

# RESOURCE DIRECTORY FOR ADULT SERVICES



**Iowa County Department of Social Services  
Aging & Disability Resource Center  
303 W. Chapel Street  
Dodgeville, WI 53533-1450  
(608) 930-9801 / (608) 930-9835**

**Fall, 2013**

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# ALZHEIMER'S AND OTHER RELATED DEMENTIA INFORMATION

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## **ALZHEIMER'S & DEMENTIA ALLIANCE**

517 N. Segoe Road  
Suite 301  
Madison, WI 53705  
(608) 232-3400  
(888) 308-6251 (toll free)  
(608) 232-3407 (fax)

[www.alzwisc.org](http://www.alzwisc.org)  
[support@alzwisc.org](mailto:support@alzwisc.org)

The Alzheimer's & Dementia Alliance of Wisconsin is a non-profit organization that is specifically designed to provide a link to resources for people with Alzheimer's disease or related dementias. We are also deeply concerned with providing support to those who care for persons with dementia. Our mission is to help caregivers take care of themselves as well as provide a quality life for the person with Alzheimer's disease or a related dementia.

The Alliance provides information and resources regarding Alzheimer's disease and related dementias. We offer many programs and services on an ongoing basis. Please check our website, [www.alzwisc.org](http://www.alzwisc.org), for the most current listing of education and support group opportunities.

Services offered: family, caregiver and community education, early stage support and education, care consultation, information and assistance, caregiver support groups, family meetings and professional training. Also available: community resource guides, lending library, free quarterly print newsletter and bi-weekly e-mail newsletter.

Our main office is located in Madison, and we have two regional offices in Lancaster and Portage. Business hours are Monday through Friday from 8:30 a.m. – 4:30 p.m., or by appointment. We serve 9 counties including Columbia, Sauk, Grant, Richland, Iowa, Lafayette, Green, Rock and Dane and provide advocacy statewide.

Deanna Truedson, Outreach Coordinator  
(Primary contact for Iowa, Lafayette and Green Counties)  
[deanna.truedson@alzwisc.org](mailto:deanna.truedson@alzwisc.org)  
(608) 843-3402

# ALZHEIMER'S AND OTHER RELATED DEMENTIA INFORMATION

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## **ALZHEIMER'S & DEMENTIA ALLIANCE (Cont.)**

517 N. Segoe Road  
Suite 301  
Madison, WI 53705  
(608) 232-3400  
(888) 308-6251 (toll free)  
(608) 232-3407 (fax)

[www.alzwisc.org](http://www.alzwisc.org)  
[support@alzwisc.org](mailto:support@alzwisc.org)

Becky DeBuhr, Outreach Specialist  
[becky.debuhr@alzwisc.org](mailto:becky.debuhr@alzwisc.org)  
Grant/Richland Regional Office  
8820 Highway 35/61 South  
Lancaster, WI 53813  
(608) 723-4288  
(888) 308-6251 (toll free)  
(608) 723-6122 (fax)

Carol Olson, Outreach Specialist  
[carol.olson@alzwic.org](mailto:carol.olson@alzwic.org)  
Columbia/Sauk Regional Office  
2825 Hunters Trail  
Portage, WI 53901  
(608) 742-9055  
(888) 308-6251 (toll free)  
(608) 745-3940 (fax)

# ALZHEIMER'S AND OTHER RELATED DEMENTIA INFORMATION

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## **IOWA COUNTY SUPPORT GROUPS**

- Ask Questions
- Share Tips
- Learn Creative Problem-Solving Techniques
- Find Out About Resources
- Discover You Are Not Alone

### **CAREGIVER GROUP**

Meets the First Tuesday of Each Month  
10:30 a.m. - Noon  
In the Health & Human Services Building  
303 W. Chapel St., Room 1001  
Dodgeville, WI

### **DEMENTIA SPECIFIC GROUP**

Meets the Third Monday of Each Month  
6:00 p.m. – 7:30 p.m.  
In the Health & Human Services Building  
303 W. Chapel St., Room 1001  
Dodgeville, WI

If you need someone to care for your loved one while you attend, please contact the Iowa County Aging & Disability Resource Center at (608) 930-9835 for potential resources.

# BENEFITS AND FINANCIAL RESOURCES

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## **ContinuUs**

[www.continuus.org](http://www.continuus.org)

Main Office Located at:  
28526 U.S. Highway 14  
Lone Rock, WI 53556  
(877) 376-6113  
(608) 647-4754 (fax)

123 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3700  
(608) 935-3388 (fax)

ContinuUs is a managed care organization that helps Wisconsin's Medicaid eligible seniors and disabled adults with supportive long-term care services. We offer long-term care services through Wisconsin's Family Care program. At ContinuUs, our great passion is helping our clients – we call them “members” – live as independently as possible and achieve the long-term care outcomes they strive for.

We do this by supporting our members with long-term care management, and by connecting our members to the supportive services available through our extensive network of service providers. Because of frailties of aging or a developmental or physical disability, many people need help accomplishing activities of daily living and caring for their health. To help, we match our members' needs with the right supportive services, such as personal care, housekeeping or transportation. Our highly qualified staff works hard to support each of our members with services individually tailored to meet their needs.

At ContinuUs, we believe that everyone deserves the chance to achieve the long-term care outcomes they strive for. We strive to empower our members so they have the chance to live as independently as possible. When someone becomes a member of ContinuUs, we stand at their side, ready with the support they need – and the connections they deserve.

For more information about ContinuUs, please visit [www.ContinuUs.org](http://www.ContinuUs.org).

# BENEFITS AND FINANCIAL RESOURCES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

icdss@iowacounty.org

303 W. Chapel St., Suite 2300  
Dodgeville, WI 53533-1450  
(608) 930-9801

### **Economic Support Programs:**

➤ FoodShare: Provides FoodShare to most households that meet certain financial and non-financial requirements helping low income families and individuals to buy nutritious food.

➤ BadgerCare Plus: BadgerCare Plus is a program for children under 19 years of age and families in Wisconsin who need and want health insurance. Badger Care Plus Core plan is a program for long-term uninsured adults ages 19 through 64 who do not have children or do not have dependent children under age 19 living with them. BadgerCare Plus Basic plan is a limited benefit health care plan for individuals on the Core Plan Wait List. For more information, visit <http://dhs.wisconsin.gov/badgercareplus>.

➤ Medical Assistance: Wisconsin's Forward Health Medicaid plans for Elderly, Blind or Disabled provide healthcare for those who are age 65 or older, blind or disabled, with income at or below the monthly program limit, and who are United States citizens or legal immigrants. For more information visit <http://dhs.wisconsin.gov/medicaid/index.htm>.

➤ Wisconsin Shares – Child Care Subsidy Program: Helps families with the cost of child care while their parents are at work and school and/or participating in a work program. For more information, visit <http://dcf.wisconsin.gov/childcare/wishares/parents/default.htm>.

➤ Caretaker Supplement: Wisconsin Caretaker Supplement is a cash benefit available to parents who are eligible for Supplement Security Income payments. Caretaker Supplement is not a Medicaid benefit; it pays cash only to eligible parents. For more information, visit <http://dhs.wisconsin.gov/ssi/caretaker.htm>.

# BENEFITS AND FINANCIAL RESOURCES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES (Cont.)**

icdss@iowacounty.org

303 W. Chapel St., Suite 2300  
Dodgeville, WI 53533-1450  
(608) 930-9801

➤Wisconsin Home Energy Assistance Program: Assists in paying heating costs of low income households. A one-time per heating season payment is issued to the fuel providers. Crisis assistance is available to persons who have already received their regular payment but have an emergency fuel need or a problem with their heating unit. For general information, visit <http://homeenergyplus.wi.gov>.

Most changes affecting benefits that you receive through Iowa County Economic Support should be reported to our Call/Change Reporting Center. Changes are taken by telephone, Monday through Friday, 8:30 a.m. – 4:00 p.m., excluding holidays. By calling 1-888-794-5780, your change can be handled immediately and you will know the status of your benefits. Depending on the change you are reporting and the program(s) you are receiving assistance for, verification of the information may be required.

Some changes that should be reported to the Change Reporting Center are:

- ◆Birth of a child
- ◆Address changes
- ◆Changes in expenses
- ◆Changes in income or assets
- ◆People moving in or out of the household

You can also mail any changes to:

CDPU  
Centralized Document Processing Unit  
P.O. Box 5234  
Janesville, WI 53547-5234  
or Fax to 1-855-293-1822

To complete an online application, visit <http://www.access.wisconsin.gov> or call 1-888-794-5780.

# BENEFITS AND FINANCIAL RESOURCES

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## **MEDICARE**

[www.ssa.gov](http://www.ssa.gov)

Social Security Administration  
(800) 772-1213

Medicare is a Federal health insurance program for persons age 65 or older and some disabled persons. Eligibility is based on entitlement to a Social Security benefit. In other words, like Social Security, eligibility for Medicare is not based on financial need.

Medicare is divided into three parts. Part A is hospital insurance, Part B is medical insurance and Part C is the Medicare+Choice program. Medicare Part A can help pay for qualifying in-patient hospitalization, skilled nursing facility stays, home health care and hospice care. Part B can cover physician services, out-patient hospital and surgery, ambulance transportation, durable medical equipment, out-patient physical therapy and speech therapy, rural health clinic and home health care. Services received must be considered “reasonable and necessary” and meet Medicare’s definition of covered services.

Individuals who receive Social Security income at age 65 are automatically enrolled in Medicare Part A. There is no monthly premium. Individuals must choose to participate in Medicare Part B. For those who choose to participate, the Part B premium will be automatically deducted from their Social Security check each month. People who participate in Both Part A and Part B are eligible to opt into Part C, otherwise known as Medicare+Choice, if a Part C option is available in their area.

The Center for Medicaid and Medicare Service (CMS) oversees the Medicare program on the Federal level. It contracts with private insurance companies in each state to process Medicare claims. The insurance company that handles most of the Part A claims in Wisconsin is United Government Services of Blue Cross/Blue Shield (UGS). Wisconsin Physicians Service (WPS) processes Part B claims. AdminiStar Federal, located in Indianapolis, Indiana, processes most claims relating to durable medical equipment, including oxygen.

*\*Information taken from*

*2000 Elder Rights and Benefits for Wisconsin Seniors; Coalition of Wisconsin Aging Groups/Elder Law Center*

# BENEFITS AND FINANCIAL RESOURCES

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## **SOCIAL SECURITY ADMINISTRATION**

6011 Odana Road  
Madison, WI 53719  
(866) 770-2262

[www.ssa.gov](http://www.ssa.gov)

The Madison office serves  
those living in Dane County.

175 W. Alona Lane  
Lancaster, WI 53813  
(877) 405-7841

The Lancaster office serves those living in  
Grant, Crawford and Lafayette Counties.

**Retirement and Disability:** The Social Security Administration (SSA) oversees several large income maintenance programs that are particularly relevant for older Americans—Social Security retirement, Social Security Disability and Supplemental Security Income (SSI). These programs are intended to provide a fixed amount of income to retired and disabled workers and, in some cases, to their family members, and all have specific eligibility criteria that must be met before benefits are paid.

Readers are strongly encouraged to contact their local Social Security Administration office to speak with a representative about individual eligibility counseling and benefit estimates. Your local SSA office also provides free, user-friendly booklets on every benefit category.

**Social Security Disability Insurance:** Social Security disability insurance benefits are payable to individuals who have sufficient quarters of coverage on their earnings record and who are found to be “disabled” by the Social Security Administration (SSA). A person is considered disabled by the SSA if he or she is “unable to engage in any kind of substantial gainful activity due to a severe physical or mental impairment which is expected to result in death, or which has lasted or is expected to last for at least 12 months.” During the course of an individual’s disability, the SSA undertakes periodic reviews to ensure that the claimant still meets all the criteria necessary for the payment of benefits.

# BENEFITS AND FINANCIAL RESOURCES

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## **SOCIAL SECURITY ADMINISTRATION (Cont.)**

6011 Odana Road  
Madison, WI 53719  
(608) 270-1141

[www.ssa.gov](http://www.ssa.gov)

The Madison office serves those living in  
Dane County.

175 W. Alona Lane  
Lancaster, WI 53813  
(608) 833-1607

The Lancaster office serves those living in  
Grant, Crawford and Lafayette Counties.

Individuals who believe they may be eligible for Social Security disability insurance benefits should contact the local Social Security Administration at [www.ssa.gov](http://www.ssa.gov) and fill out an application. Then call (800) 772-1213 for telephone appointment.

**Supplemental Security Income (SSI):** Unlike the Social Security retirement and disability insurance programs, the Supplemental Security Income (SSI) program is a needs-based income maintenance program available to people whose income and assets fall below certain guidelines. The SSI program is intended to bring an individual's (or couple's) income up to a limit determined by the Federal government, either by providing the sole source of income or by supplementing income from other sources (such as Social Security disability or retirement insurance). Because the Federal SSI program is also administered by the Social Security Administration, and SSI benefits are payable in coordination with other benefits, it is possible that an individual who qualifies for SSI could receive two checks from the Social Security Administration: a Social Security check and a check from SSI. For this individual, the SSI income would be in an amount necessary to bring his or her income up to the SSI limit. For an individual who does not have enough quarters of coverage on his or her earnings record to qualify for Social Security retirement or disability insurance benefits, his or her only source of income may be from SSI.

# BENEFITS AND FINANCIAL RESOURCES

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## **UNIVERSAL TELECOMMUNICATION SERVICE FUND**

[www.universalservice.org](http://www.universalservice.org)

The Wisconsin Public Service Commission currently administers three programs designed to offset the ever-increasing costs of telecommunications. The programs, which are all funded as part of the Universal Service Fund, are called “Lifeline,” “Link-Up America” and “TEPP” (the Telecommunications Equipment Purchase Program).

**Benefits:** The Lifeline program reduces monthly charges for eligible telephone subscribers by providing a reduction in the cost of basic telephone service. Basic telephone services include emergency service (including 9-1-1, where available), alternate toll carriers, operator service, directory assistance and telecommunications relay services.

The Link-Up America program pays for some of the basic charges associated with installation of telephone service, or reconnection charges following a customer’s move from one location to another.

The Telecommunications Equipment Purchase Program provides vouchers to persons with disabilities so they may purchase equipment needed in their homes to access and use the telecommunications network. Examples of such equipment are TTY machines for people with hearing impairments and hands-free telephones for persons with mobility impairments.

**Eligibility:** The Lifeline and Link-Up programs are available to low-income households. A household will be considered “low income” if it is eligible for any of the following programs: Medical Assistance, Food Stamps, Supplemental Security Income (SSI), Wisconsin Home Energy Assistance Program (WHEAP), or Wisconsin Homestead Tax Credit.

Benefits for the Telecommunications Equipment Purchase Program are available to all households, regardless of income, if there is a member who fits under one of the disability categories listed above.

**Application:** Applications for the Lifeline and Link-Up programs are taken by local telephone companies. Interested consumers should contact the customer service number printed on their monthly telephone bill or call the customer service number that appears in the front of their telephone directory.

# BENEFITS AND FINANCIAL RESOURCES

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## **UNIVERSAL TELECOMMUNICATION SERVICE FUND (Cont.)**

[www.universalservice.org](http://www.universalservice.org)

Questions about these programs may be directed to the Public Service Commission at the following address:

Public Service Commission  
P.O. Box 7854  
Madison, WI 53707-7854  
(800) 225-7729

Consumers age 60 and older who are denied benefits under the Lifeline, Link-Up or TEPP programs or who need assistance applying for these benefits should contact the Benefit Specialist in their county.

## **WISCONSIN HOME ENERGY ASSISTANCE PROGRAM**

[icdss@iowacounty.org](mailto:icdss@iowacounty.org)

Iowa County Department of Social Services  
303 W. Chapel St., Suite 2300  
Dodgeville, WI 53533-1450  
(608) 930-9801

Wisconsin's Home Energy Assistance Program (WHEAP) helps pay for the cost of heating your home. The program is operated by county departments of social/human services, Indian tribal agencies and community agencies under the direction of the State Department of Administration, Division of Energy.

WHEAP heating assistance is a one-time benefit payment for each heating season (October 1 through May 15). It is intended to help you pay a portion of your heating costs. It is not intended to cover the entire annual cost of heating your home.

The amount of the heating assistance benefit depends on your household size, income level and household heating costs. Please call (608) 930-9801 for further information.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **AGING & DISABILITY RESOURCE CENTER (ADRC) OF SOUTHWEST WISCONSIN**

303 W. Chapel Street, Suite 1300

Dodgeville, WI 53533

(608) 930-9835

Hours: 8:00 a.m. – 4:30 p.m. (M-F)

**Who We Serve:** We're here to help older people and people with disabilities, along with their families and caregivers, find services and resources to keep them living well and independently. We help:

- Adults age 60 and older;
- Adults with physical or developmental disabilities;
- Adults with mental health or substance abuse problems;
- Assisting young adults as they prepare for life after high school or turning 18.

Our information and assistance is free and completely confidential. Some services are available on a limited basis and are based on program eligibility. Whether you have the private resources or need public resources, we are here to provide the information and options available to stay in your own homes or community.

**Information & Assistance:** Our professional information and assistance specialists are knowledgeable about all of the programs and services available to help meet your needs. Contact us if you have questions or want information on these or other programs and services you may need:

**Help with Benefit Programs:** Where do you turn when you have questions or concerns about public or private benefit programs or other legal issues? Contact an Elder or Disability Benefit Specialist for help accessing programs (such as Social Security, Medicare, Medicaid, and more), benefits and legal rights.

- Elder Benefit Specialists assist people age 60 and over.
- Disability Benefit Specialists assist people ages 18 through 59.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **AGING & DISABILITY RESOURCE CENTER (ADRC) OF SOUTHWEST WISCONSIN (Cont.)**

303 W. Chapel Street, Suite 1300

Dodgeville, WI 53533

(608) 930-9835

Hours: 8:00 a.m. – 4:30 p.m. (M-F)

**Help Understanding All Your Options for Care:** Not sure about all your options for long-term care? We want you to have all the information you need to make your own choices. Contact us for objective, in-depth information about the services and resources available to meet your current and future needs for care.

**Nutrition Programs:** Good nutrition is an important part of maintaining good health. Getting together at a senior dining center or receiving a home-delivered meal makes getting a well-balanced meal a snap. Contact us to learn more about the nutrition services available to you.

**Transportation Services:** Need a ride? The ADRC can help provide you with transportation for doctor visits and many other activities. Contact us to talk about your needs and schedule a ride.

**Support for Caregivers:** Caring for someone who is elderly or disabled can be a rewarding experience, but it can also present challenges. We offer information and assistance to help family caregivers care for their loved one and themselves.

**Transitioning from Child to Adult Services:** We talk with and provide assistance to young adults with disabilities and their families to prepare for life after high school or turning 18.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **AGING & DISABILITY RESOURCE CENTER (ADRC) OF SOUTHWEST WISCONSIN (Cont.)**

303 W. Chapel Street, Suite 1300

Dodgeville, WI 53533

(608) 930-9835

Hours: 8:00 a.m. – 4:30 p.m. (M-F)

**Prevention Programs:** Life can throw you curveballs, with different chronic conditions or a slip and fall that changes your plans or your life. Learning valuable skills through one of our prevention programs gives you the tools you need to think, act, and live proactively. Many programs are evidence based, which means they're proven to work. Contact us to learn more about what prevention programs are available to you.

**Volunteer:** The Aging & Disability Resource Center has a variety of volunteer opportunities for people who are looking to be a leader in their community, learn something new or just lend a hand where needed. Let us match you with the volunteer opportunity that's right for you.

**News & Views:** The "News & Views" is a monthly newsletter published by the Aging & Disability Resource Center of Southwest Wisconsin. It contains articles of interest to the elderly as well as the Care-A-Van schedule, the Benefit Specialist schedule, Meal Site menus and announcements of other special events. There is no subscription fee, however, donations are appreciated. It is also available on-line at [www.iowacounty.org](http://www.iowacounty.org) under the Aging & Disability Resource Center of Southwest Wisconsin.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **COMMUNITY CONNECTIONS**

[www.cfcwi.org](http://www.cfcwi.org)

### **FREE CLINIC**

101 E. Fountain Street  
P.O. Box 184  
Dodgeville, WI 53533  
(608) 930-2232  
(608) 937-0024 (fax)

**Primary Care:** Community Connections Free Clinic offers health assessments, primary care, some diagnostic labs and x-rays, prescription medications, health education, referrals to community resources and follow-up as needed.

Community Connections Free Clinic does not provide emergency services, obstetric services or surgery.

**Eligibility:** People who are uninsured and having difficulty accessing primary care elsewhere are eligible to use our clinic. Persons on Medicare, Medicaid, BadgerCare, Veterans' Insurance or any insurance of any kind, are not eligible to be seen at our clinic and are not covered by our state liability policy.

**Cost:** There is no charge to see our providers and prescription medications are provided at little or no cost as needed.

**Service Hours:** Prescription Assistance Hours: 2:00 p.m. – 4:00 p.m., Tuesday or Thursday.

Clinic hours are 4:00 p.m. – 8:00 p.m., Tuesday and Thursday except for holidays. There are no appointments. Patients are seen on a first come/first serve basis and each patient is given a call number when they register. Numbers are available at 4:00 p.m. Doctors begin seeing patients at 5:30 p.m.

**Language Services:** Interpreters are available for Spanish speaking patients.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **ContinuUs**

[www.continuous.org](http://www.continuous.org)

Main Office Located at:  
28526 U.S. Highway 14  
Lone Rock, WI 53556  
(877) 376-6113  
(608) 647-4754 (fax)

123 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3700  
(608) 935-3388 (fax)

ContinuUs is a managed care organization that helps Wisconsin's Medicaid eligible seniors and disabled adults with supportive long-term care services. We offer long-term care services through Wisconsin's Family Care program. At ContinuUs, our great passion is helping our clients – we call them “members” – live as independently as possible and achieve the long-term care outcomes they strive for.

We do this by supporting our members with long-term care management, and by connecting our members to the supportive services available through our extensive network of service providers. Because of frailties of aging or a developmental or physical disability, many people need help accomplishing activities of daily living and caring for their health. To help, we match our members' needs with the right supportive services, such as personal care, housekeeping or transportation. Our highly qualified staff works hard to support each of our members with services individually tailored to meet their needs.

At ContinuUs, we believe that everyone deserves the chance to achieve the long-term care outcomes they strive for. We strive to empower our members so they have the chance to live as independently as possible. When someone becomes a member of ContinuUs, we stand at their side, ready with the support they need – and the connections they deserve.

For more information about ContinuUs, please visit [www.ContinuUs.org](http://www.ContinuUs.org).

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **HODAN CENTER, INC.**

[www.hodancenter.org](http://www.hodancenter.org)

941 W. Fountain Street  
Mineral Point, WI 53565  
(608) 987-3336

Hodan Center, Inc., is a Community Rehabilitation Program that offers a variety of services and support to persons with disabilities from Iowa, Lafayette and Grant counties. We extend an open invitation to tour our facility and see the services that we have available. Our services include:

- **Employment Services** including assessments, job placements in community/supported employment, job training, employer advocacy, counseling, family support and follow along services.
- **Integrated Employment Opportunities** at our Bargain Nook stores located in Mineral Point, Darlington, Platteville, Spring Green and Mt. Horeb.
- **Work Opportunities and Training** is offered to the client-employees to maximize their job skills during their employment with Hodan Center in the areas of food service, woodworking and production. We do subcontract work for industries from around the state which creates a wide variety of work opportunities for our consumers. We run a food processing kitchen (Wisconsin Innovation Kitchen) in Mineral Point that employs 30 adults with disabilities.
- **Enrichment Activities** is an active and creative department that offers a wide variety of leisure and recreational opportunities including, but not limited to: shopping, exercise, cycling, therapy carryover, swim/spa, arts and crafts, small group activities, birthday celebrations and involvement in other special events.
- **Adult Basic Education (ABE)** classes.
- **Shades of Silver Seniors Program** (day services) for adults 55+ years who have disabilities.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **INDEPENDENT LIVING RESOURCES, INC.**

4439 Mormon Coulee Road  
LaCrosse, WI 54601  
(608) 787-1111  
(608) 787-1114 (fax)  
(608) 782-1148 (TTY)  
(888) 474-5745 (toll-free)  
(888) 378-2198 (toll-free TTY)  
Hours: 8:30 a.m. – 5:00 p.m. (M – F)

[www.ilresources.org](http://www.ilresources.org)  
[advocacy@ilresources.org](mailto:advocacy@ilresources.org)

### Satellite Office:

149 E. Mill Street  
Richland Center, WI 53581  
(608) 647-8053  
(608) 647-7783 (fax)  
(877) 471-2095 (toll-free)  
Hours: 8:30 a.m. – 5:00 p.m. (M – F)

Independent Living Resources, Inc., is a consumer controlled private non-profit agency that provides service to a 13 county area: Buffalo, Crawford, Grant, Iowa, Jackson, Juneau, LaCrosse, Lafayette, Monroe, Richland, Sauk, Trempealeau, and Vernon. Independent Living Resources provides services to persons with any disability of any age within our service area. Most of the following services have no eligibility requirements and are available at no cost to the consumers: advocacy, information and assistance, peer support, skills training and accessibility, housing, Americans with Disabilities Act expertise, public education, benefits counseling, case management/coordination, and assistive technology expertise and try out of equipment.

Independent Living Resources is also a licensed provider of personal care with a self-directed (co-employer) option and supportive home care out of our LaCrosse County office.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

icdss@iowacounty.org

303 W. Chapel St., Suite 2300

Dodgeville, WI 53533-1450

(608) 930-9801

Hours: 8:00 a.m. – 4:30 p.m. (M-F)

### **ADULT SERVICES:**

**Supportive Home Care:** Supportive Home Care is a program administered by the Iowa County Department of Social Services. It involves providing services to an individual after s/he is found to be financially and medically eligible to enable the individual to remain in their own home. These services include interior home maintenance such as light housekeeping, laundry and shopping and exterior home maintenance such as lawn mowing and snow shoveling. No personal care provided.

**Guardianship/Protective Placement/Protective Services:** The Iowa County Department of Social Services, Adult Services Unit, assists in proceedings of guardianships, protective placements and protective services for individuals who are deemed eligible due to income and present an inability and/or incapacity to care for themselves and/or their estate.

**Elder Abuse and Neglect:** The Iowa County Department of Social Services, Adult Services Unit, has been designated as the lead agency to investigate reports of elder abuse and/or neglect. Elder abuse includes four types of maltreatment of people who are 60 years of age or older. These include physical abuse, material abuse, neglect and self-neglect.

**Service Coordination:** The Iowa County Department of Social Services strives to assist any individual and their family and friends in accessing services available in Iowa County. The Adult Services Unit provides information and referral services, resource planning and overall coordination of needs.

Financial assistance programs are also offered through the Iowa County Department of Social Services. Please see Benefits and Financial Resources section for more information.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY HEALTH DEPARTMENT**

303 W. Chapel Street, Suite 2200  
Dodgeville, WI 53533  
(608) 930-9870  
Hours: 8:00 a.m. – 4:30 p.m.

**Health Education Program:** Programs given to community groups on health related topics.

**Communicable Disease:** Immunizations for adults for pneumonia, flu, tetanus, Hepatitis A and Hepatitis B. Communicable disease follow up.

**Environmental Health:** Human health hazard investigations. Water testing for bacteria, nitrates and fluoride. Radon testing and lead inspections in homes.

**Blood Pressure Clinics:** Blood pressure screening available at immunization clinics and by appointment at the Health Department.

**Elder Neglect/Abuse:** Investigation in cooperation with Iowa County Department of Social Services.

**Referrals:** Provide nursing assessments in cooperation with Unified Community Services for the Personal Care Program.

**Resources:** Call for health information on where to get help for yourself, family or friends, if you are unclear as to what is available for your specific needs.

**Wisconsin Well Woman Program:** Free preventative health screenings for women 45-64 years of age. The program pays for mammograms and pap tests. Covered services are available at participating health care providers. The services are for women who meet the income eligibility guidelines and have little or no insurance. Contact the Wisconsin Well Woman Coordinator at the Iowa County Health Department at (608) 930-9870 for easy enrollment.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY VETERAN'S SERVICE OFFICE**

[vet@iowacounty.org](mailto:vet@iowacounty.org)

303 W. Chapel Street  
Dodgeville, WI 53533  
(608) 930-9865  
Hours: 8:00 a.m. – 4:30 p.m. (M-F)

**Information:** We provide information regarding all State and Federal Veteran's Administration Programs to veterans and their families and assist them in filing applications for these benefits. Programs include, but are not limited to:

### **State:**

- Military Funeral Honors Program
- Retraining Grants
- Veteran's Education Reimbursement Grant
- Subsistence Grants
- Health Care Aid Grants
- Burial in State Military Cemeteries
- Veteran's Nursing Homes
- Wisconsin GI Bill

### **Federal:**

- Disability Compensation Claims
- Non-Service Connected Pension
- DIC for Widows and Dependent Children (a type of pension)
- Burial Benefits and Military Grave Markers
- VA Hospital Applications
- Drug and Alcohol Rehabilitation Programs
- Free Screenings for Agent Orange, Radiation and Gulf War Syndrome
- Eligibility for Federal VA Home Loans

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **IOWA COUNTY VETERAN'S SERVICE OFFICE (Cont.)**

[vet@iowacounty.org](mailto:vet@iowacounty.org)

303 W. Chapel Street  
Dodgeville, WI 53533  
(608) 930-9865  
Hours: 8:00 a.m. – 4:30 p.m. (M-F)

### **Local Services:**

- Veteran's Relief – usually a one-time emergency grant for groceries or utilities (severe hardship)
- Transportation to VA Hospital – provide transportation for veteran's medical appointments at VA Hospitals and Medical Centers for those veterans who are unable to drive. Have a wheelchair accessible van available.
- Free quarterly newsletter to all Iowa County Veterans.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **JOB CENTER**

201 S. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3116  
(608) 935-5072 (fax)  
Hours: 8:00 a.m. – 4:00 p.m. (Monday/Tuesday/Wednesday)

An employment and training service that acts in partnership with other local agencies in meeting the workforce needs of area employers and to help individuals achieve their career goals and enhance their employment opportunities.

Local businesses utilize the Job Center to list their full or part-time job vacancies. Private citizens can also utilize this service in recruiting individuals to work as care attendants, chore providers, etc., for in/at their homes.

The following resources could be utilized to assist any individual no matter what age in returning to or advancing in the workforce:

**Wisconsin's JobNet:** As the single largest listing of job openings in the state, you can browse and decide which openings you want to apply for. Just by following the application directions, you can be on your way to finding the job that is right for you. You can visit your local Job Center or access the Internet website: [www.jobcenterofwi.com](http://www.jobcenterofwi.com).

**WISE Program:** A Wisconsin Senior Employment program provides short-term employment for eligible individuals over the age of 55 by placing the individuals in non-profit work sites to provide work experience and job development opportunities. Job Center staff can give you contact information regarding this program.

**Workforce Investment Act Program:** Provides opportunity to eligible individuals to enhance employment skills through classroom training, on-the-job training and/or job placement assistance. May also include supportive services to facilitate employment objective. Serving targeted groups including laid-off workers and economically and disadvantaged adults and youth. Job Center staff can give you contact information regarding this program.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **JOB CENTER (Cont.)**

201 S. Iowa Street

Dodgeville, WI 53533

(608) 935-3116

(608) 935-5072

Hours: 8:00 a.m. – 4:00 p.m. (Monday/Tuesday/Wednesday)

**Veterans:** A program designed to give priority to individuals who have served in the military by providing a full range of services by appointment or telephone with a Veteran Representative.

**Job Preparation:** Career Decisions: Amber Culver, Job Service Career Counselor, offers options that will help you get started with your job search, career change or education decisions. Pre-registration required, contact Job Center staff or call (608) 741-3532. Also, [www.wisconsinjobcenter.org](http://www.wisconsinjobcenter.org) can assist you in making the right choice by using career exploration tools to compare similar career possibilities as well as learn more about occupations and their requirements: WisCareers (login code: ljc-p728), Career Cruising, and MySkills My Future. A local resource, JobFit is a free compatibility, post your resume, search for job openings website: [www.jobfit.com/swwdb](http://www.jobfit.com/swwdb).

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **LEGAL ACTION OF WISCONSIN, INC.**

31 S. Mills Street  
Madison, WI 53715  
(608) 256-3304  
(800) 362-3904  
Hours: 8:00 a.m. – 5:00 p.m. (M-F)

Our office provides free legal advice and representation in civil matters including:

**Family Law:** Divorces, custody and placement disputes, injunctions;

**Consumer Law:** Debt collection, repossession, rent-to-own, payday loans, car title loans, bankruptcy advice;

**Housing Law:** Eviction, denial or termination of public housing benefits, security deposits, foreclosures;

**Public Benefits:** Unemployment Insurance, Disability benefits and Supplemental Security Income (SSI), W-2, Food Stamps, Kinship Care, Medicaid, Badger Care, and Energy Assistance.

Serving: Columbia, Dane, Dodge, Green, Iowa, Jefferson, Lafayette, Rock and Sauk counties.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **SOUTHWEST WISCONSIN COMMUNITY ACTION PROGRAM, INC.**

149 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-2326

**Emergency Food Pantries:** Provide an adequate supply of food stuffs to persons and/or households facing an emergency situation.

**Foster Grandparent:** Part-time volunteer work for senior citizens in day care and public school settings (stipend paid). For more details, refer to Volunteer, Employment & Recreation Opportunities section in this directory.

**Housing/Energy Program:** Weatherization of homes to reduce energy consumption and home heating costs. Loans for home improvements for homes receiving weatherization services also available.

**Outreach/Community Services:** Outreach, comprehensive household needs assessment and referral to appropriate local services; emergency food and clothing assistance; advocacy.

**HUD Rental Assistance:** HUD Section 8 Rental Voucher for very low income families in Iowa County in cooperation with the Dodgeville Housing Authority.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

**(800) 362-5717 (Crisis Line available 24-hours a day, 7-days a week)**

To request services, make a referral, or to get more information, either call or come to a Unified Community Services office.

**Community Support Program:** Unified Community Services' Community Support Program is certified by the State of Wisconsin. Services are provided utilizing a collaborative approach by psychiatrists, psychiatric mental health advance practice nurse practitioner, registered nurse, social workers, and marriage and family therapists.

Provides intensive recovery focused treatment, support and rehabilitation to persons who have a serious mental illness. The program's goals include improving psychiatric stability, reducing the need for hospitalizations, reducing the stigmatizing effects of mental illness and promoting independence and community integration.

**Key Program Components:** Crisis intervention, psychotherapy, medication management, psychiatric/psychological services, employment related services, social/recreational skill training and activities of daily living services.

### Assistance with:

- Applying for entitlements and vocational training
- Obtaining physical/dental health care
- Obtaining legal services
- Obtaining transportation services
- Finding affordable housing

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

### Case Management, including:

- Service coordination
- Monitoring symptom status
- Supportive psychotherapy and education
- Advocacy
- Support and education for family, friends and community members

### Cost:

Consumers are not billed for Community Support Program services. We bill Medicaid and health insurance companies directly.

**Out-Patient Programs:** Unified Community Services' out-patient programs are certified by the State of Wisconsin. Services are provided utilizing a collaborative approach by licensed and certified professionals, including psychiatrists, psychiatric mental health advance practice nurse practitioner, registered nurse, clinical social workers, marriage and family therapists and certified substance abuse counselors.

**Out-Patient Mental Health Program:** Provides mental health education, prevention, intervention, outreach, support, treatment and rehabilitation services to the residents of Grant and Iowa Counties.

### Key Program Components:

- |                            |                        |
|----------------------------|------------------------|
| ➤ Assessment and Diagnosis | ➤ Family Therapy       |
| ➤ Treatment Planning       | ➤ Medication           |
| ➤ Psychotherapy            | ➤ Crisis Intervention  |
| ➤ Marital Counseling       | ➤ Prevention Education |

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

**Out-Patient Alcohol and Other Drug Abuse (AODA) Program:** Provides education, prevention, intervention, outreach, support, treatment and rehabilitation services. The program's intent is to help alcohol and other drug dependent individuals and families develop or regain a quality of life that will ensure dignity, respect and well-being that so often is lost in the progression of the disease of addiction.

### Key Program Components:

#### **ASSESSMENT SERVICES**

- Individual AODA Assessment
- Intoxicated Driver Program Assessment
- Court Ordered AODA Assessment

#### **TREATMENT SERVICES**

- Primary AODA Treatment  
(individual and group)
- Crisis Intervention
- Relapse Prevention
- Aftercare Counseling
- Family Sessions
- Adolescent Treatment
- Women's Group
- Referral to Self-Help Programs

**Cost:** Except for Intoxicated Driver Program assessments and court-ordered assessments, fees are on a sliding scale, based on your ability to pay. Services will not be denied if you are unable to pay. In many cases, health insurance, Medicaid or Medicare will cover some of or the entire bill. If you have insurance for which Unified Community Services is not a provider, you will be referred to your insurance company to determine which providers are part of their network. Consultation on insurance arrangements is available, and we bill insurance companies directly.

**Adults with Disabilities:** Unified Community Services provides court reviews and recommendations for services for developmentally disabled adults.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

**Individuals at Risk:** Unified Community Services is the lead agency for reports of abuse, neglect and exploitation of individuals with a primary diagnosis of development disability, and for individuals ages 18 through 59 with a primary diagnosis of mental illness or substance abuse.

**Alzheimer's Family and Caregiver Support Program:** Unified Community Services is the lead agency for Iowa County Alzheimer's Family and Caregiver Support Program. To be eligible, a person must have a diagnosis of Alzheimer's disease or a related disorder, and be financially eligible., Funds are made available to assist individuals to purchase services and goods related to the care of someone with Alzheimer's disease.

Typical services may include in-home help, respite care, adult day care and transportation. Goods provided have included nutritional supplements, security systems, specialized clothing, home delivered meals, hobby equipment and chair lifts.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIVERSITY OF WISCONSIN-EXTENSION**

Iowa County Extension Office  
303 W. Chapel Street, Suite 1200  
Dodgeville, WI 53533  
(608) 930-9850  
Hours: 8:00 a.m. – 4:30 p.m.

The University of Wisconsin-Extension provides up-to-date research based information through meetings, programs for community groups, newsletters, bulletins, news articles, personal conferences, and Extension affiliated groups like the Association for Home and Community Education, 4-H and agricultural organizations.

**Family Living Agent:** Provides information and conducts educational programs that help families deal with issues and concerns: child care, parenting, aging, food safety, financial management, developing leadership skills and other family living concerns.

**4-H and Youth Agent:** Gives leadership to the design, development, implementation and evaluation of the 4-H program, and other youth education programs in Iowa County. Educational programs are designed to enhance youth development and volunteer development.

**Agriculture Agent:** Provides information and conducts educational programs in farm business and financial management, computerized farm records, forage production, dairy cattle nutrition and management, estate planning, and other agricultural topics.

**Nutrition Education Program Coordinator:** Provides practical foods, nutrition and budgeting information to individuals who receive Food Stamps or are eligible to receive them. The Coordinator helps limited income elderly families and youth learn about nutrition through research-based education programs.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UNIVERSITY OF WISCONSIN-EXTENSION (Cont.)**

Iowa County Extension Office  
303 W. Chapel Street, Suite 1200  
Dodgeville, WI 53533  
(608) 930-9850  
Hours: 8:00 a.m. – 4:30 p.m.

**Community Resource Agent:** Programs addressing ground water and well water testing, diversity education, local government education and leadership development are just a few. Educational programs are designed to assist Iowa County residents in developing new skills and to also increase their awareness of these issues.

UW-Extension provides equal opportunities in employment and programming, including Title IX requirements.

## **UPLAND HILLS HEALTH**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

Upland Hills Health is a 25-bed critical access hospital, a 44-bed skilled care nursing home, an assisted living elderly facility, a licensed home health agency, a licensed hospice and a licensed child care center committed to serving as the leading healthcare partner for residents of the greater Iowa County area.

**Emergency Services:** Trained staff and the latest equipment provide 24-hour immediate care to victims of trauma, burns, poisoning, cardiac, and other medical emergencies. A physician is always in-house, 24-hours daily, 365 days per year to direct care. Upland Hills Health also offers an urgent care clinic for non-emergencies at lower rates during convenient hours: Weeknights from 7:00 p.m. – 10:00 p.m., and weekends from 9:00 a.m. – 10:00 p.m.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (Cont.)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Medical In-Patient Services:** Skilled nursing care is provided to in-patients to help meet a variety of medical and surgical needs, including cardiac monitoring and intensive care. Rooms are comfortable and modern. A self-contained intensive care unit was constructed in 1997 to facilitate more individualized care for these very acute patients.

**Out-Patient Specialist Clinics:** Physicians from Madison bring specialty care home for Iowa County residents. Specialists range from allergy; dermatology; ear, nose and throat (ENT); gastroenterology; hearing; neurology; and oncology to ophthalmology; orthopedics; podiatry; urology, and vascular surgery. Please call extension 2300 for a complete list of the specialty clinics, their definitions and schedules.

**Surgical Services:** Upland Hills Health sets and achieves high standards for surgical care, including in-depth preoperative teaching. Services in our modern suites include anesthesia services; day surgery; ear, nose and throat; general surgery; gynecology; ophthalmology, including cataracts and lens implants; orthopedics, including joint replacement and arthroscopy; and urology.

**Therapeutic, Rehabilitative and Other Support Services:** Upland Hills Health has committed the staff and equipment to help your physician uncover a heart or lung problem or to help you adjust and recover from an illness or injury. As a recent feature, Upland Hills Health offers the Cybex 6000, the latest computerized equipment for monitoring and strengthening muscles after an injury, illness or surgery. For in-patients and out-patients, Upland Hills Health offers physical, occupational, respiratory, and speech therapies, as well as social services and nutrition services.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (Cont.)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Diagnostic Imaging:** Your doctor prescribes treatment for your medical condition based on an accurate diagnosis. Upland Hills Health provides a range of diagnostic equipment, including a CT scan, fluoroscopy, mammography, nuclear medicine, radiology, bone density testing, and ultrasound. These services are provided in-house, and magnetic resonance imaging (MRI) is also available weekly on a mobile unit.

**Laboratory Services:** Your physician relies on the complete testing services available at Upland Hills Health in order to prescribe the most appropriate treatment for your complete recovery.

**Cardiac Rehabilitation:** Cardiac rehabilitation is a program for heart patients that includes exercise, education, and guidance from specially trained staff.

Upland Hills Health will offer a specialized cardiac fitness program. It features exercise, education, and guidance for a “heart-healthy” lifestyle. Specially trained staff are available to meet your individual needs.

Cardiac rehabilitation is “physical fitness” for the heart; a comprehensive, individualized program with your very own staff of expert, personal trainers.

Most often, your family doctor, cardiologist, or cardiac surgeon will prescribe your admission to our cardiac rehabilitation program.

EECP (Enhanced External Counter Pulsation) is a non-invasive therapy for heart patients that can significantly improve the quality of life. After 7 weeks, patients experience increased vitality and energy. The therapy stimulates the body to enhance its own arteries.

# COMMUNITY RESOURCES/SERVICE AGENCIES

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## **UPLAND HILLS HEALTH (Cont.)**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000

**Therapy and Wellness Center:** State of the art work-out and fitness center available to the public as well as patients. Managed by Upland Hills Health therapy staff, the Wellness Center offers a variety of wellness therapies – from yoga to massage therapy.

**Birthing Unit:** Growing birthing unit and services utilizes the skills of over a dozen doctors specializing in obstetrics. Growing families are supported by new parent, sibling and breast feeding classes. Spacious birthing suites offer a comfortable environment for the entire family.

## **WI COUNCIL OF THE BLIND (WCB)**

[www.wcblind.org](http://www.wcblind.org)

754 Williamson Street  
Madison, WI 53703  
(800) 783-5213 or (608) 255-1166

The Wisconsin Council of the Blind is a private, not-for-profit agency providing services to the blind and visually impaired people of Wisconsin.

Services provided include: assistive devices at cost, free white canes, rehabilitation teaching, low vision services, low interest loans, scholarships, speaker's bureau, legislative advocacy, referrals and assistive technology training.

# COUNSELING AND SUPPORT GROUPS

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## **AGRACE HOSPICE CARE**

[www.agrace.org](http://www.agrace.org)

5395 E. Cheryl Parkway  
Fitchburg, WI 53711  
(608) 276-4660

Beginning June 1, 2013, people in southern Wisconsin will have a new, highly experienced choice for receiving hospice services and palliative care: Agrace. Founded in Madison as “HospiceCare, Inc.,” in 1978, Agrace is a local, nonprofit health care agency that has provided end-of-life care and related services to people in the greater Madison and Janesville communities for 35 years.

Agrace offers specialized pain and symptom management and other services to help increase patients’ comfort and reduce their stress during any stage of a serious illness. These services include palliative care consultations, hospice care and grief support, as well as educational services related to advanced illness.

Agrace cares for people of all ages, including children, and honors the distinctive cultural and spiritual practices of all people. Community donations to the Agrace Foundation help ensure that Agrace can offer services to every eligible patient in this area, including those who are not covered by Medicare, Medicaid or private insurance and cannot afford to pay for the care they need.

Agrace complements its professional care with the service of specially trained volunteers, who donate more than 70,000 hours a year as caring companions to patients or in staff support roles at Agrace’s facilities in Fitchburg, which include the Don & Marilyn Anderson HospiceCare Center and Ellen & Peter Johnson Residence. Volunteer support allows Agrace to provide more robust and extensive services than could be offered with staff alone.

For more information about Agrace and how they can help ease the pain and stress of serious illness, call (608) 276-4660 or visit [www.agrace.org](http://www.agrace.org).

Agrace is a nonprofit, community-based hospice and palliative care agency dedicated to providing exceptional care and support to patients and families facing the challenges of serious illness. With offices in Madison and Janesville, Agrace serves more than 650 patients every day in southern Wisconsin.

# COUNSELING AND SUPPORT GROUPS

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## **EPILEPSY FOUNDATION HEART OF WISCONSIN**

205 N. Main, Suite 106  
Janesville, WI 53545  
(800) 693-2287

info@epilepsywisconsin.org  
www.epilepsywisconsin.org

The Epilepsy Foundation Heart of Wisconsin has a variety of programs to address client needs. If you have any questions about the programs and services listed below, please e-mail us at: [info@epilepsywisconsin.org](mailto:info@epilepsywisconsin.org) or call us toll-free at (800) 693-2287.

**Advocacy and Counseling:** Involves assisting clients with legal problems, discrimination cases, housing, employment, driver's licensing, insurance, personal problems, everyday living, and one-to-one support.

**Brain Trauma:** The Epilepsy Foundation Heart of Wisconsin office gives information and makes referrals for clients who have experienced a traumatic brain injury. There is a separate telephone number they can call and the Epilepsy Foundation Heart of Wisconsin will give them information so they can maximize the services available.

**Educational Seminars:** This program helps people with epilepsy build their self-confidence and improve their job search techniques. The individual's seizure activity is an important element along with learning to understand the medical/social aspects of epilepsy and being able to present them positively to an employer.

**Information and Referral:** Information about epilepsy is sent out, when requested, and client names are added to the mailing list to receive the Epilepsy Foundation Heart of Wisconsin newsletter. In many cases, clients need to be referred to other agencies for additional services. Epilepsy Foundation Heart of Wisconsin is able to coordinate with other agencies and can help the client get the assistance they need as quickly and efficiently as possible.

# COUNSELING AND SUPPORT GROUPS

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**EPILEPSY FOUNDATION  
HEART OF WISCONSIN (Cont.)**

205 N. Main, Suite 106  
Janesville, WI 53545  
(800) 693-2287

info@epilepsywisconsin.org  
www.epilepsywisconsin.org

**Legislative Updates:** The Epilepsy Foundation Heart of Wisconsin receives updates on local, state and national legislation, especially when it relates to people who have disabilities. We relay this information to our clients and professionals through our newsletter and community education presentations.

**Professional In-Services:** Educational programs about epilepsy are presented to interested employers, service agencies, rescue squads, teachers, group home workers, etc.

**School Alert:** Presentations are given in area schools to all grade levels explaining what epilepsy is, medical and psychological aspects of epilepsy, first-aid procedures and prevention. There are videotapes, which go with the presentations, which are geared for the appropriate age levels. Programs always allow time for the students to ask questions.

**Speaker's Bureau Programs:** Informational programs are available to clubs, churches, businesses, and other community organizations requesting a presentation. Their purpose is to help the general public understand the different aspects of epilepsy and to explain the services available through our agency.

# COUNSELING AND SUPPORT GROUPS

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## **HOME HEALTH UNITED HOSPICE**

[www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
Baraboo, WI 53913  
(608) 241-6900  
(800) 924-2273

Hospice Residential Facility  
St. Clare Hospice House  
915 – 12<sup>th</sup> Street  
Baraboo, WI 53913

Hospice is a special type of care for people who are facing serious illness and who have a limited life expectancy. Hospice patients can receive services in the environment they choose. The hospice team will come to their own home, the home of a family member, a nursing home, senior apartments or assisted living facility. The Home Health United Hospice team works closely with patients and families to identify their goals and priorities, and to develop a plan to achieve those.

Hospice providers are experts in managing symptoms such as pain, breathing difficulty, and anxiety. They are also skilled in providing emotional and spiritual support to patients and families as death is approaching. Home Health United Hospice staff is dedicated to helping individuals facing terminal illness to experience the best quality of life possible.

### **The Hospice Team:**

- Skilled Nursing
- Physician Oversight
- Medical Social Services
- Home Health Aides
- Bereavement/Grief Services
- Spiritual Counseling
- Volunteers
- Physical, Occupational and Speech Therapy

**Eligibility:** People are often eligible for hospice when they are facing the end-stage of a chronic illness, their health status is declining, or their disease is progressing and not responding to curative treatments. Hospice serves patients with a variety of diagnoses including heart, lung, kidney or liver disease; end stage dementia/Alzheimer's disease, ALS, Parkinson's disease;

# COUNSELING AND SUPPORT GROUPS

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## **HOME HEALTH UNITED HOSPICE (Cont.)** [www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
Baraboo, WI 53913  
(608) 241-6900  
(800) 924-2273

Hospice Residential Facility  
St. Clare Hospice House  
915 – 12<sup>th</sup> Street  
Baraboo, WI 53913

cancer and other debilitating or life limiting conditions. Patients of all ages benefit from hospice services.

Symptoms that might indicate the need for Home Health United Hospice:

- Uncontrolled Pain
- Weight Loss
- Physical Deterioration
- Shortness of Breath
- Repeat ER Visits
- Frequent Falls
- Decreased Appetite
- Swallowing Difficulty
- Lethargic or Sleeping More Often

**Referral to Hospice:** Anyone can refer a patient to hospice services. If it is not clear if a patient qualifies for hospice services, call for a free informational visit. During the visit, Home Health United Hospice staff will provide information to the patient and family and answer any questions regarding Hospice services.

**Payment for Services:** The Medicare hospice benefit covers the services hospice provides. In addition, the benefit pays for many types of home medical equipment including hospital beds. Medications related to the terminal illness are generally covered when approved by the hospice team. Many HMOs and private insurance companies also provide coverage for hospice services. Our staff can assist in determining insurance coverage.

## COUNSELING AND SUPPORT GROUPS

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**HOME HEALTH UNITED HOSPICE (Cont.)** [www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
Baraboo, WI 53913  
(608) 241-6900  
(800) 924-2273

Hospice Residential Facility  
St. Clare Hospice House  
915 – 12<sup>th</sup> Street  
Baraboo, WI 53913

**Volunteer Opportunities:** Volunteers provide valuable services ranging from direct patient contact to administrative support and fundraising. Training is provided and staff is always available to support volunteer needs. Contact the Volunteer Coordinator at (877) 356-4514 or [volunteers@hhuvns.org](mailto:volunteers@hhuvns.org) for more information.

**Community Grief Support:** Home Health United offers a variety of community grief support groups. Grief support groups run throughout the year. Visit our website at [www.homehealthunited.org](http://www.homehealthunited.org) or call (877) 356-4514 for information on dates, times and locations in your community.

# COUNSELING AND SUPPORT GROUPS

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)

8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane

Lancaster, WI 53813

(608) 723-6357

**(800) 362-5717 (Crisis Line available 24-hours a day, 7-days a week)**

To request services, make a referral, or to get more information, either call or come to a Unified Community Services office.

**Community Support Program:** Unified Community Services' Community Support Program is certified by the State of Wisconsin. Services are provided utilizing a collaborative approach by psychiatrists, psychiatric mental health advance practice nurse practitioner, registered nurse, social workers, and marriage and family therapists.

Provides intensive recovery focused treatment, support and rehabilitation to persons who have a serious mental illness. The program's goals include improving psychiatric stability, reducing the need for hospitalizations, reducing the stigmatizing effects of mental illness and promoting independence and community integration.

**Key Program Components:** Crisis intervention, psychotherapy, medication management, psychiatric/psychological services, employment related services, social/recreational skill training and activities of daily living services.

### Assistance with:

- Applying for entitlements and vocational training
- Obtaining physical/dental health care
- Obtaining legal services
- Obtaining transportation services
- Finding affordable housing

# COUNSELING AND SUPPORT GROUPS

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)

8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane

Lancaster, WI 53813

(608) 723-6357

### Case Management, including:

- Service coordination
- Monitoring symptom status
- Supportive psychotherapy and education
- Advocacy
- Support and education for family, friends and community members

### Cost:

Consumers are not billed for Community Support Program services. We bill Medicaid and health insurance companies directly.

**Out-Patient Programs:** Unified Community Services' out-patient programs are certified by the State of Wisconsin. Services are provided utilizing a collaborative approach by licensed and certified professionals, including psychiatrists, psychiatric mental health advance practice nurse practitioner, registered nurse, clinical social workers, marriage and family therapists and certified substance abuse counselors.

**Out-Patient Mental Health Program:** Provides mental health education, prevention, intervention, outreach, support, treatment and rehabilitation services to the residents of Grant and Iowa Counties.

### Key Program Components:

- |                            |                        |
|----------------------------|------------------------|
| ➤ Assessment and Diagnosis | ➤ Family Therapy       |
| ➤ Treatment Planning       | ➤ Medication           |
| ➤ Psychotherapy            | ➤ Crisis Intervention  |
| ➤ Marital Counseling       | ➤ Prevention Education |

# COUNSELING AND SUPPORT GROUPS

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)  
8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

**Out-Patient Alcohol and Other Drug Abuse (AODA) Program:** Provides education, prevention, intervention, outreach, support, treatment and rehabilitation services. The program's intent is to help alcohol and other drug dependent individuals and families develop or regain a quality of life that will ensure dignity, respect and well-being that so often is lost in the progression of the disease of addiction.

### Key Program Components:

#### **ASSESSMENT SERVICES**

- Individual AODA Assessment
- Intoxicated Driver Program Assessment
- Court Ordered AODA Assessment

#### **TREATMENT SERVICES**

- Primary AODA Treatment  
(individual and group)
- Crisis Intervention
- Relapse Prevention
- Aftercare Counseling
- Family Sessions
- Adolescent Treatment
- Women's Group
- Referral to Self-Help Programs

**Cost:** Except for Intoxicated Driver Program assessments and court-ordered assessments, fees are on a sliding scale, based on your ability to pay. Services will not be denied if you are unable to pay. In many cases, health insurance, Medicaid or Medicare will cover some of or the entire bill. If you have insurance for which Unified Community Services is not a provider, you will be referred to your insurance company to determine which providers are part of their network. Consultation on insurance arrangements is available, and we bill insurance companies directly.

# COUNSELING AND SUPPORT GROUPS

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)

8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane

Lancaster, WI 53813

(608) 723-6357

**Alzheimer's Family and Caregiver Support Program:** Unified Community Services is the lead agency for Iowa County Alzheimer's Family and Caregiver Support Program. To be eligible, a person must have a diagnosis of Alzheimer's disease or a related disorder, and be financially eligible., Funds are made available to assist individuals to purchase services and goods related to the care of someone with Alzheimer's disease.

Typical services may include in-home help, respite care, adult day care and transportation. Goods provided have included nutritional supplements, security systems, specialized clothing, home delivered meals, hobby equipment and chair lifts.

# COUNSELING AND SUPPORT GROUPS

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## **UPLANDS COUNSELING ASSOCIATES**

1118 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2838

Uplands Counseling Associates offers individual, couples, family, adolescent and child counseling. The clinic accepts most major health insurances. We have both male and female counselors who offer a variety of specialties. A licensed psychologist provides evaluation and psychological testing. We have day and evening appointments as well as a psychiatrist who evaluates and monitors medications for our ongoing therapy clients. Please call for an appointment.

## **UPLAND HILLS HOSPICE**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7210

Upland Hills Hospice Program is a multi-disciplinary team of dedicated persons providing physical, social, spiritual, and emotional care to the patient facing death. This support is also given to the family of the terminal patient – during and after – this stressful period.

Upland Hills Hospice will try to help make the remaining days as comfortable and meaningful as possible, support a decision to remain at home, assist patient and family to deal with impending death with positive self-regard and a realistic attitude, teach personal care procedures, and help the family during the bereavement period. Upland Hills Hospice also reduces the expense to the family by paying for all medications related to the terminal illness and providing any needed medical equipment.

The Grief Support Group meets the second Tuesday of each month from 5:30 – 6:30 p.m., at Upland Hills Health.

# CRISIS INTERVENTION

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## **FAMILY ADVOCATES, INC.**

202 N. Main Street  
Dodgeville, WI 53533  
(Use Merrimac Street Entrance)  
(608) 930-1636 or (608) 778-8714

P.O. Box 705  
Platteville, WI 53818  
(608) 348-5995

24-Hour Crisis Line: (800) 924-2624 or (608) 348-3838

Family Advocates, Inc., provides services for victims of domestic violence, sexual assault, child and elder abuse. Services include a 24-hour crisis line, (800) 924-2624, emergency shelter, crisis advocacy, crisis prevention and intervention, support groups, legal advocacy and more.

Family Advocates, Inc., serves residents of Grant, Iowa and Lafayette counties. All services are free and confidential. Speakers are available for community organizations.

## **PASSAGES, INC.**

P.O. Box 546  
Richland Center, WI 53581  
(608) 647-6317  
(800) 236-HEAL (4325): 24-Hour Crisis Line

Passages provides services to ALL survivors of domestic violence and sexual assault regardless of race, age, sex, religion, color, handicap, physical condition, developmental disability, sexual preference or national origin.

# CRISIS INTERVENTION

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## **PASSAGES, INC. (Cont.)**

P.O. Box 546  
Richland Center, WI 53581  
(608) 647-6317  
(800) 236-HEAL (4325): 24-Hour Crisis Line

Passages services include:

**Emergency Shelter:** Safe, comfortable living environment where shelter, food, clothing and options counseling are provided for up to 30 days.

**24-Hour Crisis Line:** Including a toll-free number.

**Counseling:** Weekly support groups, short-term walk-in counseling for support and problem solving.

**Advocacy:** Assistance with the courts and social services, emergency medical support response.

**Information, Referral and Follow Up:** Guidance with community agencies/resources to assist with long-term change/support.

**Community Education:** Presentations to educate and sensitize the public, in-service training for area professionals.

**Volunteer Opportunities:** Training for crisis line/shelter staffing, child care, fund raising, and maintenance.

**Ada James Place:** Section 8 Housing for low income families and transitional housing program to serve the needs of families beyond 30 days of emergency shelter.

# CRISIS INTERVENTION

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## **UNIFIED COMMUNITY SERVICES**

1122 Professional Drive  
Dodgeville, WI 53533  
(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)  
8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane  
Lancaster, WI 53813  
(608) 723-6357

To request services, make a referral, or to get more information, either call or come to a Unified Community Services office.

**Service Area:** If you live in Grant and Iowa Counties, you may be eligible to receive services from Unified Community Services, which is funded in part by Grant and Iowa Counties.

**Emergencies:** You can reach help in an emergency 24-hours a day, seven days a week by calling (800) 362-5717. Unified Community Services' emergency services program is certified by the State of Wisconsin.

**Community Support Program:** Unified Community Services' Community Support Program is certified by the State of Wisconsin. Services are provided utilizing a collaborative approach by psychiatrists, psychiatric mental health advance practice nurse practitioner, registered nurse, social workers, and marriage and family therapists.

Provides intensive recovery focused treatment, support and rehabilitation to persons who have a serious mental illness. The program's goals include improving psychiatric stability, reducing the need for hospitalizations, reducing the stigmatizing effects of mental illness and promoting independence and community integration.

**Key Program Components:** Crisis intervention, psychotherapy, medication management, psychiatric/psychological services, employment related services, social/recreational skill training and activities of daily living services.

# CRISIS INTERVENTION

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## **UNIFIED COMMUNITY SERVICES (Cont.)**

1122 Professional Drive

Dodgeville, WI 53533

(608) 935-2776

Hours: 8:00 a.m. – 6:30 p.m. (M)

8:00 a.m. – 4:30 p.m. (T/W/TH/F)

200 W. Alona Lane

Lancaster, WI 53813

(608) 723-6357

### Assistance with:

- Applying for entitlements and vocational training
- Obtaining physical/dental health care
- Obtaining legal services
- Obtaining transportation services
- Finding affordable housing

### Case Management, including:

- Service coordination
- Monitoring symptom status
- Supportive psychotherapy and education
- Advocacy
- Support and education for family, friends and community members

### Cost:

Consumers are not billed for Community Support Program services. We bill Medicaid and health insurance companies directly.

# EMERGENCY RESPONSE SYSTEMS

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## **ENERGYCARE MAIN STREET MESSENGER**

Richland Electric Cooperative  
1027 N. Jefferson Street  
Richland Center, WI 53581  
(608) 647-3173

## **LIFELINE-PERSONAL EMERGENCY RESPONSE**

Upland Hills Home Care  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

Personal Emergency Response is an electronic message system that utilizes the telephone to dial for help should the person push their Help button. The Help button is a pendant that works on either a neck chain or bracelet.

There is an initial installation fee and monthly payments thereafter. The small monthly fee provides peace of mind and a sense of security for Lifeline users, who know that they can receive help at the touch of a button. There are also several options available in addition to the personal Emergency Response System to assist our elderly in remaining for longer periods in their homes and in the community. Please call for further information on the options available.

# GERIATRIC ASSESSMENT CLINICS

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## **DEAN CLINIC/DEAN HEALTH SYSTEMS**

1313 Fish Hatchery Road  
Madison, WI  
(608) 252-8020

For more information, please call.

## **RICHLAND MEDICAL CENTER**

Richland Area Geriatric Assessment Clinic  
301 E. Second Street  
Richland Center, WI 53581  
(608) 647-6161

The mission of the Richland Area Geriatric Assessment Clinic is provision of comprehensive multi-disciplinary assessment, diagnosis and treatment recommendations for elderly individuals to maintain and enhance maximum cognitive, physical and psychosocial function.

Contact the Richland Medical Center at (608) 647-6161, Memory Clinic appointment desk.

## **SENIOR BEHAVIORAL SCIENCES**

Southwest Health Center  
1185 N. Elm Street  
Platteville, WI 53818  
(608) 348-3656

Southwest Health Center Senior Behavioral Sciences is a program designed to treat the mental health needs of southwest Wisconsin. There are four basic programs offered.

# GERIATRIC ASSESSMENT CLINICS

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## **SENIOR BEHAVIORAL SCIENCES (Cont.)**

Southwest Health Center  
1185 N. Elm Street  
Platteville, WI 53818  
(608) 348-3656

**In-Patient:** The in-patient program treats people over the age of 55 who are experiencing acute psychiatric conditions. The symptoms may include acute agitation, anxiety, depression, aggressiveness, bi-polar disorder, trouble sleeping, hallucinations, mood swings, psychosis, suicidal or homicidal thoughts, and medication difficulties.

The average length stay in the in-patient program is approximately 10 days. During a patient's stay, he/she will have daily visits with a psychiatrist. Other treatment team staff members include a medical doctor, social worker, nurses, and activity therapist. Professionals from other departments, such as dietitians, physical, occupational and speech therapists are also available.

**Out-Patient Program:** The out-patient program provides mental health services for children age 6 and older, teens, adults and seniors.

These include psychiatric evaluation, medication and psychotherapy.

**Intensive Out-Patient Program:** The IOP is for patients age 55 years and older who are experiencing emotional difficulties but do not require the intense level of therapy needed for in-patient psychiatric services. The program consists of approximately six hours of educational and supportive therapy sessions per week. Focus is on relationships, communication and expression of feelings. Participants will receive guidance with changing unhealthy thoughts and behaviors, as well as developing coping strategies to improve one's sense of well-being.

**Memory Diagnostic Clinic:** Affiliated with WI Alzheimer's Institute, our program provides services for the early diagnosis and treatment of dementia. Patients will see the Psychiatrist, Social Worker, and Psychologist for a total of about two hours during the visit.

For more information or to make an appointment for any of the Senior Behavioral Sciences services, please call (608) 348-3656.

# GERIATRIC ASSESSMENT CLINICS

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## **UW HOSPITAL AND CLINICS**

[www.uwhealth.org](http://www.uwhealth.org)

Memory Assessment Clinic  
University Station Clinic  
2880 University Avenue  
Madison, WI 53705  
(608) 263-7740  
(608) 262-6048 (fax)

Age has its privileges, and one of them should be having a health care team that understands the needs of older adults and their families. At the UW Hospital Older Adult and Geriatrics Clinic, our staff are experts at helping people age 60 and older to preserve good health, prevent disease and successfully manage chronic health problems so they can enjoy life to the fullest.

Our team includes physicians, nurses and social workers as well as a dietitian, pharmacist and physical therapist. In addition to offering ongoing care, we are especially adept at addressing complex concerns that affect aging adults, including falls, forgetfulness and osteoporosis.

Along with routine care, our clinic offers five programs to meet special needs:

- Geriatrics Clinic at the UW-Health East Clinic and University Station
- Osteoporosis – (Endocrine Clinic at UW-Health West Clinic)
- Memory Assessment (Geriatrics Clinic at University Station)
- Mobility Assessment (Geriatrics Clinic at University Station and East Clinic)
- Geriatric Assessment (University Station and East Clinic)

(Also, too, refer to [www.uwhealth.org/geriatrics](http://www.uwhealth.org/geriatrics). The University Station clinic does not have the osteoporosis clinic.)

# GERIATRIC ASSESSMENT CLINICS

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## **WILLIAM S. MIDDLETON VETERAN'S HOSPITAL**

Geriatric Research, Education Clinic Center  
2500 Overlook Terrace  
Madison, WI  
(608) 256-1901 (ext. 17000)

For more information, please call.

# IN-HOME SERVICES

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## **AGRACE HOSPICE CARE**

[www.agrace.org](http://www.agrace.org)

5395 E. Cheryl Parkway  
Fitchburg, WI 53711  
(608) 276-4660

Beginning June 1, 2013, people in southern Wisconsin will have a new, highly experienced choice for receiving hospice services and palliative care: Agrace. Founded in Madison as “HospiceCare, Inc.,” in 1978, Agrace is a local, nonprofit health care agency that has provided end-of-life care and related services to people in the greater Madison and Janesville communities for 35 years.

Agrace offers specialized pain and symptom management and other services to help increase patients’ comfort and reduce their stress during any stage of a serious illness. These services include palliative care consultations, hospice care and grief support, as well as educational services related to advanced illness.

Agrace cares for people of all ages, including children, and honors the distinctive cultural and spiritual practices of all people. Community donations to the Agrace Foundation help ensure that Agrace can offer services to every eligible patient in this area, including those who are not covered by Medicare, Medicaid or private insurance and cannot afford to pay for the care they need.

Agrace complements its professional care with the service of specially trained volunteers, who donate more than 70,000 hours a year as caring companions to patients or in staff support roles at Agrace’s facilities in Fitchburg, which include the Don & Marilyn Anderson HospiceCare Center and Ellen & Peter Johnson Residence. Volunteer support allows Agrace to provide more robust and extensive services than could be offered with staff alone.

For more information about Agrace and how they can help ease the pain and stress of serious illness, call (608) 276-4660 or visit [www.agrace.org](http://www.agrace.org).

Agrace is a nonprofit, community-based hospice and palliative care agency dedicated to providing exceptional care and support to patients and families facing the challenges of serious illness. With offices in Madison and Janesville, Agrace serves more than 650 patients every day in southern Wisconsin.

# IN-HOME SERVICES

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## **COMFORT KEEPERS**

5396 King James Way, Suite 210  
Madison, WI 53711  
(608) 442-1898  
(608) 437-3620

At Comfort Keepers, nothing is more important than helping people live full, independent and dignified lives within the comfort of their own homes. Comfort Keepers is dedicated to providing in-home care that enriches our clients' lives and helps them maintain the highest possible level of independent living.

Comfort Keepers provide you or a loved one in-home assistance that may include:

- Companionship
- Meal preparation
- Transportation to doctor appointments or other commitments
- Light housekeeping
- Personal care services
- Skilled Nursing Services/Training
- Respite Care
- Live In Care
- Case Management Services
- Personal Emergency Response Unit (Lifeline)
- Personalized Plan of Care

Please call for more information.

# IN-HOME SERVICES

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## **ContinuUs**

[www.continuus.org](http://www.continuus.org)

28526 U.S. Highway 14  
Lone Rock, WI 53556  
(877) 376-6113  
(608) 647-4754 (fax)

123 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3388 (fax)

ContinuUs is a managed care organization that helps Wisconsin's Medicaid eligible seniors and disabled adults with supportive long-term care services. We offer long-term care services through Wisconsin's Family Care program. At ContinuUs, our great passion is helping our clients – we call them “members” – live as independently as possible and achieve the long-term care outcomes they strive for.

We do this by supporting our members with long-term care management, and by connecting our members to the supportive services available through our extensive network of service providers. Because of frailties of aging or a developmental or physical disability, many people need help accomplishing activities of daily living and caring for their health. To help, we match our members' needs with the right supportive services, such as personal care, housekeeping or transportation. Our highly qualified staff works hard to support each of our members with services individually tailored to meet their needs.

At ContinuUs, we believe that everyone deserves the chance to achieve the long-term care outcomes they strive for. We strive to empower our members so they have the chance to live as independently as possible. When someone becomes a member of ContinuUs, we stand at their side, ready with the support they need – and the connections they deserve.

For more information about ContinuUs, please visit [www.ContinuUs.org](http://www.ContinuUs.org).

# IN-HOME SERVICES

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## **HOME HEALTH UNITED**

[www.homehealthunited.org](http://www.homehealthunited.org)

470 Oak Street  
Prairie du Sac, WI 53578  
(608) 643-6103 or (800) 924-2273

Home Health United offers an integrated and comprehensive variety of services across southern Wisconsin, including home health, hospice, and home medical equipment. From hospital to home, Home Health United's experts are there to provide care for you or your family member.

Our services include nursing, physical/occupational/speech therapy, respiratory therapy, infusion pharmacy, medical social services, home health aides, palliative care, and hospice services. We also have a full line of medical equipment and supplies.

Your Home Health United team operates under the direction of your physician and the supervision of registered nurses. Payment for home health care can come from a variety of sources such as Medicare, Medicaid, private insurance or private pay.

## **HOME HEALTH UNITED HOSPICE**

[www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
Baraboo, WI 53913  
(608) 241-6900  
(800) 924-2273

Hospice Residential Facility  
St. Clare Hospice House  
915 – 12<sup>th</sup> Street  
Baraboo, WI 53913

Hospice is a special type of care for people who are facing serious illness and who have a limited life expectancy. Hospice patients can receive services in the environment they choose. The hospice team will come to their own home, the home of a family member, a nursing home, senior apartments or assisted living facility. The Home Health United Hospice team works closely with patients and families to identify their goals and priorities, and to develop a plan to achieve those.

# IN-HOME SERVICES

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## **HOME HEALTH UNITED HOSPICE (Cont.)** [www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
Baraboo, WI 53913  
(608) 241-6900  
(800) 924-2273

Hospice Residential Facility  
St. Clare Hospice House  
915 – 12<sup>th</sup> Street  
Baraboo, WI 53913

Hospice providers are experts in managing symptoms such as pain, breathing difficulty, and anxiety. They are also skilled in providing emotional and spiritual support to patients and families as death is approaching. Home Health United Hospice staff is dedicated to helping individuals facing terminal illness to experience the best quality of life possible.

### **The Hospice Team:**

- Skilled Nursing
- Physician Oversight
- Medical Social Services
- Home Health Aides
- Bereavement/Grief Services
- Spiritual Counseling
- Volunteers
- Physical, Occupational and Speech Therapy

**Eligibility:** People are often eligible for hospice when they are facing the end-stage of a chronic illness, their health status is declining, or their disease is progressing and not responding to curative treatments. Hospice serves patients with a variety of diagnoses including heart, lung, kidney or liver disease; end stage dementia/Alzheimer's disease, ALS, Parkinson's disease; cancer and other debilitating or life limiting conditions. Patients of all ages benefit from hospice services.

Symptoms that might indicate the need for Home Health United Hospice:

- Uncontrolled Pain
- Weight Loss
- Physical Deterioration
- Shortness of Breath
- Decreased Appetite
- Swallowing Difficulty
- Lethargic or Sleeping More Often
- Repeat ER Visits

## IN-HOME SERVICES

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**HOME HEALTH UNITED HOSPICE (Cont.)** [www.homehealthunited.org](http://www.homehealthunited.org)

1111 Eighth Street  
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Baraboo, WI 53913

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**Payment for Services:** The Medicare hospice benefit covers the services hospice provides. In addition, the benefit pays for many types of home medical equipment including hospital beds. Medications related to the terminal illness are generally covered when approved by the hospice team. Many HMOs and private insurance companies also provide coverage for hospice services. Our staff can assist in determining insurance coverage.

**Volunteer Opportunities:** Volunteers provide valuable services ranging from direct patient contact to administrative support and fundraising. Training is provided and staff is always available to support volunteer needs. Contact the Volunteer Coordinator at (877) 356-4514 or [volunteers@hhuvns.org](mailto:volunteers@hhuvns.org) for more information.

**Community Grief Support:** Home Health United offers a variety of community grief support groups. Grief support groups run throughout the year. Visit our website at [www.homehealthunited.org](http://www.homehealthunited.org) or call (877) 356-4514 for information on dates, times and locations in your community.

# IN-HOME SERVICES

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## **HOMEWARD BOUND, INC.**

130 W. Elm Street

P.O. Box 503

Lancaster, WI 53813

(608) 723-6601

Hours: 8:00 a.m. – 4:30 p.m. (Mon. –Fri.)

Registered Nurse and Staff Supervisor

On Call 24-Hours a Day

Do you want to remain in your home...but need help? Homeward Bound can offer you an extensive range of home health care services to fulfill your needs. We provide skilled nursing, physical therapy, home health aides, and personal care workers. Personal cares may include, but are not limited to, assistance with bathing, dressing, hair care, oral care, transfer assistance, toileting assistance, etc. In addition, Homeward Bound provides home maintenance, meal preparation, cleaning, errands, shopping, supervision, companionship, overnight/weekend/24-hour care, and respite care.

Providing supportive home care and home health services to the elderly and disabled residents in Grant, Crawford, Juneau, Lafayette, Vernon, Sauk, Iowa, Richland and Columbia Counties and the surrounding areas. Homeward Bound is certified to bill Medicare, Medical Assistance, private insurance, and other county programs. We also provide care on a private pay basis.

Homeward Bound promotes individual choice, dignity and independence. Respecting individual values and preferences is our primary mission. Homeward Bound assists individuals in living in the place of their choosing.

*Providing Supportive Home Care and Home Health Services*

# IN-HOME SERVICES

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## **IOWA COUNTY DEPARTMENT OF SOCIAL SERVICES**

303 W. Chapel St., Suite 2300  
Dodgeville, WI 53533-1450  
(608) 930-9801

Supportive Home Care is a program administered by the Iowa County Department of Social Services. It involves providing funding to an individual after s/he is found to be financially and medically eligible, to enable the individual to remain in their own home. These services include interior home maintenance such as light housekeeping, laundry and shopping and exterior home maintenance such as lawn mowing and snow shoveling. No personal care is provided.

## **SOUTHWEST HOME CARE**

35A South Court Street  
P.O. Box 31  
Platteville, WI 53818  
(608) 348-4558 (Platteville)  
(608) 930-3000 (Dodgeville)  
(608) 943-2834 (Sauk City)

[www.southwesthomecareangels.com](http://www.southwesthomecareangels.com)  
[www.southwesthomecare@hotmail.com](mailto:www.southwesthomecare@hotmail.com)

Southwest Home Care provides non-medical home care to older adults and disabled persons such as meal preparation, light housekeeping, bathing, grooming and companionship services. We bring assisted living services into the home so our clients can remain living independently.

Provides assisted living services such as: laundry, companionship, meal preparation, personal cares, housekeeping, bathing and grooming, medication reminders, escort to appointments and errands and weekend, overnight and 24-hour care.

# IN-HOME SERVICES

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**STATE OF WISCONSIN**

HeidelJM@dhfs.state.wi.us

**DEPARTMENT OF HEALTH AND FAMILY SERVICES**

**OFFICE FOR THE BLIND AND VISUALLY IMPAIRED**

124-2<sup>nd</sup> Street

Room 19

Baraboo, WI 53913-2474

(608) 355-1368

(608) 355-1369 (fax)

Contact: Judi Heiden, Ph.D. – Senior Rehabilitation Specialist

The Office for the Blind and Visually Impaired provides in-home rehabilitation services at no cost for blind and visually impaired individuals to achieve their own levels of independent living. Professional Rehabilitation Specialists and Associates visit an individual's home and teach techniques and technologies in a variety of areas such as daily living skills, household management, personal care and communications. These specialized skills will allow the individual to adapt and adjust to vision loss, encouraging them to live as independently as possible. The Office also provides rehabilitation teaching in group settings. They also provide in-service training to facilities and providers of services to individuals who may have visual impairments.

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE**

Upland Hills Health  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

Upland Hills Home Care is accredited by the Joint Commission and provides professional health care in the home setting.

If you or a loved one is homebound, requires skilled care or therapy, or has other medical needs which can be met at home, you can take advantage of Upland Hills Home Care. Our patients include people recovering from surgery, seniors just released from the hospital, people recovering from severe accidents or injuries, and people with chronic progressive illnesses. Our home care services include:

### **Nursing:**

- Instructions and support for patient, family and other caregivers
- Skilled evaluation and observation
- Blood drawing
- Wound care
- Ostomy and catheter instruction and care
- Care of and instruction in IV medication therapy (see Infusion Therapy)
- Injections
- Diabetes and insulin instructions
- Tube feedings

A Registered Nurse is on-call 24-hours a day, seven days a week.

### **Home Health Aides/Personal Care Workers:**

- Assistance with bathing, dressing, walking, household tasks, and more

### **Occupational and Physical Therapy:**

- Rehabilitative exercise programs
- Assessment of activities of daily living (bathing, preparing meals, and recommendations for home modifications)
- Equipment and education to help patients adapt to short-term or permanent disabilities
- Posture and balance training
- Home therapy programs

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE (Cont.)**

Upland Hills Health  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

### **Speech Therapy:**

- Evaluation and treatment for speech and swallowing problems

### **Medical Social Worker Consultation:**

- Home assessment of psychological and social needs
- Assistance with using community resources
- Financial and health care planning

### **Infusion Therapy:**

- (Medication or nutrition given intravenously, common examples are intravenous antibiotics, hydration and pain medication)

Now, in the comfort of your home, you can have the same safety and expertise of hospital infusion therapy. You will return home to your family, to work, and to your regular routine while safely continuing your medication. Although our nurses frequently perform this service, we now offer you an even better alternative. With the proper instruction by a trained nurse, you can often perform such therapy yourself. This gives you maximum independence at minimum cost. Our nurses are trained to teach the proper procedures and work closely with you until you are comfortable with each step in the process.

### **Upland Hills Hometown Medical Equipment:**

- Rental or sale of equipment such as wheelchairs, walkers, commodes, hospital beds (too many to list)
- Nebulizers, oxygen, CPAP, BIPAP
- Store front with wound care supplies, colostomy, daily living aids and bathroom equipment – (800) 536-4158 or (608) 348-6250

# IN-HOME SERVICES

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## **UPLAND HILLS HOME CARE (Cont.)**

Upland Hills Health  
800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-7210 or (800) 774-2711

### **How to Utilize our Services:**

We accept referrals from you, a family member, your doctor, or a hospital nurse or social worker. Most home health services are covered by insurance; Medicare and Medicaid subscribers are also eligible. If you or someone you know can benefit from the convenience and comfort of home health services, call us for more information. Your questions are welcome!

Serving the counties of Iowa, Grant, Lafayette and portions of Richland and Sauk.

## **UPLAND HILLS HOSPICE**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533-0132  
(608) 930-7210 or (800) 774-2711

Comfort, care and support for you and your loved ones.

Hospice care is available to terminally ill people who no longer seek curative treatment and whose life expectancy is measured in months rather than years.

The Upland Hills Hospice program is a multi-disciplinary team of dedicated persons providing physical, social, spiritual and emotional care to the patient and their family. Our team consists of your primary physician, registered nurses, social workers, support therapists, home health aides and volunteers.

Our registered nurses provide 24-hour, 7-day per week on call assistance. We also provide any needed medical equipment and medications related to the terminal illness.

Upland Hills Hospice serves the counties of Iowa, Grant, Lafayette and portions of Richland and Sauk.

# HOUSING OPTIONS

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## **ASSISTED LIVING APARTMENTS**

### **SIENNA CREST-DODGEVILLE**

404 E. Madison  
Dodgeville, WI 53533  
(608) 935-9430

Sienna Crest-Dodgeville is a 15-suite, state licensed CBRF in Dodgeville, which provides comfort, security, and dignity in a warm, home-like atmosphere. Services and amenities include:

- Around the clock awake professional staff
- Three nutritious home cooked meals and snacks daily

Wellness Program, including:

- Medications assistance
- Health status monitoring by licensed nurse
- Frequent monitoring, assistance, and assessment during short-term illnesses
- Liaison between resident, physician and family or designated representative
- Planned therapeutic leisure activities
- Daily light housekeeping services
- Personal laundry and linen service
- Assistance or reminders with the activities of daily living (dressing, grooming, toileting, eating, bathing)
- Coordination of community health resources

The independent apartments are designed with seniors in mind. They include fully equipped modern kitchens, bathrooms with grab bars, spacious storage, clothes and linen closets, paid utilities, free on-site laundry facilities, a community room for tenant use, and safety and security features. Assisted services are available for an additional monthly fee including a meal plan and housekeeping services.

# HOUSING OPTIONS

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## **ADULT FAMILY HOME**

### **CORNERSTONE FOUNDATION**

105 W. Division Street  
Dodgeville, WI 53533  
(608) 935-1649

# HOUSING OPTIONS

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## CBRF's

### **CRESTRIDGE SENIOR LIVING OF DODGEVILLE, LLC**

Located at:

219 E. Grace Street  
Dodgeville, WI 53533  
(608) 935-0211

Elder Span Management, LLC  
1402 Pankratz Street, Suite 110  
Madison, WI 53704  
(608) 243-8800

The unique design of CrestRidge combines 42 studio-style apartments with an abundance of large, sunny social gathering areas to provide our residents with the most comfortable, home-like and independent environment possible. We have 24 frail assisted living and 16 frail memory care assisted living units.

Services include:

- Three nutritious, well-balanced meals daily
- Housekeeping and laundry services
- Medication administration and management
- Life Enrichment Program
- Local transportation
- Emergency call system
- Twenty-four hour care staff
- Twenty-four hour access to our RN's
- Handicapped accessible
- Special dietary planning
- Short-term (respite) care

# HOUSING OPTIONS

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## CBRF's

### **PINE LAWN GROUP HOME**

535 Spring Street  
Highland, WI 53543  
(608) 929-7512

Pine Lawn is an 8-bed facility licensed by the State of Wisconsin as a class "C" Community Based Residential Facility. The license provides care of the developmentally disabled and the aging population.

Pine Lawn provides:

- Individual programming to maintain and encourage independence
- Three home cooked meals with daily snacks
- RN on staff
- Health monitoring
- Medication management and administration
- Assistance with areas of daily living
- Leisure activities
- Personal laundry
- Housekeeping

Pine Lawn has an interconnected smoke detector and sprinkler system. Contact Upland Point Corporation (Rebecca Bober) at (608) 751-9235 for further information. Visits are welcome and encouraged.

# HOUSING OPTIONS

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## CBRF's

### **SIENNA CREST-DODGEVILLE**

404 E. Madison Street  
Dodgeville, WI 53533  
(608) 935-9430

Sienna Crest-Dodgeville is a 15-suite, state licensed CBRF in Dodgeville, which provides comfort, security, and dignity in a warm, home-like atmosphere. Services and amenities include:

- Around the clock awake professional staff
- Three nutritious home cooked meals and snacks daily

Wellness Program, including:

- Medications assistance
- Health status monitoring by licensed nurse
- Frequent monitoring, assistance, and assessment during short-term illnesses
- Liaison between resident, physician and family or designated representative
- Planned therapeutic leisure activities
- Daily light housekeeping services
- Personal laundry and linen service
- Assistance or reminders with the activities of daily living (dressing, grooming, toileting, eating, bathing)
- Coordination of community health resources

The independent apartments are designed with seniors in mind. They include fully equipped modern kitchens, bathrooms with grab bars, spacious storage, clothes and linen closets, paid utilities, free on-site laundry facilities, a community room for tenant use, and safety and security features. Assisted services are available for an additional monthly fee including a meal plan and housekeeping services.

# HOUSING OPTIONS

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## CBRF's

### **SIENNA CREST-MINERAL POINT**

210 Copper Street  
Mineral Point, WI 53565  
(608) 987-4565

Sienna Crest is an assisted living home that highlights independence and home comforts in a secure setting. Because of our home's design and the specialized training staff receive, Sienna Crest can provide care to seniors with Alzheimer's Disease and other dementias. Residents at Sienna Crest receive:

- Round the clock staffing by caregiving professionals
- Individualized care programs
- Specialized care for those with Alzheimer's Disease and other memory impairments
- Individual rooms with private bathrooms
- Medication administration
- Assistance with personal cares
- Health monitoring by a registered nurse
- Social and other activities
- Nutritionally balanced meals

Sienna Crest also provides respite care. For additional information, please contact the Residence Manager.

# HOUSING OPTIONS

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## NURSING HOMES

### **BLOOMFIELD HEALTHCARE & REHABILITATION CENTER**

b.manor@mhtc.net

3151 County Road CH  
Dodgeville, WI 53533  
(608) 935-3321

Bloomfield Healthcare & Rehabilitation Center is an 85-bed, non-profit, skilled nursing facility located six miles west of Dodgeville. Individual resident needs are addressed through a variety of programs including rapid rehabilitation with physical therapy, occupational therapy, and speech therapy, general skilled nursing including intravenous therapy, Alzheimer and dementia care, adult day care and hospice services. Registered nurses provide skilled care services 24-hours per day.

The facility is certified for: Medicare reimbursement, Medicaid reimbursement, and Veteran's services reimbursement for qualified residents. Assistance with insurance billing is offered to all residents.

Bloomfield offers multi-level Alzheimer's and related dementia care. Both a 10-bed unit, "Dove's Wing North," designed to meet the needs of the early stage Alzheimer's client as well as a 16-bed unit, "Dove's Wing East," designed to meet the physical and emotional needs of the later stage Alzheimer's clients are available at no additional charge from the standard facility rate. The units offer a home-like atmosphere and specially trained personnel.

Area physicians visit Bloomfield Healthcare & Rehabilitation Center for resident appointments. Activity professionals provide a wide range of programs and opportunities for growth and entertainment. The dietary department provides home-cooked meals daily. Laundry and housekeeping services are also part of the daily room rate. The facility is newly remodeled and is air conditioned. A chapel and meditation center has been recently adjoined to the facility.

Located in the scenic Uplands area, Bloomfield Healthcare & Rehabilitation Center is fringed by trees and rural farmlands. Residents are encouraged to spend as much time as they like outdoors and enjoy beautiful scenery in every season.

# HOUSING OPTIONS

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## NURSING HOMES

### **MINERAL POINT CARE CENTER**

[www.mineralpointcare.com](http://www.mineralpointcare.com)

109 N. Iowa Street  
Mineral Point, WI 53565  
(608) 987-2381  
(608) 987-2365 (fax)

The Mineral Point Care Center is a quaint, skilled nursing facility nestled in historic Mineral Point and serving the citizens of Mineral Point and surrounding communities for over 40 years.

We offer physical, occupational and speech services on an in-patient and out-patient basis. We accept Medicaid, Medicare, private pay, insurances and also have a VA contract. Our staff is knowledgeable, compassionate and dedicated to the residents we serve.

Our facility has mostly private rooms. Please call or stop by for a tour!

### **UPLAND HILLS NURSING & REHABILITATION CENTER**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7600

Upland Hills Nursing & Rehabilitation Center is a 44-bed skilled, rehab, subacute, and long-term nursing facility committed to providing professional and quality service in a caring and compassionate manner for people who require long-term, sub-acute nursing care or who require rehabilitation services to return to independent living.

# HOUSING OPTIONS

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## NURSING HOMES

### **UPLAND HILLS NURSING & REHABILITATION CENTER (Cont.)**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7600

Upland Hills Nursing & Rehabilitation Center's comprehensive services include 24-hour Registered Nurse coverage, close supervision, group and individual activities, healthy meals, socialization with peers and dedicated volunteers, recreation and exercise, personal care assistance, counseling, intergenerational involvement, religious worship services, reality orientation and more.

Upland Hills Nursing & Rehabilitation Center is owned and operated by the Upland Hills Health. Upland Hills Nursing & Rehabilitation Center is:

- Medical Assistance approved
- Medicare certified for skilled rehabilitation or skilled nursing care
- Accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO), Long-Term Care Division and
- Member of the Wisconsin Association of Homes and Services for the Aging

As partners with the Upland Hills Health, the Upland Hills Nursing & Rehabilitation Center utilizes the hospital's services, including occupational, physical and speech therapies. Therapists work with residents to prepare a thorough initial assessment and then to implement a plan for care. With the hospital, Upland Hills Nursing & Rehabilitation Center has an active Interdisciplinary Care Planning Committee that includes a team of professional caregivers, residents and their families who plan individualized, ongoing care.

# HOUSING OPTIONS

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## **NURSING HOMES**

### **UPLAND HILLS NURSING & REHABILITATION CENTER (Cont.)**

800 Compassion Way  
P.O. Box 800  
Dodgeville, WI 53533  
(608) 930-7600

Upland Hills Nursing & Rehabilitation Center offers flexible lengths of stay, respite (short-term), rehab or long-term care. Services are particularly useful for adults who may be physically impaired, socially impaired or isolated, mentally confused, in need of assistance with personal care, have needs to rehabilitate following orthopedic or other major surgery, may have suffered a cardiovascular accident, or limited in his or her ability to function independently in the community. We have outdoor courtyards with bird and squirrel feeders, gardens, flowers and fountains that are easily accessed and enjoyed by our residents.

#### **Emphasis on on-site hospital services:**

- Lab
- Radiology
- Cancer Care

#### **Emphasis on neighborhood concept:**

- 4 households with 11 residents per household
- Each household has a separate living room, dining area, parlor and porch with shared patio and gardens between two households.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

(608) 935-5746  
(800) 523-5800

A community service organization to better the lives of older Americans through service, advocacy, education and volunteer efforts. AARP's mission in the areas of community service include: legislative and voter education efforts, health care and quality of life issues, older workers' rights and retirement planning, and exploring the future roles of older Americans in society.

Area programs sponsored by AARP include: Live at 55, Tax-Aide and SHARE.

AARP has monthly meetings generally held on the third Tuesday of each month. For more information, contact Rosalie Zweifel at (608) 935-5746.

## **BENEFIT SPECIALIST SERVICES**

Aging & Disability Resource Center (ADRC)  
of Southwest Wisconsin  
Elder and Disability Benefit Specialists  
303 W. Chapel Street, Suite 1300  
Dodgeville, WI 53533  
(608) 930-9835

The Benefit Specialist is a trained advocate with legal backup. They can provide counseling on matters pertaining to benefit programs, health insurance, and other benefit related information. They may also act as a representative for seniors at hearings. The service is available at contact sites throughout the county. These contact sites are published monthly in the newsletter, News & Views. The Benefit Specialist will make home visits when necessary and they also maintain regular office hours at the Aging & Disability Resource Center. Please call (608) 930-9835 for an appointment. There is no charge, but donations are accepted.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **BOARD ON AGING AND LONG TERM CARE**

1402 Pankratz Street, Suite 111  
Madison, WI 53704-4001  
(800) 815-0015  
[www.longtermcare.wi.gov](http://www.longtermcare.wi.gov)

An ombudsman protects and promotes the rights of long term care consumers, working with consumers and their families to achieve quality care and quality of life.

The Ombudsman provides services to persons age 60 and older who are consumers of Wisconsin long term care programs. The Ombudsman provides advocacy to all residents and tenants of Wisconsin nursing homes, Community Based Residential Facilities (CBRF's), Residential Care Apartment Complexes (RCAC's), and persons served by the Community Options Program and Family Care/Partnership programs.

## **COALITION OF WISCONSIN AGING GROUPS (CWAG)**

[www.cwag.org](http://www.cwag.org)

2850 Dairy Drive, Suite 100  
Madison, WI 53718-6751  
(608) 224-0606

The Coalition of Wisconsin Aging Groups, a grassroots membership organization directed by seniors, pursues justice and quality of life for people of all ages through legal and legislative advocacy, education and leadership development.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **LEGAL ACTION OF WISCONSIN**

31 S. Mills Street

P.O. Box 259686

Madison, WI

(608) 256-3304

(800) 362-3904

Hours: 9:00 a.m. – 5:00 p.m. (Mon. – Fri.)

Initial screening and interview by telephone.

Free non-criminal legal assistance for individuals with incomes of up to 187.5% of poverty. Emphasis on housing law, consumer law, utility law, public benefits, including SSI, Social Security, Medicare, Medicaid, W-2, Food Stamps, family law and education. Serving: Iowa, Lafayette and Sauk counties.

## **OFFICE OF THE COMMISSIONER OF INSURANCE**

[www.oci.wi.gov](http://www.oci.wi.gov)

125 S. Webster Street

P.O. Box 7873

Madison, WI 53707-7873

(608) 266-0103

(800) 236-8517

The Office of the Commissioner of Insurance (OCI) publishes over 30 consumer guides (some available in Spanish) to insurance and investigates complaints received concerning any type of insurance. Contact OCI via telephone, e-mail, or postal mail to receive any of our information. The Office was created by the Legislature in 1871, and was given broad powers to ensure that the insurance industry responsibly and adequately met the insurance needs of Wisconsin citizens. Today, OCI's mission is to lead the way in informing and protecting the public and responding to its insurance needs.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **CONSUMER PROTECTION**

WI Dept. of Trade and Consumer Protection  
2811 Agriculture Drive  
P.O. Box 8911  
Madison, WI 53708-8911

Investigates consumer complaints. Other investigative agencies include:

### **DATCP (Department of Agriculture, Trade & Consumer Protection)**

(800) 422-7128

- General consumer complaints (auto repairs, pyramid schemes, investment opportunities, telemarketing, fraud, Internet fraud, landlord/tenant, sweepstakes, travel scams, charitable solicitors, etc.).
- Consumers can also call DATCP to find out if there are any complaints against a company.

### **DFI (Department of Financial Institutions)**

(800) 452-3328 or (608) 264-7969

- All questions and/or complaints regarding banks, credit unions, credit cards, debt collection agencies, mortgage companies, investments.

### **DOT (Division of Motor Vehicles) (Department of Transportation)**

(608) 266-1425

- All questions and/or complaints regarding car dealerships (new and used), Lemon Law.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **CONSUMER PROTECTION (Cont.)**

WI Dept. of Trade and Consumer Protection  
2811 Agriculture Drive  
P.O. Box 8911  
Madison, WI 53708-8911

## **OCI (Office of the Commission of Insurance)**

(800) 236-8517 or (608) 266-0103

- All questions and/or complaints regarding insurance companies and policies.

## **PSC (Public Service Commission)**

(800) 225-7729 or (608) 266-2001

- All questions and/or complaints regarding Public Utility companies, telephone companies.

## **ELDER LAW CENTER**

Coalition of WI Aging Groups/Elder Law Center  
2850 Dairy Drive, Suite 100  
Madison, WI 53718  
(800) 488-2596  
(608) 224-0606

[www.cwag.org](http://www.cwag.org)

Provides information, referral and assistance to anyone having questions relating to elder financial abuse, ID theft and Medicare fraud.

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **PREVENTION OF JUNK MAIL/ TELEMARKETING CALLS**

[www.dmaconsumers.org](http://www.dmaconsumers.org)

To receive less commercial advertising mail and fewer unsolicited telemarketing calls, register for the Direct Marketing Association's (DMA's) Mail Preference Service (MPS) and/or DMA's Telephone Preference Service (TPS).

There are 3 ways to register for Mail Preference Service (MPS):

1. Postcard or letter, mail-in option (free):

Send a postcard or letter that includes your name, home address and signature to:

Mail Preference Service  
Direct Marketing Association  
P.O. Box 643  
Carmel, NY 15012-0643

2. Online, mail-in option (free):

Complete the online form and select "register by mail" option which will generate a unique tracking number to speed the processing of your request. Print and mail to:

Mail Preference Service  
Attn: Dept. 11813482  
Direct Marketing Assoc.  
P.O. Box 282  
Carmel, NY 10512

3. Online, option (\$5 charge)

# LEGAL SERVICES/CONSUMER PROTECTION/ ADVOCACY

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## **PREVENTION OF JUNK MAIL/ TELEMARKETING CALLS (Cont.)**

[www.dmaconsumers.org](http://www.dmaconsumers.org)

There are 3 ways to register for Telephone Preference TPS:

1. Send a postcard or letter that includes your name, home address, home telephone with area code and signature to:

Telephone Preference Service  
Direct Marketing Association  
P.O. Box 1559  
Carmel, NY 15012-1559

2. Online mail-in option (free):  
Complete the online form and select “register by mail” option which will generate a unique tracking number to speed the processing of your request.

Print and mail to:  
Telephone Preference Service  
Attn: Dept. 11813482  
Direct Marketing Association  
P.O. Box 282  
Carmel, NY 10512

3. Complete online option (\$5 charge)

### **DO NOT CALL LIST:**

State: 1-866-966-2255

National: 1-888-382-1222

# NUTRITION

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## **SENIORS UNITED FOR NUTRITION (S.U.N.) PROGRAM**

303 W. Chapel Street, Suite 1400  
Dodgeville, WI 53533  
(608) 930-9845  
Hours: 8:00 a.m. – 4:30 p.m.

The S.U.N. Program (Seniors United for Nutrition Program, Inc.) is designed to help the older person become involved with other people, enjoy better health through improved nutrition, and remain self-sufficient and independent as long as possible.

The S.U.N. Program meals provide one-third of the recommended daily dietary allowances for senior citizens. Meal reservations need to be made at least one day in advance by calling the meal site by 1:00 p.m.

Noon meals can be delivered to your home in seven communities in Iowa County, if you meet the established criteria. A week's supply of frozen meals can be provided if you live in a rural area or in a community that does not have a meal site. Call the S.U.N. meal site in your community or the main office in Dodgeville for more information.

### **Meal Locations**

|               |  |          |
|---------------|--|----------|
| Arena         | Arena Manor  | 341-6859 |
| Avoca         | Home Delivery<br>Monday/Wednesday/Friday                     | 739-2560 |
| Dodgeville    | Hidden Valley Church   | 930-9845 |
| Highland      | Grandma's Kitchen (Breakfast)<br>Fairview Apartments (Lunch) | 929-7482 |
| Linden        | Municipal Building   | 623-2800 |
| Mineral Point | Senior Center  | 987-2696 |
| Rewey         | Rewey Fire Station   | 943-6161 |

**Fee: Donations are encouraged.**

# TRANSPORTATION

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## **AGING & DISABILITY RESOURCE CENTER (ADRC) OF SOUTHWEST WISCONSIN**

303 W. Chapel Street

Suite 1300

Dodgeville, WI 53533

(608) 930-9835

Hours: 8:00 a.m. – 4:30 p.m. (Mon.-Fri.)

**Driver Escort:** A door-to-door medical transportation service provided by volunteers. Persons 60+ and/or disabled are eligible for services. A fee is charged the user based on round trip mileage. At least 48-hour reservation notice is appreciated. For reservations, call (608) 930-9835.

**Care-A-Van:** A 15-passenger, wheelchair lift-equipped, mini bus used for transportation needs such as shopping, nutrition, social outings, medical appointments and business transactions. Persons 60+ and/or disabled are eligible for this service and are given an opportunity to donate. The general public may also use this service on a cost of service basis. The bus runs on a fixed schedule. This schedule is published monthly in the Aging & Disability Resource Center (ADRC) of Southwest Wisconsin newsletter, "News and Views." Twenty-four hour advance reservation requested. Telephone (608) 930-9835 for scheduling, questions, or to place reservations.

# TRANSPORTATION

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## **DISABLED PARKING IDENTIFICATION PERMITS**

[www.dot.state.wi.us](http://www.dot.state.wi.us)

Wisconsin Department of Transportation  
Special Plates Unit  
P.O. Box 7306  
Madison, WI 53707-7306  
(608) 266-3041

Any person certified by an authorized health care specialist as having a permanent or temporary disability that impairs mobility is eligible for the disabled parking ID card. By legal definition, this includes any person who:

- Cannot walk 200 feet or more without stopping to rest
- Cannot walk without the use of, or assistance from, another person or brace, cane, crutch, prosthetic device, wheelchair or other assistance device
- Is restricted by lung disease to the extent that forced expiratory volume for 1 second when measured by spirometry is less than one liter or the arterial oxygen tension is less than 60 mm/hg on room air at rest
- Uses portable oxygen
- Has a cardiac condition to the extent that functional limitations are classified in severity as Class III or IV, according to standards accepted by the American Heart Association.
- Is severely limited in the ability to walk due to an arthritic, neurological or orthopedic condition

For further information on how to obtain a permit, contact the Department of Transportation or visit their website.

# TRANSPORTATION

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## **LIFT**

Southwest Community Action Program (SWCAP)  
201 S. Iowa Street  
Dodgeville, WI 53533  
(608) 930-2191  
(877) 798-5438

LIFT is a transportation program of SWCAP. We offer transportation services, route planning, rides, referrals and information. We help out when others can't. Your ride with us will cost no more than 50¢ per mile. Have time and still driving? Volunteer with LIFT! Call today!

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **AGING & DISABILITY RESOURCE CENTER (ADRC) OF SOUTHWEST WISCONSIN**

303 W. Chapel Street  
Suite 1300  
Dodgeville, WI 53533  
(608) 930-9835

We need more driver escort volunteers in ALL areas of Iowa County. If you have a little time to spare, please help us out by calling the Aging & Disability Resource Center of Southwest Wisconsin office at (608) 930-9835, for an application to become a driver escort. There are no fixed hours or days that you have to be available. Any time you can spare would be greatly appreciated. Helping folks who otherwise do not have transportation for their medical needs can be a very rewarding experience.

Please contact the Aging & Disability Resource Center of Southwest Wisconsin for current rate of reimbursement.

## **FOSTER GRANDPARENT PROGRAM**

Southwest Community Action Program (CAP)  
149 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-2326

Foster Grandparent Program (FGP) provides volunteer opportunities for low income persons age 55 and over to provide tutoring, mentoring and support to special needs children. The children range in age and ability. The FGP receives Federal dollars from the Corporation of National and Community Service and State funds, which are channeled through the Bureau on Aging and Disability Resources.

### **Eligibility:**

- 55 years of age or older
- Income eligible which is revised annually
- Capable of serving special needs children
- Willing to accept supervision and flexibility in assignments
- Willing to volunteer 15-40 hours per week during the school year

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **FOSTER GRANDPARENT PROGRAM (Cont.)**

Southwest Community Action Program (CAP)  
149 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-2326

**Program Provisions:** A stipend of \$2.65 per hour for each worked, which is tax-free and will not affect eligibility for other benefit programs, such as SSI. Foster Grandparents are at their host sites 15-40 hours per week. A meal may be provided by the duty site. Assistance with payment for an annual physical is provided for by the FGP. Earned leave times are paid in accordance to hours volunteered. Paid holidays are provided.

**Training:** Foster Grandparents are provided with orientation, including experience in the stations where they will be serving. Once volunteering begins, ongoing supervision is provided by host site and monthly in-service training is provided by the FGP.

**Transportation:** Assistance with the cost of transportation is made available when possible to the grandparents for travel to and from volunteer assignments and official project activities.

Applications for the Foster Grandparent Program can be made at the Community Action Program office, 149 N. Iowa Street, Dodgeville, by calling (608) 935-2326, or via e-mail at [c.deckert@swcap.org](mailto:c.deckert@swcap.org)

For more information: [www.nationalservice.org](http://www.nationalservice.org) or [www.swcap.org](http://www.swcap.org).

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **IOWA COUNTY PUBLIC LIBRARIES**

### **Barneveld Public Library**

W. Orbison  
Barneveld, WI 53507  
(608) 924-3711

### **Cobb Library**

198 Mifflin  
Cobb, WI 53526  
(608) 623-2554

[www.swls.org](http://www.swls.org)

### **Dodgeville Public Library**

139 S. Iowa Street  
Dodgeville, WI 53533  
(608) 935-3728

### **Mineral Point Public Library**

137 High Street  
Mineral Point, WI 53565  
(608) 987-2447

[www.swls.org](http://www.swls.org)

### **Montfort Public Library**

102 E. Park Street  
Montfort, WI 53569  
(608) 943-6265

### **Village of Livingston**

Barber  
Livingston, WI 53554  
(608) 943-6800

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **IOWA COUNTY PUBLIC LIBRARIES (Cont.)**

**CHECK IT OUT AT THE LIBRARY:** This information is from the Wisconsin Valley Library Service at Wausau and is applicable throughout the state. However, not all libraries offer every service listed, so check with your own area library about specific services.

Public libraries offer materials and services for everyone; many of the services are especially helpful for older adults. Check with your area library for:

- Large print books – fiction and non-fiction books are being printed in large print.
- Books on tape – full length and abridged versions of many books are available for listening.
- Videos – movies of all kinds. For people with low vision, audio-described videos are enhanced with narration to describe visual elements without interrupting the dialogue.
- Magazines and newspapers – current issues as well as back files are in most libraries.
- Books, musical cassettes, compact discs, and more – if your library doesn't have what you want, interlibrary loan is available for borrowing from another library.
- Equipment – photocopiers, magnifiers, computers, Internet access are in some libraries.
- A reference service through which you can obtain an address, a recipe, a game score, etc.
- Home delivery – some libraries can offer home delivery of materials to the homebound.
- Talking books – are available free from the Library of Congress. Books and magazines on cassette are delivered by mail with easy-to-use equipment for listening. Contact your local library or WI Regional Library for the Blind and Physically Handicapped, 813 W. Wells Street, Milwaukee, WI 53233, telephone (800) 242-8822.

Program resources – some libraries offer “program kits” with material and ideas for group meetings.

# VOLUNTEER/EMPLOYMENT AND RECREATION OPPORTUNITIES

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## **SENIOR CENTERS**

Dodgeville Senior Center  
126 N. Iowa Street  
Dodgeville, WI 53533  
(608) 935-5150

Mineral Point Senior Center  
137 High Street, Suite 1  
Mineral Point, WI 53565  
(608) 987-2696

For information on the activities held at the Senior Centers, please call the telephone numbers above or the Aging & Disability Resource Center of Southwest Wisconsin at (608) 930-9835.

## **UPLAND HILLS HEALTH**

[www.uplandhillshealth.org](http://www.uplandhillshealth.org)

800 Compassion Way  
Dodgeville, WI 53533  
(608) 930-8000 (ext. 7113)

A range of Share Life health and wellness programs are offered by Upland Hills Health. These include, "Motherwell Maternity Health & Fitness", "CPR Certification", and "First Aid". For more information regarding upcoming classes, dates and times, call (608) 930-7200, ext. 4600.

Volunteer opportunities are available as well. Please call (608) 930-7200, ext. 4800, for further updates.