faxed to newspaper and radio. We currently post in three locations.

**AGENDA:** Lorraine Fritsch made the motion to approve the Agenda for the August 28, 2012 meeting. Rosalie Zweifel seconded the motion. All members present were in favor.

**MEETING MINUTES:** Dan Nankee made the motion to approve the July 24<sup>th</sup> meeting minutes. Lorraine Fritsch seconded the motion. All members present were in favor.

**REPORTS/COMMENTS FROM BOARD MEMBERS/AUDIENCE:** Therese Hess commented on the N's & V's – she commended the staff on the look of N's & V's and the quality of the articles. She stated that it is always interesting and very informative. Rosalie again reminded the Board that SHARE is no longer. She had heard someone say that it was still in Darlington, and it is not. Also, AARP is disbanding in this area. Whatever funds that were slowly accumulated from both organizations, have been dispersed throughout the County, a little here and a little there.

**FINANCIAL REPORT:** The Expense/Income Report for the month of July was distributed to the Board for their review. The Board will address this report later on the agenda in this meeting. Copies are available in the ADRC Office.

**COUNTY AGENCY REPORT:** There was no one present for this portion of the agenda.

**SUN REPORT:** Cecile McManus, the Director of the SUN Program was not able to be in attendance today. Rosalie brought to the Board's attention the idea of individuals being able to purchase 5 coupons (for meals) at a time so that when they receive their monthly check – they can purchase them at that time, so that they are not running short at the end of the month and unable to purchase meals. Dan explained a process that SUN is going through presently – that they are going to have to approach their individual County Boards (Lafayette and Iowa) to ask for some levy money. Ron explained that we are the only county (and Lafayette) that he knows of, that has not had to put any county tax dollars into the program. The Board discussed that people seem to be doing a lot less socializing these days, meaning not going to the meal sites. Now, there is television and people spend a lot more time in front of it, so if they are part of the program, they prefer having the meal delivered directly to them.

### **BENEFIT SPECIALISTS REPORTS:**

**I & A:** Valerie distributed the I & A monthly report, for the month of July. She was pleased to report to the Board that there were 19 participants in the Walk with Ease Program. They were pleasantly surprised to have so many participants. They meet every Tues. and Thurs. through Sept. 20<sup>th</sup>. She wanted to remind everyone that The Alzheimer's Walk is on Saturday, October 6<sup>th</sup>. The total number of calls for the month of July was 144 which includes telephone calls, walk-ins, scheduled office appointments and/or home visits. There were 8 home visits of which 2 were new home visits. The total number of people on the waitlist is 51, two new people were added and two people were taken off of the waitlist. Erin and Valerie completed 4 functional screens. One person was enrolled in Family Care and one person was referred to IRIS. July was a busy month with several meetings, outreach presentations and attending an orientation/shadow of Lafayette County's "Stepping On" Program which we will begin here in Iowa County in September – Erin will receive the training to become a trainer. Janet Butteris and Rita Stanton will be the contacts for this Program which is about preventing falls. Ron asked a question about who we are servicing – if the majority of our clients were on Medicaid. Val indicated that they work with a wide range of people, and that they present all of the options to them, and they, the consumer, make their own choices. Rebecca indicated that about 85% of the folks that they are assisting are not on Medicaid. This report is available on file in the ADRC Office.

**EBS:** Nancy Howard distributed the Elder Benefit Specialist monthly report for the month of July. There were quite a few information only calls during the month of July. 104 this year versus 46 from the same month last year. Nancy discussed the computer classes for seniors (July in Barneveld) – (August in Dodgeville) and there will be a session in Cobb in September. Attendees were instructed on how to access government websites to look up their benefits, find out about what benefits are available, check on job opportunities, volunteer opportunities, and how to enroll themselves in programs. During the month of July we did not have a Disability Specialists on board, so Nancy and Stacey worked with disability clients with applications, etc. This report is available on file in the ADRC Office.

**OFFICE/TRANSPORTATION ASSISTANT REPORT:** Laura distributed the Transportation Report for the month of July 2012. She discussed the roundtable meeting that she attended in Green Bay. The information exchange was excellent. Since there were several interested Board members, the bus will be going to Epic Service Center again on September 28<sup>th</sup>. We are going to Alliant Center on Thursday, October 18<sup>th</sup> for a Macular Degeneration Symposium. So, please feel free to spread the word to anyone that you may know that would benefit from this symposium. Our numbers are all up over same period of time last year – units, donations, etc. And, they continue to be strong – positive N's & V's is helping. Every day we have new names calling for our Driver Escort Program. For our Care A Van, we had four days cancelled; one was for 4<sup>th</sup> of July holiday, and three to the weather (high heat index). This report is available on file in the ADRC Office.

**MANAGER'S REPORT & TRAININGS:**

**AGING PLAN UPDATE – Draft Plan and Public Hearing Comments:**

Rebecca Wetter, Manager of the ADRC informed the ADRC Board that the Public Hearing that was held on August 22, 2012 at the Dodgeville Senior Center was very well attended and that she felt that there were many good questions and a lot of really good feedback.

There were 17 attendees. She thanked the Board for their support and was happy to see some of them at the hearing. Rebecca distributed the draft of the Aging Plan. The minutes from the Public Hearing and from today's meeting will be added to this Plan. This draft was available in our office prior to the Public Hearing for anyone to stop in and discuss and/or pick up. Rebecca reviewed the Summary with the Board and the feedback from the Public Hearing. The following dates were given: This draft will be sent to GWAAR by the 4<sup>th</sup> of September, they will review and return by the 15<sup>th</sup> of October, if there are any changes necessary, they will be made and then the Plan will go before the Health & Human Services Committee of Iowa County and then back to GWAAR for approval and then onto the State. There are seven different areas where we had to focus on a goal. The first area is **Quality Improvement**. *This is a project that we have to do also on the ADRC contract side. The State with ADRC and the State with GWAAR said to go ahead and write the same goals. Consistent goals were written with Grant, Lafayette and Grant Co. Those were focusing on creating consistencies within each agency on how consumers are greeted and how they were transferred throughout the department, basically looking for ways to be consistent and most efficient. Along with that, we want to develop a marketing plan to reach out to more consumers. We are looking at how we can increase the number of contacts by making small changes. The next area was focusing on the **Older American's Act Programs**. In that area we are looking for training assistance for our Board. GWAAR has offered to assist in this training. One area of training will be about what the Board's role is and how it can best serve our community. This training will take place next year. Moving forward with the **Volunteer Fair** is another goal. The needs of GWAAR Programs include a lot of*

volunteers for us to be able to sustain them and keep them running. We will focus on recruiting volunteers. **Emergency Preparedness Focus** is another area that we need to be prepared. The ADRC is part of the big plan. We are going to help the Emergency Manager develop a database of special needs populations so that he has a way to communicate with individuals if there was bad weather, high heat index or if there is a missing individual or things of that nature. We will also try to help him keep that database current. Next is **Prevention Programs**. We want to offer and continue to offer the programs we are currently conducting – Walk with Ease and Stepping On. We want to be able to reach out to smaller communities and offer these programs. **Alzheimer's Disease** is the next focus area. We are going to focus on educating the community to increase awareness of this disease. We have an educational series planned with the Alzheimer's and Dementia Alliance. We will also focus on early diagnosis. Another priority area is the **Family Caregiver Support Program**. We receive funding from GWAAR for this program each year. Historically these funds have been used to offset the hours of the individuals working within this program. We would like to see more of these funds going for the caregivers themselves, into areas such as providing respite, transportation to support groups, chore service and whatever is needed to help support the caregiver. If we can support and assist the caregivers hopefully they can stay healthy themselves and be able to continue to provide care. **Local Level Goals** – focus on outreach and education to increase awareness of our agency. Increase the number of people that have access to our services. We are going to work with the community on an educational series regarding financial and legal planning issues. We will also work on assisting individuals to gain access to the SUN Program. We will be working together with the SUN Program and host different activities at the meal sites.

These are not the only goals that we will be working on, but these are the measurable goals.

Rebecca reviewed the suggestions, comments and questions that were brought up at the Public Hearing on August 22, 2012 at the Dodgeville Senior Center with the ADRC Board. Chairman Benish asked for a motion to recommend that this draft, as presented, be approved by this Board and submitted to GWAAR. Rosalie Zweifel made the motion. Teresa Hess seconded the motion. All members present were in favor.

**UPDATE of ADRC - Current & Upcoming Programs & Events:** Angela Sullivan began working with the County as our new Disability Specialists. Her first day was August 6, 2012 and she apologized for not being able to come today, but she is meeting with a client. She will be at training for our September ADRC meeting and so the Board will not be meeting her until our October meeting. Rebecca was happy to report that we have been given the opportunity to partner with the hospital. They expressed an interest in Medicare benefits. The Medicare seminar that we present will be videotaped so that this video can be shown to visitors and patients of the hospital. Rebecca was also asked to take part in the process of the hospital's needs assessment for the hospital's plan. It is a great opportunity to partner with the hospital. They are in turn going to provide a Physical Therapist to help out with three sessions of the Stepping On Program. We have a **Plan and Prepare Event** planned for September 27, 2012 from 2:00 – 5:00 p.m. The focus is on planning for safety. We could use some volunteers to help with CarFit that AARP will be putting on, and volunteers for many other activities. There will

be blood pressure screenings, help signing up for Nixel, several speakers, representatives from the police and fire departments, Emergency Management and many other activities. This is a community wide event. This is our ground level attempt to begin hosting Senior Fairs. Rebecca will be sharing posters for this event with board members so that they may put them up in the churches, etc.

**ACTION ON FINANCIAL REPORT:** The financial report was distributed earlier in the meeting, after Board review, Ron Benish asked if there were any questions about the Financial Report. Margaret Peat made a motion to approve the July bills to be paid. Rosalie Zweifel seconded the motion. All members present were in favor.

**FINAL THOUGHTS: NEXT MEETING:** Our next meeting will be scheduled for Tuesday, September 25, 2012 at 1:00 p.m. at the HHSC in the Community Center

There being no further business, Chairman Benish asked for a motion to adjourn. Rosalie Zweifel made the motion to adjourn, Margaret Peat seconded the motion. All members present were in favor.

**The meeting was adjourned at 2:20 p.m.**

Respectfully submitted

Laura Crowley  
ADRC Staff