

# Iowa County Health Department

**“Provides Public Health  
Services That Promote  
Wellness, Prevent Disease  
And Provide a Healthy  
Environment”**

**Serving our Communities Since 1935**



## 2013 Annual Report

# Iowa County Health Department

## Iowa County Health Department Public Health Staff as of 12/2013

Jenny Pritchett, Director/Health Officer  
Kari Bennett, Public Health Nurse  
Ann Thompson, Public Health Nurse  
Troy Moris, Environmental Health Consultant  
Dr. Peter Mullin, Medical Advisor  
Kathy Key, Department Assistant

## Health Committee (2012 – 2014)

Phil Mrozinski, Chairman  
Steve Deal, Elected Official  
Tom Howard, Community Member  
John Meyers, Elected Official  
Greg Parman, Elected Official  
Linda Pittz, Community Member  
Sue Steudel, Community Member





## Message from the Director

To the Iowa County Board of Supervisors, Health Committee, Health & Human Services Committee, and Residents:

It is my pleasure to share with you the 2013 Annual Report of the Iowa County Health Department (ICHD). The year 2013 was a time of change for the Health Department. There was the hiring of a new Director/Health Officer after the retirement of June Meudt who was dedicated to the county for over 36 years. I am honored to have been chosen to take on the leadership of the Health Department and to continue with the important task of protecting and improving the health of our Iowa County residents.

Public health programs are an important element in protecting the lives of our residents and we will continue to be a leader of many coalitions, task forces, and networks to assure that our goals are met. The Patient Protection and Affordable Care Act (ACA) has moved change in the landscape of provision of health services and public health practice. Many changes that affect the ICHD have already taken place in State and Federal program restructuring and funding sources. The ICHD is dedicated to continue to work closely with community partners and to be at the forefront of protection, promotion and prevention for health issues in the county during this time of transition and in the future.

This report presents an overview of the activities of each of our programs during the past year. I encourage you to also visit our website at [www.iowacounty.org](http://www.iowacounty.org) to learn more about Iowa County Government and all of the services that the Health Department provides. On behalf of the Iowa County Health Department, I would like to thank you all for your warm welcome and continued support.

Sincerely,

*Jenny J. Pritchett*

Jenny Pritchett, MPH, RN, CIC  
Director/Health Officer  
Iowa County Health Department



# Iowa County Health Department

## Mission

The Iowa County Health Department is the official agency of the County responsible for the promotion of wellness, prevention of disease and provision of a healthful environment. This is accomplished through activities involving assessment of the community, policy development and evaluation of programs.

## Core Values

- ▶ *Prevention*
- ▶ *Promotion*
- ▶ *Professionalism*
- ▶ *Compassion*
- ▶ *Quality*

## Vision Statement

Iowa County Health Department will obtain and secure resources to assure growth and sustainability to meet the needs of our communities and to assist in narrowing the gaps in disease prevention and wellness promotion.



## Essential Services of Health Departments

All Health Departments in Wisconsin operate utilizing 12 Essential Services. This chart indicates what these services are and how they relate to specific programs at the Iowa County Health Department.

12 Essential Services	MCH	Immunizations	Communicable Disease Follow up	Environmental Health	PH P&R	WWWP
1. Monitor health	X	X		X		
2. Protect people from health hazards			X	X	X	
3. Give people information	X	X	X	X	X	X
4. Engage the community to solve problems	X	X			X	
5. Policy and procedures	X	X	X	X	X	X
6. Enforce Laws		X	X	X	X	
7. Help people receive services	X	X				X
8. Maintain Competent Public Health workforce					X	
9. Evaluate and improve health services	X	X			X	
10. Research	X	X	X	X		
11. Assure access to care	X		X			X
12. Promote cultural/economic diversity	X	X			X	X

\*Maternal Child Health (MCH)

\*Public Health Preparedness & Response (PH P&R)

\*Wisconsin Well Woman Program (WWWP)



# Iowa County Health Department Annual Report 2013

## Highlights of 2013

- Public Health continued collaboration with Upland Hills Health, the UW-Extension, and other health partners on a Community Health Needs Assessment. Critical Access Hospitals, like Upland Hills Health, are now required to do a Community Needs Health Assessment every three years. The Health Department was an integral part of the hospital community assessment process. The Health Department will incorporate the needs assessment in order to establish a county community health plan as required by State Statutes.
- A Southern Regional Public Health Preparedness & Response (PH P&R) Exercise at the Alliant Energy Center in Madison exploring “Operation Mayhem” took place in May 2013. This was a table top exercise involving a massive ice storm that affected our region. All staff attended as well as Iowa County Emergency Government.
- Table top exercise conducted in June 2013. Scenario was water contamination in the town of Livingston.
- In June 2013, the Iowa County Health Department led an epidemiologic investigation in collaboration with local and state partners due to an outbreak of Salmonellosis Braenderup relating to an Iowa County food establishment. There were 72 cases (30 confirmed, 42 probable) and over 136 interview follow ups completed. Due to the rapid response and expertise of the Health Department staff, the outbreak was controlled and was resolved timely.
- Emergency Preparedness Activity in collaboration with Iowa County Emergency Management at the Iowa County Fairgrounds. Actual live functional exercise, several counties participated. Scenario was a plane crash in the Midway of the fairgrounds.
- Mass Immunization Clinic Functional Exercise in October/November. 319 Iowa County school-age children from all school districts were given influenza vaccinations during this event. The clinics were held at the Iowa County Health and Human Services Center which gave the community a chance to visit the building and are now familiar with the Health Department location and services.
- A generator was purchased for the Iowa County Health and Human Services Center with Public Health Preparedness grant funding. Additional technology in the form of a lap top computer, electronic tablet devices, and portable printer was also purchased for the Preparedness Program through grant funding in 2013.
- Educational Programs:
  1. A Community Wellness Fair was spearheaded by the ADRC in September 2013. The Community Wellness Fair was a success and plans are to have this as an annual event. The focus was on health and wellness, disaster preparedness, and community resources.
  2. Bloodborne Pathogen training for local agencies and workplace wellness activities
  3. Staff attended the Annual State Public Health Conference
  4. Living Well- Chronic Disease Management Program began in June 2013. This group focuses on individuals with chronic diseases such as diabetes, respiratory disease, and cardiovascular disease. This program was such a success in our communities that the group wanted to continue, so there is a support group for management of chronic conditions in addition to new Living Well classes to begin in 2014.
  5. Staff attended a Crisis Emergency Risk Communication Training



## Maternal Child Health (MCH)

The Health Department contacts families with newborns. The Health Department provides weight checks for babies, information on growth and development, resources and support. If desired, families can be seen at their homes, at WIC, or at the office. In 2013, 53 families with newborns were seen. Two of those families qualified for our Safe Sleep Project. This provides a free Graco®Pack-N-Play to infants who were in need of a safe bed to sleep in as well as safe sleep education to parents. The Public Health Nurses collaborated with the Iowa County Sheriff's Department, UW-Extension, the Family Resource Center, and Upland Hills Health to keep kids safe through injury prevention activities.

## Prenatal Care Coordination (PNCC)

The Prenatal Care Coordination Program (PNCC) consists of RN visits with women through their pregnancy and up to a year after birth. In 2013, 6 women were seen for this highly-intense program with a visit total of 32 visits. Education and support is available as needed to achieve good birth outcomes. One statistic used is the rate of low birth weight. In 2010, (most current statistic), Iowa County had fourteen babies born under five pounds five ounces or 4.8% of all births. In Wisconsin, the rate was 7% and nationally it is 8.2%. Iowa County does well with this birth outcome. Eighty-eight percent of pregnant women in Iowa County also see a physician in the first trimester which is close to the state's goal of ninety percent. Iowa County Health Department also continues to be a provider for the First Breath Program which is a tobacco cessation program for pregnant and postpartum mothers and the Mommy and Me Program which is an alcohol abstinence program.

*(Data Source: Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system, <http://dhs.wisconsin.gov/wish/>, Prenatal Care Module, accessed 2/28/2014).*

## Public Health Preparedness & Response (PH P&R)

These Federal grants allow local health departments to train staff in many activities such as: Incident Command roles, Epidemiology for disease follow up, mass clinic operations and communication skills during a crisis. The Health Department must also plan and participate in exercises throughout the year to evaluate our level of preparedness. The grant objectives, as defined by the Federal government, have been satisfied for the 2012-2013 Grant. The Public Health staff are more equipped to handle crisis and/or epidemics whenever they may present.



## Oral Health

Prevention is the best practice for decreasing dental caries. The Health Department works with local schools and Head Start to promote use of Fluoride Varnish. In 2013, 217 children were provided fluoride varnish and 84 families were given fluoride supplements. Disseminating information on oral care and the Access Dental Clinic to residents of Iowa County is a continuous process. Meetings were held with community leaders regarding dental access issues for families without dental insurance.

## Communicable Disease Control

Wisconsin State Law mandates that local health departments are the responsible agency for the surveillance and follow-up of seventy-eight reportable communicable diseases. In 2013, a total of 209 communicable disease cases were followed. News releases and emails are regularly sent out to a wide variety of partners to alert them on issues relating to communicable diseases in our county or surrounding counties. Below is a comparison of 2011, 2012, and 2013 cases.

<i>Diseases in Iowa County</i>	<i>2011</i>	<i>2012</i>	<i>2013</i>
Campylobacteriosis	13	11	9
Chlamydia Trachomatis	38	30	44
Cryptosporidiosis	11	11	9
E-Coli 0157:H7	7	3	3
Ehrlichiosis/Anaplasmosis, A.	7	3	6
Giardiasis	2	2	1
Gonorrhea	4	4	8
Hepatitis B	3	1	0
Hepatitis C	5	4	3
Lyme Disease	43	13	19
Mumps	0	0	1
Pertussis (Whooping Cough)	1	31	20
Salmonellosis	8	4	30
Tuberculosis, suspect	2	2	2
Influenza	6	1	14
Other	3	32	15
<b>Total:</b>	<b>153</b>	<b>152</b>	<b>184</b>

Data Source: Wisconsin Electronic Disease Surveillance System, 2014



**Environmental Health**

The Environmental Health Program is a valuable asset to our residents. Environmental Health provides programs that focus on individual issues like lead, radon, water quality and mold. There are also issues that require community-wide education such as Prescription Drug Clean-Up Days, public beach safety and mosquito control for Lyme’s Disease and the West Nile Virus.

The Environmental Health Consultant continues to provide consultation and hands-on assessments for referrals in Iowa County. Below are the number of home visits and contacts by the Environmental Health Consultant.

Services	Iowa County			5 Counties – SW Wisconsin		
	2011	2012	2013	2011	2012	2013
Contacts	311	313	284	1,545	1,637	1,370
Home Visits	55	50	37	284	281	359

The Health Department continues to contract with the State in the Limited Agent Program. In 2013, 52 establishments were inspected by Health Department staff. The State provides consultation and technical support for this program. The staff uses a statewide database which keeps current information on the establishments.

**Other statistics regarding Environmental Health in 2013**

- 99 lead tests (7 children with elevated blood lead levels requiring public health follow up and management)
- 81 animal bite investigations  
 22 of these were wild animals  
 59 were pets and 8 of the pets were unvaccinated for Rabies  
 24 animals tested for rabies and all tests were negative
- 50 radon kits were turned in  
 31 were above the 4p Ci/L level  
 Follow-up letters were sent to all clients
- 36 water quality contacts made



*Blackhawk Lake Recreation Area, Highland*





## Wisconsin Well Woman Program (WWWP)

The goals of the Wisconsin Well Woman Program are to improve access to health services and eliminate preventable death and disability from breast and cervical cancer. Well Woman pays for a physical exam, clinical breast exam, mammogram, and Pap test. In 2013, these services were provided to 37 clients. In the event of a cancer diagnosis, participants can be enrolled in Well Women Medical Assistance (MA) to cover treatment expenses. The challenge facing this program is getting information out to women who need it. Women must sign up prior to the screening. News articles, newsletters to clients and information to providers are activities to enhance the use of the Well Woman Program.

## Immunizations

The Immunization Program provides vaccines to local residents. Immunizations are given at the office, in schools, and to outside entities, such as Emergency Management Service (EMS) or group homes.

The Health Department offered flu vaccine to all school-aged children in Iowa County School Districts. In the fall of 2013, over 422 flu vaccines were provided to Iowa County students and staff within the School Districts at a Mass Immunization Exercise event at the Iowa County Health and Human Services Center during a 30 day period in October/November. Flu vaccine was also provided to area assisted living facilities to a total of 55 residents. Flu vaccine was also provided to adults and children in the community setting during 2013.

In 2013, 970 total immunizations (including flu) were given to 747 individuals.

Tuberculosis (TB) Screening Tests were given to 73 individuals. These were needed for work or school entrance requirements. The individual does pay for these screenings. Full course medication treatment under direct observation completed for one latent TB case. There were no active TB cases in Iowa County in 2013.

The Immunization Program is also responsible for assuring that all vaccine providers are kept current on Best Practices in regard to vaccine administration. Individual meetings are held annually at medical clinics. The Southwestern Wisconsin Immunization Coalition holds meetings in Sauk City on a regular basis. Area health care partner collaboration with the health departments is so important to the immunization effort. These face-to-face meetings provide a much needed discussion on immunizations and practices.



# Iowa County Health Department

## 2013 Fiscal Information

<u>Expenses:</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>
Personnel & fringe -	268,538	267,313	269,932
Contracted personnel -	11,410	0	0
All others -	<u>39,217</u>	<u>30,408</u>	<u>37,752</u>
Total:	\$319,165	\$297,721	\$307,684

<u>Revenue:</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>
Grants	72,187	78,143	75,521
Other	<u>37,907</u>	<u>30,605</u>	<u>15,500</u>
Total:	\$110,094	\$108,748	\$91,021
Tax Levy:	\$209,071	\$188,973	\$216,664

