

SENIORS UNITED FOR NUTRITION PROGRAM, INC.
BOARD OF DIRECTORS MEETING
MINUTES OF THE MEETING
April 22, 2015

1. **Meeting Called to Order** at 12:30 p.m. by Board Chairman, Leon Wolfe, at the Highland dining site located at Sunset View Senior Apartments, 148 S. Main, Highland, WI.
2. **Roll Call**- Dan Nankee, Iowa County; Jeremy Meek, Iowa County; Marjorie Bomkamp, Iowa County; John Bartels, Lafayette County; Leon Wolfe, Lafayette County; and Carol Korn, Lafayette County were present. **Others Present-** Cecile McManus, Executive Director, Jan Baker, Financial Officer, and Rebecca Wetter, Iowa County ADRC, were present. Rebecca left 2:30, during the Directors' report.
3. **Certification of Compliance with Open Meeting Law**- Baker stated that notice of the meeting was posted at designated public places 4 days ago. Let the records show that the meeting was properly posted.
4. **Approval of the Agenda for April 22, 2015** *Motion to approve agenda made by Nankee; seconded by Bomkamp. Motion carried.*
5. **Approval of the Minutes of the March 19, 2015 Board Meeting** *A motion was made by Bartels to approve the minutes; seconded by Bomkamp. Motion carried.*
6. **Reports from other Board members and members of the audience-** The Board thanked Wilson Winkers and the two volunteers (who all dined with us) for hosting our meeting. John thanked Dan for asking Grandma's Kitchen to make him a hamburger-- because he doesn't eat chicken.
7. **Aging Resource Center & County Aging Unit Reports**- a. For Lafayette County- None. For Iowa County- Rebecca said Iowa County passed a resolution opposing ADRC's being run by the private sector. Our ADRC is ranked 4th nationally. Rebecca met with Senator Marklein and shared data, with benefits and cost savings, of keeping the ADRC with the county. Rebecca attended the ADRC conference last week. She said the speakers were inspiring, and she was refreshed. Tuesday she and Kate Chambers, of Lafayette County ADRC, will go to Stevens Point to meet with GWAAR regarding their 3-year plan and to make goals. She reported that they have started two new Wellness programs. Their volunteer banquet Tuesday was nice. Bloomfield served a good meal, and there was music. Tom Slaney and some of Rebecca's staff went to HHS Day at the Capitol. She was unable to attend, but was proud to learn that some of her staff shared their views.
8. **Monthly Reports-Possible action-** Cash Flow Statement & C.D. Review: Set-aside funds savings account interest added in March was \$1.62. We have \$82,311.13, which equals approximately 2.5 months expenses. Jan's cashflow statement showed that we have cash on hand of \$49,604.00. Budget Reports: Budget has negative variance of \$980.08. This is not a concern because it's early in the year. 50% of our nutrition education budget has been spent. Cecile said she went to do nutrition education in March at most of the sites. It was National Nutrition Month. She said we have to provide nutrition education 4

times a year at every site. Rebecca asked if SUN can provide individual nutrition counseling, and Cecile said yes, when time allows. Cecile said we could have income when our van sells. Wisconsin State Surplus will put it in their auction. It costs \$75 for them to pick it up, and that charge will come out of the proceeds. Monthly Participant Numbers: Arena donations are down from last year. Dodgeville has a lot of home deliveries. Cecile said the new van should save gas because it's smaller. Hollandale averages 4.5 home delivered per day. Lafayette County donations are down. *Motion to approve the monthly reports made by Nankee; seconded by Bomkamp. Motion carried.*

- 9. Van Purchase:** *Dodgeville Delivery; Iowa&Lafayette County –Cecile had the board's help choosing the van we purchased this month. Our old van needed repairs that were too costly, considering the condition of the van. Motion to approve Purchase of 2003 Chrysler Town & Country from Virtue Motors for \$3800 made by Korn; seconded by Bartels. Motion carried.*
- 10. Staff or Site Issues** a) Volunteer managers/Drivers compensation – Per SUN policy, our gas rate and stipend rate go up and down with gas prices. Wilson Winkers, in Highland, not only picks up and delivers the meals, he does all the banking as a volunteer. *Motion to pay Wilson our top stipend rate of \$.45, and the federal mileage rate of \$.575 per mile for rural delivery, made by Nankee; seconded by Bomkamp. Motion carried.*
- 11. Annual Letter of Appeal** Cecile plans to review the list of people she sent the letter to. Rebecca suggested we send an appeal letter to past and current participants, and get a letter in the local papers, too. Rebecca said she could put an appeal in the newsletter, also. She asked if we had the list from when she led the fundraising brainstorming activity last year, and said maybe we could do something more from that list. The board suggested Cecile ask other counties what they do.
- 12. Directors Report-** Cecile said we had the Dodgeville Dining Site Open House the first full week in April. On Monday there was music, which the ADRC paid for. Rebecca wondered why some came and didn't eat. Cecile said we are trying to get them interested, but they didn't want the meal, or had appointments. Tuesday, playing cards, and Thursday, playing bingo, were the big days that week. She got the same bingo caller that Culver's uses. The president of the Senior Center took charge of the cardplaying. They had fun, and got prizes, playing bingo. Wednesday, Cecile did a class on the Mediterranean diet. She had one student. On Friday, four people enjoyed her cooking class. A lot of people asked for the recipe. Marjorie said we could do cards and bingo every week, but we would expect them to eat with us. Cecile passed out information from her recent WAND conference. A page called "Simple Truths" from their keynote speaker, Gary Berg, and the agenda. She highlighted the "Revitalization Pilot Panel Presentation, How to Make Things Great with a Breakfast Plate", and "Becoming Mostly Paperless". This was presented by the Nutrition & Prevention Specialist for the Sauk County Public Health Department. The SUN office quickly raised \$135 doing a pie fundraiser the week before Easter for a co-worker who had unexpected health expenses.

- 13. Grant Update** We were granted \$2000 from EFSP (Emergency Food & Shelter Program) for Lafayette County meals.
- 14. Training Request-possible action** Cecile's 5 years to obtain 75 credits to keep her Dietician license ends the end of May 2015. She applied for, and received, a training scholarship for a conference put on by Today's Dietitian. It is May 18th and 19th. She will only need SUN to cover \$70 for airline, and meals. *Motion to approve Cecile attending this conference, with SUN paying the expenses of \$100, made by Bartels; seconded by Bomkamp. Motion carried.*
- 15. Chairperson's Report** Leon said we had a good discussion, and he looks forward to fundraising.
- 16. Vouchers-possible action** *Motion by Meek to approve vouchers presented for signing; seconded by Nankee. Motion carried.*
- 17. Next Meeting Date & Adjournment** **Next meeting will be May 21, 2015, at our dining site at 190 N. Judgement St., Shullsburg, WI. Meeting immediately follows 11:30 a.m. lunch – approximately 12:30 p.m.** *Motion by Bartels to adjourn meeting; seconded by Korn. Motion carried.* Meeting adjourned 2:50 p.m.