



School Lunch and Breakfast, Free or Reduced Priced Meals

The National School Lunch Program is available in nearly every public school and in many private schools in Wisconsin. The School Breakfast Program is available in about one-third of public schools and some private schools. While both programs serve students at all income levels, children in low to moderate income households can qualify for free or reduced price meals.

ELIGIBILITY

**Are My
Children
Eligible?**

IF YOUR school offers School Lunch and Breakfast if your family income is within program limits your children can receive free or reduced-price meals. If you receive food stamps, your school age children automatically qualify for free meals. There are no asset limits.

BENEFITS

**Are Meals
Nutritious?**

ALL SCHOOL meals meet strict USDA nutritional standards. Lunches provide 1/3 of your child's daily nutritional needs of protein, Vitamin A and C, iron, calcium and calories; breakfasts provide 1/4 of these same nutrients. Meals may include servings of milk, juice, fruit, vegetables, bread/grains and meat or meat alternates.

**How Do Meals
Benefit My
Child?**

BESIDES THE nutritional and economic benefits, school meals can improve your child's attention and test scores, and reduce their illnesses and absences.

APPLICATION

How Do I Apply?

COMPLETE AND return the short application form your school district provides to each family at the beginning of the school year. If you receive FoodShare be sure to indicate your case number on the application. If you didn't receive a form, or didn't return it, you can still apply even after classes have started. Contact your local school for more information or to find out which meal programs they offer. More information is available online at <http://www.fns.usda.gov/cnd/lunch> You can find out if you may be eligible by contacting the ACCESS website on the internet at <http://www.access.wisconsin.gov>