



Wisconsin Nutrition Education Program

The Wisconsin Nutrition Education Program (WNEP) helps low income families and individuals choose healthful diets, prepare food safely, and become more food secure. There are currently WNEP projects in 67 Wisconsin counties.

ELIGIBILITY

Am I Eligible? Families or individuals who receive Wisconsin Food Share or are eligible to receive Wisconsin Food Share can learn through WNEP.

Is WNEP Available in My County? WNEP projects exist in all counties EXCEPT: Green, Jefferson, Manitowoc, Monroe, and Ozaukee.

BENEFITS

What Does WNEP Provide? WNEP provides lessons that can help you:

- Stretch your food dollars;
- Make healthier food choices;
- Plan low cost meals;
- Keep food safe to eat;
- Become aware of local food resources.

WNEP educators live in the community and understand the needs of families. They teach about nutrition in a variety of ways: small and large group settings, and at displays and exhibits. Lessons are offered in a variety of settings: schools, senior meal sites, senior housing units, WIC clinics, Head Start, Immunization Clinics farmers markets, and the Hodan Center.

APPLICATION

How Do I Apply? Contact the Iowa County University of Wisconsin Extension Office at (608) 930-9850 or in the Iowa County Health and Human Services Building at 303 W Chapel St, Ste 1200, Dodgeville WI 53533. See the WNEP website for additional information: <http://www.uwex.edu/ces/wnep/index.cfm>, or visit the Iowa County WNEP website at: <http://iowa.uwex.edu/wnep/index.html>